

Choral Eucharist

The Fourteenth Sunday After Pentecost

10:30am 29 August 2021

Welcome: The gospel reading today could be somewhat confusing. The disciples were criticised for not washing their hands before they ate their food. Jesus then defends them. Today all of us would have sterilised our hands as we entered the Cathedral. This has become a ritual for us whenever we enter a store or building. Did we sterilise our hands on the way in? Why were the disciples challenged? Why did Jesus defend them?

The ritual of hand washing in Jesus' era was not a quick squirt of disinfectant in passing. The washing of hands was a ritual that consumed a significant amount of time and had to be performed in a special sequence. The washing of hands was not a hygiene issue, but a religious one. This is why Jesus accused the people of honouring God with their lips while being much more concerned about human ritual.

Jesus draws a distinction between the cleanliness of the food we eat, and the cleanliness of the human heart. He states very clearly that food will not defile a person, but evil intentions and evil actions will. We must be much more careful of what we say and do, than that which we eat.

The Rev'd Adrian Stephens, Locum Dean

Celebrant

The Rev'd Adrian Stephens

Preacher

The Rev'd Dr Lynn Arnold AO

Deacon

Lavinia Gent

Subdeacon

Larissa Bailey

Master of Ceremonies

Jecinta Iluno

Music Setting

Darke in F

Choir

St Peter's Cathedral Choir

Director of Music

Anthony Hunt

Organist

David Heah

Hymns: 584, 658, 743, 676

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.

St Peter's
nurturing spirit and mind
CATHEDRAL

A note on the wearing of face masks: Under current COVID restrictions, masks are mandatory in all indoor public places, including all places of worship. If you can wear a mask, you must wear a mask.

SA Health advises that there are circumstances where it might not be possible to wear a face mask, including where a person may have obstructed breathing, a serious skin condition of the face, an intellectual disability, or a mental health condition. Masks are also not required where “the nature of the work or education means that clear enunciation (ie speech) or visibility of their mouth is essential. This includes teachers, lecturers, broadcasters or call centre staff.”

When a person is consuming food, drink or medicine, their mask may be removed.

*When the handbell rings, please stand to sing the Introit Hymn
(masks must be worn while singing)*

Hymn: #584 [Michael] All my hope on God is founded

- | | |
|---|---|
| <p>1. All my hope on God is founded;
 he doth still my trust renew.
 Me through change and chance he guideth,
 only good and only true.
 God unknown,
 he alone
 calls my heart to be his own.</p> | <p>3. God's great goodness aye endureth,
 deep his wisdom, passing thought:
 splendour, light, and life attend him,
 beauty springeth out of naught.
 Evermore
 from his store
 new-born worlds rise and adore.</p> |
| <p>2. Human pride and earthly glory,
 sword and crown betray his trust;
 what with care and toil he buildeth,
 tower and temple, fall to dust.
 But God's power,
 hour by hour,
 is my temple and my tower.</p> | <p>4. Daily doth th' Almighty giver
 bounteous gifts on us bestow;
 his desire our soul delighteth,
 pleasure leads us where we go.
 Love doth stand
 at his hand;
 joy doth wait on his command.</p> |
5. Still from earth to God eternal
 sacrifice of praise be done,
 high above all praises praising
 for the gift of Christ his Son.
 Christ doth call
 one and all:
 ye who follow shall not fall.

Robert Seymour Bridges (1844–1930)
 based on *Meine Hoffnung stehet feste* by Joachim Neander (1650–1680)
 Reproduced from *Ancient & Modern Electronic Words Edition*, number **584**

The Lord be with you. **And also with you.**

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.

– James 1:17

Let us pray. *(Please kneel/sit)*

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Christ our Lord. Amen.

The Choir sings the Kyrie

Kyrie eleison
Lord, have mercy

Christe eleison
Christ, have mercy

Kyrie eleison
Lord, have mercy

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do:

We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins.

Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

Please stand as the Choir sings the Gloria (BCP text)

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Collect

Cleanse our consciences, O Lord, and enlighten our hearts through the daily presence of your Son Jesus Christ, that when he comes in glory to be our judge we may be found undefiled and acceptable in his sight; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please sit for the first reading: Song of Songs 2:8-13 (read by Pauline Brooks)

The voice of my beloved!

Look, he comes,
leaping upon the mountains,
bounding over the hills.

My beloved is like a gazelle
or a young stag.

Look, there he stands
behind our wall,
gazing in at the windows,
looking through the lattice.

My beloved speaks and says to me:

'Arise, my love, my fair one,
and come away;

for now the winter is past,
the rain is over and gone.

The flowers appear on the earth;
the time of singing has come,
and the voice of the turtle-dove
is heard in our land.

The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.

Arise, my love, my fair one,
and come away.

Hear the word of the Lord, **thanks be to God.**

The Choir sings Psalm 45:1-2, 6-9 (Chant: Percy Buck)

My heart is astir with fine phrases, I make my song for a king:
my tongue is the pen of a ready writer.

You are the fairest of men, grace flows from your lips:
therefore has God blessed you for ever and ever.

Your throne is the throne of God, it endures for ever:
and the sceptre of your kingdom is a righteous sceptre.

You have loved righteousness and hated evil:
therefore God, your God, has anointed you
with the oil of gladness above your fellows.

All your garments are fragrant with myrrh, aloes and cassia:
music from ivory palaces makes you glad.
Kings' daughters are among your noble women:
the queen is at your right hand in gold of Ophir.

Second reading: James 1:17-27 (read by Francis Brooks)

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act – they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Hear the word of the Lord, **thanks be to God.**

Please stand to sing the Gradual Hymn (masks must be worn while singing)

Hymn: #658 [Sandys]

Help us, O Lord, to learn

- | | |
|---|---|
| 1. Help us, O Lord, to learn
the truths thy word imparts:
to study that thy laws may be
inscribed upon our hearts. | 2. Help us, O Lord, to live
the faith which we proclaim,
that all our thoughts and words and deeds
may glorify thy name. |
| 3. Help us, O Lord, to teach
the beauty of thy ways,
that yearning souls may find the Christ,
and sing aloud his praise. | |

William Watkins Reid (1923–2009)
Reproduced from *Ancient & Modern* Electronic Words Edition, number 658

Please remain standing for the Gospel Reading: Mark 7:1-8, 14-23

Choir sings: Alleluia!

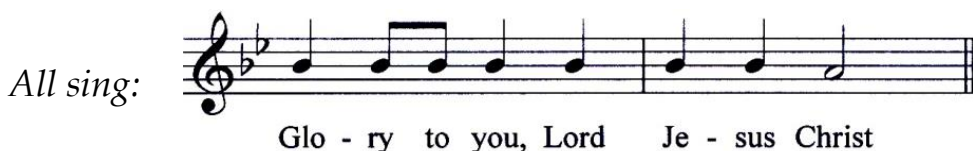


Choir sings: Your words are spirit, Lord and they are life:
you have the message of eternal life.



The Lord be with you. **And also with you.**

The Gospel of our Lord Jesus Christ according to Mark



Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, 'Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?' He said to them, 'Isaiah prophesied rightly about you hypocrites, as it is written,

"This people honours me with their lips,

but their hearts are far from me;

in vain do they worship me,

teaching human precepts as doctrines."

You abandon the commandment of God and hold to human tradition.'

Then he called the crowd again and said to them, 'Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.'

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, 'Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?' (Thus he declared all foods clean.)

And he said, 'It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery,


Please kneel/sit for the prayers (led by Sandy Mitchell)

Let us pray for the world and for the Church

The intercessor concludes:

Accept our prayers through Jesus Christ our Lord, who taught us to pray:

People



Our Fath - er in heav'n, hal - lowed be your name, your king - dom come,
your will be done, on earth as in heav'n. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of trial and de - liv - er us from e - vil.
For the king - dom, the pow'r, and the glo - ry are yours
now and for ev - er. A - men.

Please stand for the Greeting of Peace

We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. **And also with you.**

Please remain standing to sing the Offertory Hymn (masks must be worn while singing)

Hymn: #743 [*Thaxted*]

O God beyond all praising

1. O God beyond all praising,
we worship you today
and sing the love amazing
that songs cannot repay ;
for we can only wonder
at every gift you send,
at blessings without number
and mercies without end :
we lift our hearts before you
and wait upon your word,
we honour and adore you,
our great and mighty Lord.

2. Then hear, O gracious Saviour,
accept the love we bring,
that we who know your favour
may serve you as our king ;
and whether our tomorrows
be filled with good or ill,
we'll triumph through our sorrows
and rise to bless you still :
to marvel at your beauty
and glory in your ways,
and make a joyful duty
our sacrifice of praise.

Michael Perry (1942–1996)

Reproduced from *Ancient & Modern* Electronic Words Edition, number **743**

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051
(Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

‘Take, eat: this is my body which is given for you; do this in remembrance of me.’

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying,

‘Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.’

Let us proclaim the mystery of faith:


All sing: 
Christ has died: Christ is ris - en: Christ will come a - gain.

Therefore, in obedience to his command, we commemorate and celebrate his saving passion and death, his mighty resurrection and ascension into heaven and we eagerly await his coming again in glory.

We thank you that by your grace alone you have accepted us in Christ; and here we offer you a spiritual sacrifice, holy and acceptable in your sight. Through Christ, receive this our duty and service, and grant that we who eat and drink these holy gifts may, by your Holy Spirit, be one body in Christ, and serve you in unity and peace.

In your grace and mercy, bring us to the joy of your eternal kingdom with all the company of the redeemed. May we praise you in union with them, and give you glory through your Son, Jesus Christ.

Through him, with him, in him, in the unity of the Holy Spirit, we worship you, Father eternal, in songs of never-ending praise:

All sing: 
Bless-ing and hon-our and glo-ry and power are yours for ev-er and ev-er, A - men.

We break this bread to share in the body of Christ.

We who are many are one body, **for we all share in the one bread.**

The gifts of God for the people of God. Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

Please kneel/sit as the Choir sings the Agnus Dei (BCP text)

O Lamb of God, that takest away the sins of the world, have mercy upon us. (x2)

O Lamb of God, that takest away the sins of the world, grant us thy peace.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform.

Please keep your face mask on as you line up.

Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

During the administration of Holy Communion the Choir will sing the Motet:

C. V. Stanford (1852-1924) – O for a Closer Walk with God

O for a closer walk with God,
A calm and heavenly frame,
A light to shine upon the road
That leads me to the Lamb!

Return, O holy Dove, return,
Sweet messenger of rest!
I hate the sins that made Thee mourn
And drove Thee from my breast.

So shall my walk be close with God,
Calm and serene my frame;
So purer light shall mark the road
That leads me to the Lamb.

For those who cannot physically receive Holy Communion, the celebrant will read this prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Please kneel/sit for the prayers after Communion

Gracious God, we thank you that in this sacrament you assure us of your goodness and love. Accept our sacrifice of praise and thanksgiving and help us to grow in love and obedience that we may serve you in the world and finally be brought to that table where all your saints feast with you for ever.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory.

Please stand to sing the Post-Communion Hymn (masks must be worn while singing)

Hymn: #676 [St Denio]

Immortal, invisible, God only wise

1. Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessèd, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.
2. Unresting, unchanging, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.
3. To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish; but naught changeth thee.
4. Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Walter Chalmers Smith (1824–1908)

Reproduced from *Ancient & Modern* Electronic Words Edition, number 676

Please stand for the Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God Almighty the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord:

In the name of Christ. Amen.

You are invited to listen reflectively to the organ postlude

Elgar (1857-1934) – *Vesper Voluntaries, Op. 14: Introduction, Poco allegro, Adagio come prima*

FOR YOUR PRAYERS

Prayers for Afghanistan: for the people of Afghanistan; for the 36,000 veterans who have been deployed to Afghanistan over the last 20 years and their families; for the safety of our ADF members currently deployed/deploying to evacuate Australian and Afghan citizens; for wisdom for Government and Defence leaders. (*Prayer points from The Bishop to the Defence Force, Grant Dibden, who as an officer in the ADF was deployed to Afghanistan*)

A prayer for all affected by coronavirus: Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

International	Day of Prayer for Refugees (General Synod 2001) Province of the Episcopal Church of South Sudan Primate Abp Justin Badi Arama
National	Theological Colleges and Religious Communities
South Australia	
<i>Diocese of Adelaide</i>	St Columba College: Principal Leanne Carr, Chaplain Jo Smith (David)
<i>Diocese of Willochra</i>	Willochra Home for the Aged at Crystal Brook: Clinical Manager Leonie Gibbons, Board, Staff and Residents; Camp Willochra, Melrose: Jerrell and Jayne Alexander
<i>Diocese of The Murray</i>	Retired clergy and widows
Immediate Prayer	Pauline Van Buren, Cricket Fox, Diana Singh, Max Lennard, Peter Garland, Natalia, Chris, Rosalie Shaw, Henry Nicholls, Alan Smith, Peter Kelly, Margaret Brown, Philip Satchell, Brother Daniel SSF
Thank You for Blessings Received	Fr Peter Kurti
Long Term Prayer	Cynthia Thomas, Nicholas Tipping, Bridie Maxwell, Meredith Chesterman, Edna Allison, Heather Scott, Mary Halczuk, Bob, John Pearse, Ossy Grotto, Richard Haselgrove, Liz Johnson, Anne Hogben
Rest in Peace	Gaylia Palenchus
Year's Mind	29 th Andre Rudolph 31 st Doris Elvira Hopton, Shirley Anne Neale 1 st Ethel May Round 3 rd Don Winter, Arpat Bin Ain, Colin Byrne, Gayle Atherton, Michelle So-ares 4 th Samuel Adams Coombe George, Dudley Lewis Wickes, Benjamin Raymond Jones

COMMUNITY NOTICES

New to the Cathedral? Connect with us using the green Connect card or online <http://www.stpeters-cathedral.org.au/connect-with-us/>

Name Badges: Order a Cathedral name badge from Pam Saint on 0419 031 871 or Cathedral Office 8267 4551. \$20 each.

Cathedral Opening Hours: The Cathedral is open for visiting and private prayer on Mondays from 11am-1pm, and Tuesday-Friday from 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's guest will be The Rev'd Canon Jenny Wilson, discussing creation care in the lead up to the Season of Creation in September.

Pastoral Carers: The next meeting of the Pastoral Care Team will be held on Wednesday 1 September 2021 at 2pm in the CP Hall. If you would like any changes to the long-term prayer list (printed in this service book), please contact the Cathedral Office.

September Creation Study 2021: On Mondays in the month of September, Jenny Wilson and Lynn Arnold will each lead a study on "Creation and the Cross" by Elizabeth J. Johnson. This book engages in a conversation about a central Christian belief in a God who saves, and how this belief affects life and practice at our crucial ecological juncture. There is no need to purchase the book, as all materials will be supplied. The 10am group will be led by Jenny in the CP Hall, with the 7pm group led by Lynn in the John Dunn Room. Both groups commence on Monday 6 September for 4 weeks. Registrations are essential so we can keep our numbers COVID-safe. To register, please email events@stpeters-cathedral.org.au or call the Cathedral Office on 8267 4551.

THIS WEEK IN THE CATHEDRAL

SUNDAY 29TH AUGUST 2021

Pentecost 14

8:00am Holy Communion (BCP)

Preacher: The Rev'd Dr Lynn Arnold AO

10:30am Choral Eucharist

Preacher: The Rev'd Dr Lynn Arnold AO

6:00pm Choral Evensong

Guest Speaker: Meagan Schwarz

Anglican Board of Mission

WEEKDAYS

7:30am Eucharist

(Lady Chapel)

8:45am Morning Prayer

(Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP)

(Nave Altar)

SATURDAY 4TH SEPTEMBER 2021

7.30pm Taizé Healing Service

(1st Saturday of the month)

SUNDAY 5TH SEPTEMBER 2021

Pentecost 15

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Choral Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Choral Evensong

Preacher: The Rev'd Dr Lynn Arnold AO



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Monday to Friday

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The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest

The Rev'd Joan Claring-Bould

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