

A warm welcome to St Peter's Cathedral as we gather for worship this morning.

St Peter's Cathedral resides on the lands of the Kaurna people. We give thanks for their ancestors and acknowledge the ongoing right and responsibility of their elders to care for this Country. We are committed to work and pray towards a more just settlement for all Indigenous people and pay our respect to First Nations people with us.

**St Peter's Cathedral is a Christ-centred, sacramental, inclusive, thinking, mission-oriented faith community.**

*The readings from II Kings and Mark's gospel are each about the healing of a leper with the theme of 'Trust and Obey'. Being willing to trust God and to obey what, in love, we hear God directing us to do, prepares us for a revealing Lent. Many of us are committed to Lenten study; some may plan a fast from certain foods or a customary pleasure and donate the saved money. There are many ways to exercise our self-control 'muscle', as the reading from St. Paul so encourages. After our 10.30 am eucharist, we can witness the tradition of burning palm crosses. On Ash Wednesday, the cross will be traced with the ashes on our foreheads as we hear the words: 'Remember that thou art dust, and unto dust thou shalt return'. For six weeks, we shall remember in trust and obedience looking to the promises of Jesus' resurrection.*

*The Rev'd Dr Susan Straub  
Assistant Priest*

**Celebrant:** The Rev'd Joan Claring-Bould

**Preacher:** The Rev'd Dr Susan Straub

**Readers:** Joanna Goldsworthy, Elspeth Harley

Please use this Propers booklet in conjunction with the yellow Order of Service.

## THE COLLECT OF THE DAY

O GOD, whose blessed Son was manifested that he might destroy the works of the devil, and make us the sons of God, and heirs of eternal life: Grant us, we beseech thee, that, having this hope, we may purify ourselves, even as he is pure; that, when he shall appear again with power and great glory, we may be made like unto him in his eternal and glorious kingdom; where with thee, O Father, and thee, O Holy Ghost, he liveth and reigneth, ever one God, world without end. **Amen.**

## FIRST READING

2 KINGS 5.1-14

A reading from the second book of Kings.

Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.' He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.' But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Hear the word of the Lord

**Thanks be to God.**

## PSALM 30

*Please respond with the phrases in bold*

I will exalt you, O Lord, for you have drawn me up from the depths:  
and have not suffered my foes to triumph over me.

**O Lord my God, I cried to you: and you have made me whole.**

You brought me back, O Lord, from the land of silence:

you saved my life from among those that go down to the Pit.

**Sing praises to the Lord, all you his faithful ones:  
and give thanks to his holy name.**

For if in his anger is havoc, in his good favour is life:  
heaviness may endure for a night, but joy comes in the morning.

**In my prosperity I said 'I shall never be moved:**

**your goodness, O Lord, has set me on so firm a hill.'**

Then you hid your face from me: and I was greatly dismayed.

**I cried to you, O God: and made my petition humbly to my Lord.**

'What profit is there in my blood, if I go down to the Pit:

can the dust give you thanks, or declare your faithfulness?

**'Hear, O Lord, and be merciful: O Lord, be my helper.'**

You have turned my lamentation into dancing:

you have put off my sackcloth and girded me with joy,

**That my heart may sing your praise and never be silent:**

**O Lord my God, I will give you thanks for ever.**

## SECOND READING

1 CORINTHIANS 9.24-27

A reading from the first letter of Paul to the Corinthians.

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable garland, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Hear the word of the Lord,

**Thanks be to God.**

## THE GOSPEL

MARK 1.40-45

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the 1st Chapter of the Gospel according to Mark, beginning at verse 40.

**Glory be to thee, O Lord.**

A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' Immediately the leprosy left him, and he was made clean.

After sternly warning him he sent him away at once, saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

This is the Gospel of the Lord.

**Praise be to thee, O Christ.**



Thank you for worshipping with us today. The life and work of this Cathedral is made possible through the generosity of individuals like you. Your gift helps us to maintain this iconic building for all people to enjoy, to continue a strong music and liturgy tradition, and to support the mission of the Church. You can donate in these ways:

- Envelopes and/or cash in the Collection plates or the Donation Boxes around the Cathedral.
- Electronic Funds Transfer: BSB 705-077 Account Number 00040056 (include your name as reference)
- Use the \$10/\$20/\$30/\$50 Tap & Go machine to make an instant donation.
- Debit/Credit card: Scan the QR code to be taken directly to our online donation page.



**St Peter's**  
nurturing spirit and mind  
**CATHEDRAL**

# Pancake Day



Shrove Tuesday is on the 13th February.  
After the 10.30 service on Sunday 11th February  
The Friends of the Cathedral will be selling  
pancakes in the CP Hall, price \$5 each  
including a savoury or sweet topping.

*Please join us, and bring cash as we don't  
have card facilities.*

All funds raised will be used to enhance the amenities of the Cathedral.

# NOTICES

**Tea/coffee after regular services:** Our community offers hospitality at the following times:

- The Wednesday 10 am community have tea & coffee after the first Wednesday each month. The next gathering will take place on Wednesday 7 February.
- The Sunday 8 am community have tea & coffee after the first Sunday of each month. The next gathering will take place on Sunday 3 March.
- After the 10.30 am Eucharist, there is tea and coffee provided every week.

**Pancakes Today!** Lent is fast approaching, and to prepare ourselves for the Lenten Fast, the Friends of the Cathedral will be selling pancakes after Choral Eucharist today. \$5 will get you a delicious treat with your choice of sweet or savoury topping, and gluten-free options will be available. Cash only, please, as the Friends don't have an EFTPOS facility.

**Ash Wednesday is on 14 February.** In addition to the regular celebrations of the Eucharist at 7:30 am and 10 am (BCP), there will be a Choral Eucharist with the blessing and imposition of ashes at 6 pm. The ashes used on this day are made from burning palm crosses from the previous year. There are baskets near the doors for returned crosses from past years. This year we are going to burn the crosses in the courtyard after the 10:30 am today: all are welcome to attend.

**Sunday Night with Lynn Arnold (7 pm on 1079Life).** Lynn Arnold's program resumes for 2024 this Sunday. Tune in on Sunday at 7 pm, and link to podcasts of past interviews via the Cathedral's Facebook page.

**Lent Study 2024 – A Truth Universally Acknowledged.** The Lent Study is based on a book *A Truth Universally Acknowledged* by the Venerable Dr Rachel Mann.

Study groups are scheduled for Thursday at 7 pm (Lynn Arnold, from 15 February), Monday at 10 am (Jenny Wilson, from 19 February) and Tuesday at 5 pm (Bishop Chris, from 20 February) If you would like to join a group, please register on the forms available today on the table at the back of the Cathedral.

**Mary Mags Dinner on Saturday 24 February.** The Cathedral has agreed to take an extra turn in providing the Mary Mags Dinner on Saturday 24 February. We are looking for volunteers to assist on the night, to cook casseroles or provide a dessert, and for cash donations. Information including sign-up sheets, recipes and envelopes for donations are available today.

**Education for Ministry.** Education for Ministry is an adult learning program which explores the Christian faith. This year the theme for EfM is **Living as Spiritually mature Christians**. The EfM group meets on Thursday evenings at the Cathedral office at 6:30 pm. If you enjoy reading and learning about the Bible and sharing with other Christians you would be most welcome to the join the EfM group. Please contact Jenny Wilson or Susie Clarke.

**Altar Linen.** Every day in the Cathedral we use several small white linen cloths at the celebration of the Eucharist. Each week we accumulate a small basket of these linens which require careful laundering because they have been in contact with and often stained by the Sacrament (the bread and wine once it is consecrated). For MANY years Tony Harris, one of our vergers, has diligently cared for these special linens. Tony is now taking a step back from this role and we need a few volunteers to help us out. This task is only slightly more complicated than your regular washing. If you think you have time to regularly or occasionally launder altar linens or if you would like more information please contact the Sacristan Larissa Bailey at [Larissa.Bailey@sa.gov.au](mailto:Larissa.Bailey@sa.gov.au) or 0410 490 032.

**Lent Sermon Series –** During Lent a sermon series will take place over 5 Sunday Evensongs focusing on the Lord's Prayer. We do hope you will join us.

# FOR YOUR PRAYERS

## For the Church

### International

Province of the Episcopal Church of South Sudan Primate  
++Justin Badi Arama

### National

Gippsland: Richard Treloar (Leanne)

### South Australia

#### Diocese of Adelaide

Port Adelaide: locum tenens Dirk van Dissel (Mary), Wayne Philp (Sharon)

#### Diocese of Willochra

The Copper Coast (Kadina, Moonta, Wallaroo): Sarah Wiles (Steve)

#### Diocese of The Murray

The Murraylands (Meningie, Murray Bridge, Tailem Bend): locum tenens Peter Bourne (Lillian), Ian Jansse (Eva), Des Ackland (Raelene)

## For the People

We hold before God all those who have asked for our prayers, particularly:

**Immediate Prayer:** Audrey Ball, Kolton (WCH).

**Long Term Prayer:** Francis Brooks, Peter Garland, Max Lennard, Chris, Bridie Maxwell, Meredith Chesterman, Vernon Lewis, Pauline Van Buren, Alisha Coe-Fox, Anne Hogben, Matilda Lane, Helena Fernandes, Cricket Fox, Daniella, Peter Black, Jean Arnold, Martin Reece, Norton & Judy Schenscher, Joseph Burgess (WCH), John Hankin, Brooke Garry, David, Christine Chomel, Oliver (WCH), Sarah Boorman, Stephen Lane, Sandra Morrison, Edna Allison, Jane Mitchell.

**Those whose have died recently,** especially Dr Lowitja O'Donoghue

**Those whose year's mind occurs at this time:**

- 11th Anthony David Mugg
- 13th Walter Franz Wehrstedt  
Eric Thomas Thornton  
Helen Mary Iles
- 14th John Leslie Bond  
Bob Aikman  
Enid Rae Howard  
Heather Maureen Dunn  
Roy Woodall
- 15th Lenna Hewgill  
Veronica Honor
- 16th Wilfred John Hudson  
Joshua Williams  
John Allison

*The Cathedral is compiling a database of the lives of those whose names appear on the Year's Mind list. If you have any biographical details of any of the people remembered today, please contact Stuart Langshaw - [langshawstuart@gmail.com](mailto:langshawstuart@gmail.com)*

# THIS WEEK IN THE CATHEDRAL

For some services, the West Doors of the Cathedral are not opened. Please make your way to the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch.

<b>SUN 11 FEBRUARY</b> THE 6TH SUNDAY AFTER EPIPHANY	8 am	Eucharist (BCP)
	10:30 am	Choral Eucharist
	6 pm	Choral Evensong
<b>MON 12 FEBRUARY</b>	7:30 am	Eucharist (Lady Chapel)
	9:15 am	Morning Prayer (St Barnabas' College)
	10:30 am - 1 pm	Open for visiting and private prayer
<b>TUES 13 FEBRUARY</b>	7:30 am	Eucharist (Lady Chapel)
	8:45 am	Morning Prayer (Dean's Chapel)
	10:30 am - 3:30 pm	Open for visiting and private prayer
<b>WED 14 FEBRUARY</b> ASH WEDNESDAY 6PM EUCHARIST	7:30 am	Eucharist (Lady Chapel)
	8:45 am	Morning Prayer (Dean's Chapel)
	10 am	Eucharist (BCP) (Nave)
	10:30 am - 3:30 pm	Open for visiting and private prayer
	6:00 pm	Ash Wednesday Choral Eucharist
<b>THURS 15 FEBRUARY</b>	7:30 am	Eucharist (Lady Chapel)
	8:45 am	Morning Prayer (Dean's Chapel)
	10:30 am - 3:30 pm	Open for visiting and private prayer
<b>FRI 16 FEBRUARY</b>	7:30 am	Eucharist (Lady Chapel)
	8:45 am	Morning Prayer
	10:30 am - 3:30 pm	Open for visiting and private prayer
<b>SAT 17 FEBRUARY</b>		Cathedral Closed
<b>SUN 18 FEBRUARY</b> THE FIRST SUNDAY OF LENT	8 am	Eucharist (BCP)
	10:30 am	Choral Eucharist Preacher – The Rev'd Canon Jenny Wilson
	6 pm	Choral Evensong Preacher – The Rev'd Joan Claring-Bould

## CATHEDRAL STAFF

Dean	The Right Reverend Chris McLeod
Canon Precentor	The Reverend Canon Jenny Wilson
Assistant Priest	The Reverend Dr Susan Straub
Honorary Assistant Priest	The Reverend Dr Lynn Arnold AO
Honorary Assistant Priest	The Reverend Joan Claring-Bould
Honorary Assistant Deacon	The Reverend Ben Falcon
Cathedral Administrator	Peter Burdon
Cathedral Office	Marco Callisto, Robyn Shilcock, Emma Simpson-Smith
Director of Music	Anthony Hunt
Cathedral Organist	David Heah
Dean's Warden	Rijke Mellor
People's Warden	Reuben Jacob