

Welcome to St Peter's Cathedral. We are delighted to have you worship with us today for this Choral Eucharist from A Prayer Book for Australia. Please join us in saying the words in bold. The hymns can be found in the separate hymn book. All indications for sitting, kneeling, and standing are a guide only: please do whatever is most comfortable for you.

St Peter's Cathedral resides on the lands of the Kurna people. We give thanks for their ancestors and acknowledge the ongoing right and responsibility of their elders to care for this Country. We are committed to work and pray towards a more just settlement for all Indigenous people and pay our respect to First Nations people with us.

St Peter's Cathedral is a Christ-centred, sacramental, inclusive, thinking, mission-oriented faith community.

Today we celebrate the Fourth Sunday in Lent, also known as Refreshment Sunday, Laetare Sunday, or Mothering Sunday!

We are now just past the halfway point of our Lenten journey, and the church has traditionally allowed a brief 'lightening' of Lent for this Sunday. A small symbol of that is found in the use of Rose vestments instead of Violet. In England, it became a custom for servants to have this Sunday off, and for many people to return to their mother church where they were baptised, and indeed to visit their own mothers.

Our readings today reflect this sense of being partway through our journey. In the wilderness journey of Israel, the going is getting hard and people are wondering whether God's way is worth it after all. But in the midst of pain and death God offers deliverance for any who choose to receive it. Our gospel reading echoes this same open invitation in the famous words of John 3:16, 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life'.

May we all sense the love of God generously offered to us in Word and Sacrament as we gather in worship this morning.

Blessings,

The Rev'd Ben Falcon
Honorary Assistant Deacon

Celebrant: The Rev'd Dr Susan Straub
Preacher: The Rev'd Ben Falcon
Readers: Jennifer Train, Anthony Laube
Intercessor: Lavinia Gent
Choir: St Peter's Cathedral Choir
Conductor: Anthony Hunt
Organist: David Heah
Hymns: 581, 137, 644, 640

Please stand when the handbell rings for the start of the service

HYMN 581 – LORD OF LORDS AND KING ETERNAL (ST HELEN) OMIT VERSE 4

The Lord be with you.

And also with you.

The Son of Man must be lifted up, that whoever believes in him may have eternal life.

JOHN 3.14–15

Let us pray.

Please sit / kneel

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts, by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

The choir sings

KYRIE

Katherine Dienes (b.1970) Wellington Eucharist

Lord, have mercy

Kyrie eléison.

Christ, have mercy

Christe eléison

Lord, have mercy

Kyrie eléison

CONFESSION AND ABSOLUTION

Compassion and forgiveness belong to the Lord our God, though we have rebelled and wandered far off.

Let us then ask for mercy, confessing our sins in penitence and faith.

**Merciful God, our maker and our judge,
we have sinned against you
in thought, word, and deed, and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness to all who turn to him in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

The Choir sings the Trisagion

Agios o Theos, Agios ischyros, Agios athanatos, Eleison imas.
Holy God, Holy and mighty, Holy and immortal, Have mercy on us.

THE COLLECT FOR THE FOURTH SUNDAY IN LENT

Everlasting God in whom we live and move and have our being, you have made us for yourself, and our hearts are restless until they find their rest in you: give us purity of heart and strength of purpose, that no selfish passion may hinder us from knowing your will, no weakness prevent us from doing it; that in your light we may see light, and in your service find perfect freedom; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE COLLECT FOR ASH WEDNESDAY

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Please be seated.

FIRST READING

NUMBERS 21.4-9

A reading from the Book of Numbers.

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Hear the word of the Lord,

Thanks be to God.

Please remain seated. The choir sings

PSALM 107.1-3, 17-22

Chants: Sarah MacDonald

*O give thanks to the Lord, for he is good: for his loving mercy is for ever.
Let the Lord's redeemed say so: whom he has redeemed from the hand of the enemy,
And gathered in from every land, from the east and from the west:
from the north and from the south.*

Fools were far gone in transgression: and because of their sins were afflicted.

They sickened at any food: and had come to the gates of death.

Then they cried to the Lord in their distress: and he took them out of their trouble.

He sent his word and healed them: and saved their life from the Pit.

After the verse, the acclamation is sung again by all.

THE GOSPEL

JOHN 3.14-21

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to John.



Glo - ry to you, Lord Je - sus Christ.

Jesus said to Nicodemus ‘And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.’

This is the Gospel of the Lord.



Praise to you, Lord Je - sus Christ.

The organist plays as the procession returns to the altar. Cathedral Kids, please move towards the altar now. Please sit at the invitation of the preacher.

THE SERMON

The Rev'd Ben Falcon

Following the sermon, a brief period of silence may be kept to aid reflection.

Please stand

THE NICENE CREED

Let us together affirm the faith of the Church.

We believe in one God, **the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the church.

Please sit / kneel

The prayers conclude

Accept our prayers through Jesus Christ our Lord, who taught us to pray,



Our Fa - ther in heav'n, hal - lowed be your name, your king - dom come,
your will be done on earth as in heav'n. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of trial and de - li - ver us from e - vil.
For the king - dom, the pow'r, and the glo - ry are yours now and for ev - er. A - men.

Notices may be given before The Peace.

THE GREETING OF PEACE

Christ has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

And also with you.

Please remain standing to sing the Offertory Hymn

HYMN 644 – GOD IS LOVE: LET HEAV’N ADORE HIM (ABBOT’S LEIGH)

During this hymn a cash collection is taken to support the costs of the Cathedral. Many choose to make regular donations electronically or by using envelopes. Complete a Planned Giving form to become a regular and faithful financial supporter of the ministry of the Cathedral. For online or electronic donations, please refer to the details below the Blessing.

Remain standing

THE GREAT THANKSGIVING

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom.

Blessed be God for ever.

The following may be said or sung

The musical notation is presented in four systems, each on a single treble clef staff with a key signature of three sharps (F#, C#, G#). The lyrics are written below the notes, with some words underlined to indicate breath marks. The first system shows the Priest's part for "The Lord be ___ with you." and the Response for "And al - so ___ with you." The second system shows the Priest's part for "Lift ___ up your hearts." and the Response for "We lift them to ___ the Lord." The third system shows the Priest's part for "Let us give thanks to the Lord ___ our God." The fourth system shows the Response for "It is right to give our thanks and praise."

All glory and honour be yours always and everywhere, mighty Creator, everliving God.

We give you thanks and praise for your Son, our Saviour Jesus Christ, who by the power of your Spirit was born of Mary and lived as one of us.

He was tempted in every way as we are, yet he did not sin.

By his death on the cross and rising to new life, he offered the one true sacrifice for sin and obtained an eternal deliverance for his people.

By his grace we are able to triumph over every evil, and to walk in the way of his love.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

Please sit/kneel. The choir sings

AGNUS DEI

*Agnus Dei, qui tollis peccata mundi:
miserere nobis.*

*Agnus Dei, qui tollis peccata mundi:
dona nobis pacem.*

Katherine Dienes (b.1970) Wellington Eucharist

*Lamb of God, you take away the sins of the
world: have mercy on us.*

*Lamb of God, you take away the sins of the
world: grant us peace.*

MOTET

*I love all beauteous things,
I seek and adore them;
God hath no better praise,
And man in his hasty days
Is honoured for them.*

*I too will something make
And joy in the making;
Altho' to-morrow it seem
Like the empty words of a dream
Remembered on waking.*

Judith Weir (b.1954) *I love all beauteous things*

Text: Robert Bridges (1844-1930)

Baptised and communicant Christians of all denominations are welcome to come forward and receive Holy Communion. Gluten free bread is available on request. If you do not wish to receive Holy Communion, you may like to come forward to receive a blessing (simply bow your head as a signal to the priest).

POST-COMMUNION PRAYER

Compassionate and loving God, through your Son Jesus Christ you have fed us and have reconciled your people to yourself. Following his example of fasting and prayer may we obey you with willing hearts and serve one another in holy love.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory.

Please stand to sing the Post-Communion Hymn

HYMN 640 – GIVE TO OUR GOD IMMORTAL PRAISE (WARRINGTON)

BLESSING

Christ our Saviour draw you to himself, that you may find in him crucified a sure ground for faith, a firm support for hope, and the assurance of sin forgiven; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Remain standing as the choir and clergy depart.

After this, you are invited to sit to listen to the organ postlude played by Anthony Hunt.

Rachel Laurin (1961-2023) *Prelude from Prelude & Fugue in F Minor*



Thank you for worshipping with us today. The life and work of this Cathedral is made possible through the generosity of individuals like you. Your gift helps us to maintain this iconic building for all people to enjoy, to continue a strong music and liturgy tradition, and to support the mission of the Church. You can donate in these ways:

- Envelopes and/or cash in the Collection plates or the Donation Boxes around the Cathedral.
- Electronic Funds Transfer: BSB 705-077 Account Number 00040056 (include your name as reference)
- Use the Tap & Go machine to make an instant donation.
- Debit/Credit card: Scan the QR code to be taken directly to our online donation page.



St Peter's
nurturing spirit and mind
CATHEDRAL

NOTICES

Tea/coffee after regular services: Our community offers hospitality at the following times:

- The Wednesday 10 am community have tea and coffee after the first Wednesday each month. The next gathering will take place on Wednesday 6 March.
- The Sunday 8 am community have tea and coffee after the first Sunday of each month. The next gathering will take place on Sunday 7 April.
- After the 10.30 am Eucharist, there is tea and coffee provided every week.

Lent Sermon Series – During Lent a sermon series focusing on the Lord's Prayer will take place over 5 Sunday Evensongs. We do hope you will join us.

Sunday Night with Lynn Arnold (7 pm on 1079Life). Lynn's guest this week will be Hugh Morris – Director of the Royal School of Church Music. His role includes three areas – Music, Education and Christian Faith which will all be discussed on Sunday night!

Cathedral Serving vacancies. We are currently inviting expressions of interest from the Cathedral community in joining our team of 30+ altar servers. An additional server is needed for each of the following services: 8 am Sunday Eucharist, 6 pm Sunday Evensong and 10 am Wednesday Eucharist. This is a once-a-month role, and training will be given before starting. Please address enquiries to lesmilner@hotmail.com.

Annual Vestry Meeting - The Cathedral's Annual Vestry Meeting will be held on Sunday 17 March. After Choral Eucharist there will be a brief time of hospitality, followed by the Vestry Meeting which will be held in the Cynthia Poulton Hall. Business includes the receipt of reports, as well as appointments by the Dean, and the election by the congregation of the People's Warden, members of Cathedral Council (2 positions, serving for 2 years), the Nomination Committee (3 positions, serving for 1 year), and a casual vacancy among our Synod Representatives (to 30 June 2025 being the remainder of the current 3 year term elected in 2022). Nomination forms are available today and should be returned to the Cathedral Administrator by 5 pm on Wednesday 13 March.

FOR YOUR PRAYERS

For the Church

International The Episcopal Church Presiding Bishop, Archbishop Michael Curry

National Bishop to the Armed Forces: Bishop Grant Dibden (Jeanette)

South Australia

Diocese of Adelaide Anglican Chaplains in Private Hospitals: Adelaide Clinic, Elizabeth McWhae; Burnside Hospital, vacant; St Andrew's Hospital, St John's Parish; Philip Kennedy Centre, vacant

Diocese of Willochra Ministry District of Eyre (Colton, Cummins, Elliston, Minnipa, Sheringa, Tumbly Bay, Wudinna): vacant

Diocese of The Murray Mount Gambier (Mount Gambier, Mount Schank): Neil Fernando (Nalini)

For the People

We hold before God all those who have asked for our prayers, particularly:

Long Term Prayer: Francis Brooks, Peter Garland, Max Lennard, Chris, Bridie Maxwell, Meredith Chesterman, Vernon Lewis, Pauline Van Buren, Alisha Coe-Fox, Anne Hogben, Matilda Lane, Helena Fernandes, Cricket Fox, Daniella, Peter Black, Jean Arnold, Martin Reece, Norton & Judy Schenscher, Joseph Burgess (WCH), John Hankin, Brooke Garry, David, Christine Chomel, Oliver (WCH), Sarah Boorman, Stephen Lane, Edna Allison, Jane Mitchell, Audrey Ball.

Those whose year's mind occurs at this time:

- 10th Amy Berry
Frank Hulme-Moir
- 12th Douglas Farnham Shield
Stephen Andersson
- 13th Richard Elliot Saunders
- 14th Keith Hutton
- 15th Edgar Castle
Sarah Elizabeth Woollatt
Olive May McDonald
Paul Colin Bridgman
Mary Kingsnorth Bleby
Oswald Grotto (2022)
- 16th Joe Marshall

The Cathedral is compiling a database of the lives of those whose names appear on the Year's Mind list. If you have any biographical details of any of the people remembered today, please contact Stuart Langshaw - langshawstuart@gmail.com



THE WINDBORNE SINGERS

ANCIENT POLYPHONY & FOLK MUSIC

MARCH 7 7PM



GOOD FRIDAY MEDITATION

BAROQUE CANTATA, CHOIR ORGAN + SAXOPHONE

MARCH 29 3PM



PATRONAL FESTIVAL RECITAL

GUEST ORGANIST MICHAEL STEWART, NEW ZEALAND

JUNE 29 2PM



ANGEL VOICES

CATHEDRAL CHOIR + CATHEDRAL CONSORT

AUGUST 24 2PM



ORGAN FIREWORKS

ORGAN DUETS: ANTHONY HUNT + JOSH VAN KONKELENBERG

OCTOBER 26 2PM



Handel
WITH
ADELAIDE BAROQUE

DIXIT
DOMINUS

DECEMBER 20 & 21 7PM

CONCERT SERIES

ST PETER'S
CATHEDRAL
MUSIC
FOUNDATION

2024

INFO & TICKETS
MUSICFOUNDATION.ORG.AU

THIS WEEK IN THE CATHEDRAL

For some services, the West Doors of the Cathedral are not opened. Please make your way to the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch.

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| SUN 10 MARCH FOURTH SUNDAY IN LENT INTERNATIONAL WOMAN COMPOSER SUNDAY | 8 am | Eucharist (BCP) |
| | 10:30 am | Choral Eucharist |
| | 6 pm | Choral Evensong |
| | Cathedral Closed | |
| MON 11 MARCH | 7:30 am | Eucharist (Lady Chapel) |
| | 9:15 am | Morning Prayer (St Barnabas' College) |
| | 10:30 am - 1 pm | Open for visiting and private prayer |
| TUES 12 MARCH | 7:30 am | Eucharist (Lady Chapel) |
| | 8:45 am | Morning Prayer (Dean's Chapel) |
| | 10:30 am - 3:30 pm | Open for visiting and private prayer |
| WED 13 MARCH | 7:30 am | Eucharist (Lady Chapel) |
| | 8:45 am | Morning Prayer (Dean's Chapel) |
| | 10 am | Eucharist (BCP) (Nave) |
| | 10:30 am - 3:30 pm | Open for visiting and private prayer |
| THURS 14 MARCH | 7:30 am | Eucharist (Lady Chapel) |
| | 8:45 am | Morning Prayer (Dean's Chapel) |
| | 10:30 am - 3:30 pm | Open for visiting and private prayer |
| FRI 15 MARCH | 7:30 am | Eucharist (Lady Chapel) |
| | 8:45 am | Morning Prayer (Dean's Chapel) |
| | 10:30 am - 3:30 pm | Open for visiting and private prayer |
| SAT 16 MARCH | Cathedral Closed | |
| SUN 17 MARCH FIFTH SUNDAY IN LENT | 8 am | Eucharist (BCP) |
| | 10:30 am | Choral Eucharist Preacher – The Rev'd Dr Susan Straub |
| | 6 pm | Choral Evensong Preacher – The Rt Rev'd Chris McLeod |
| | Cathedral Closed | |

CATHEDRAL STAFF

| | |
|---------------------------|---|
| Dean | The Right Reverend Chris McLeod |
| Canon Precentor | The Reverend Canon Jenny Wilson |
| Assistant Priest | The Reverend Dr Susan Straub |
| Honorary Assistant Priest | The Reverend Dr Lynn Arnold AO |
| Honorary Assistant Priest | The Reverend Joan Claring-Bould |
| Honorary Assistant Deacon | The Reverend Ben Falcon |
| Cathedral Administrator | Peter Burdon |
| Cathedral Office | Marco Callisto, Robyn Shilcock, Emma Simpson-Smith |
| Director of Music | Anthony Hunt |
| Cathedral Organist | David Heah |
| Dean's Warden | Rijke Mellor |
| People's Warden | Reuben Jacob |