

SUNG EUCHARIST

SEVENTH SUNDAY AFTER PENTECOST

SUNDAY 16TH JULY 2023

10:30AM

Welcome to St Peter's Cathedral. We are delighted to have you worship with us today for this Choral Eucharist from A Prayer Book for Australia. Please join us in saying the words in bold. The hymns can be found in the separate hymn book. All indications for sitting, kneeling, and standing are a guide only: please do whatever is most comfortable for you.

St Peter's Cathedral resides on the lands of the Kaurna people. We give thanks for their ancestors and acknowledge the ongoing right and responsibility of their elders to care for this Country. We are committed to work and pray towards a more just settlement for all Indigenous people and pay our respect to First Nations people with us.

St Peter's Cathedral is a Christ-centred, sacramental, inclusive, thinking, mission-oriented faith community.

I have enjoyed the stories of Abraham and Sarah in recent weeks. Despite the strangeness of their context, we find in their lives stories that resonate with our own. Stories of faithfulness and faithlessness: flesh and blood stories of people just a bit like you and me. Stories about well-meaning people who get a lot wrong, but week after week we try to follow God in Christ. We now turn to the stories of Jacob who is to become Israel. Jacob is very flawed person, and he doesn't come out of the stories that involve him with much credibility; yet God still loves Jacob and through Jacob God will build a people. People like Jacob and Esau help us to make sense of ourselves. Despite our flaws, God builds us into his temple, his people.

Blessings,

The Rt Rev'd Chris McLeod

Celebrant: The Rev'd Canon Jenny Wilson Preacher: The Rt Rev'd Chris McLeod Readers: Jack Monaghan, Josh Wheaton

Organist: Anthony Hunt **Hymns:** 612, 387, 238, 761

HYMN 612 – CHRIST TRIUMPHANT, EVER REIGNING (GUITING POWER)

The Lord be with you.

And also with you.

The words you have spoken are spirit and life, O Lord; you have the words of eternal life.

JOHN 6.63, 68

Let us pray.

Please sit / kneel

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts, by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

All sing

KYRIE

Philip Matthias (b.1954) Christ Church Mass





Lord, have mer - cy, Lord, have mer - cy.



Christ, have mer - cy, Christ, have mer - cy, Christ, have mer - cy,



Lord, have mer - cy, Lord, have mer - cy.

CONFESSION AND ABSOLUTION

'Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins.

Father, forgive us.

Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God,
Who has promised forgiveness to all who turn to him in faith:
Pardon you and set you free from all your sins,
Strengthen you in all goodness
And keep you in eternal life,
Through Jesus Christ our Lord. **Amen.**



COLLECT

Bountiful God, we thank you for planting in us the seed of your word: by your Holy Spirit, help us to receive it with joy, and to live according to it, that we may grow in faith and hope and love; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Please sit

FIRST READING

A reading from the Book of Genesis.

GENESIS 25.19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean.

Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived.

The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord.

And the Lord said to her,

'Two nations are in your womb,

and two peoples born of you shall be divided;

one shall be stronger than the other,

the elder shall serve the younger.'

When her time to give birth was at hand, there were twins in her womb.

The first came out red, all his body like a hairy mantle; so they named him Esau.

Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents.

Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.)

Jacob said, 'First sell me your birthright.'

Esau said, 'I am about to die; of what use is a birthright to me?'

Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob.

Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Hear the word of the Lord,

Thanks be to God.

Please respond with the phrases in bold

PSALM 119.105-112

Your word is a lantern to my feet: and a light to my path.

I have vowed and sworn an oath: to keep your righteous judgements.

I have been afflicted beyond measure: Lord, give me life according to your word.

Accept, O Lord, the freewill offerings of my mouth:

and teach me your judgements.

I take my life in my hands continually: yet I do not forget your law.

The wicked have laid a snare for me: but I have not strayed from your precepts.

Your commands are my inheritance for ever: they are the joy of my heart.

I have set my heart to fulfil your statutes: always, even to the end.

SECOND READING

A reading from Paul's letter to the Romans.

ROMANS 8.1–11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear the word of the Lord,

Thanks be to God.

Please stand to sing

HYMN 387 – RISE AND HEAR, THE LORD IS SPEAKING (SUSSEX)

During the hymn, children are invited to gather at the rear of the nave in the centre aisle to listen to the Gospel together. After the Gospel they will follow the procession to the altar and then move to the Cynthia Poulton Hall for Cathedral Kids. They will return to the Cathedral in time for Holy Communion.

Please remain standing

THE GOSPEL

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to Matthew



MATTHEW 13.1–9, 13.18–23

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!' 'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

This is the Gospel of the Lord.



The organist plays as the procession returns to the altar. Cathedral Kids, please move towards the altar now.

Please sit at the invitation of the preacher.

THE SERMON

The Rt Rev'd Chris McLeod

Following the sermon, a brief period of silence may be kept to aid reflection.

THE NICENE CREED

Let us together affirm the faith of the Church.

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the church.

Please sit / kneel

The prayers conclude with

Accept our prayers through Jesus Christ our Lord, who taught us to pray,



Please stand

THE GREETING OF PEACE

We are the body of Christ His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Please remain standing to sing

HYMN 238 - COME DOWN, O LOVE DIVINE (DOWN AMPNEY)

During this hymn a cash collection is taken to support the costs of the Cathedral.

Many choose to make regular donations electronically (BSB 305-122, Ac No. 0256051) or by using envelopes. Complete a Planned Giving form to become a regular and faithful financial supporter of the ministry of the Cathedral.

For online donations, please refer to the details below the Blessing.

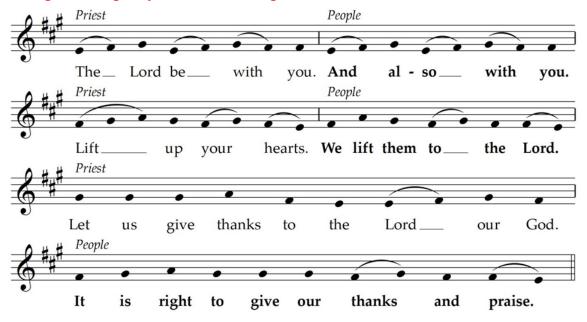
Remain standing

THE GREAT THANKSGIVING

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom.

Blessed be God for ever.

The following may be said or sung



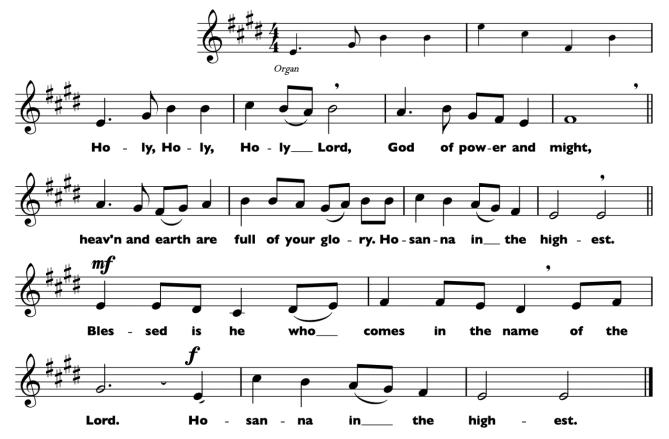
It is right to praise you, faithful God, always and everywhere, for with your only begotten Son and life-giving Spirit, you are the one true God from everlasting to everlasting.

At the dawn of time you wrought from nothing a universe of beauty and splendour, bringing light from darkness and order from chaos. You formed us, male and female, in your image, and endowed us with creative power. We turned away from you but you did not abandon us. You called us by name and searched us out, making a covenant of mercy, giving the law, and teaching justice by the prophets.

And so we praise you, joining with your faithful people of every time and place, singing the eternal song:

SANCTUS AND BENEDICTUS

Philip Matthias (b.1954) Christ Church Mass



When the fullness of time was come, you sent your Son to be born of Mary.

Bright image of your glory, he learnt obedience to you in all things, even to death on a cross, breaking the power of evil, freeing us from sin, and putting death to flight.

You raised him from death, exalting him to glory, and the new day dawned.

On the night he was betrayed your Son Jesus Christ shared food with his friends, his companions on the way.

While at table he took bread, blessed, and broke it, and giving it to them, said: 'Take, eat; this is my body.'

He took a cup of wine, and, giving thanks, he gave it to them, and said, 'This is my blood of the covenant, which is poured out for many. Do this in remembrance of me.'

Therefore, living God, as we obey his command, we remember his life of obedience to you, his suffering and death, his resurrection and exaltation, and his promise to be with us for ever. With this bread and this cup we celebrate his saving death until he comes.

Let us proclaim the mystery of faith:



Accept, we pray, our sacrifice of praise and thanksgiving, and send your Holy Spirit upon us and our celebration that all who eat and drink at this table may be strengthened by Christ's body and blood to serve you in the world.

As one body and one holy people, may we proclaim the everlasting gospel of Jesus Christ our Lord, through whom, with whom, and in whom, in the unity of the Holy Spirit, all glory is yours, eternal God, now and for ever.



Bless-ing and hon-our and glo-ry and power are yours for ev-er and ev-er, A - men.

THE BREAKING OF THE BREAD AND COMMUNION

We break this bread to share in the body of Christ.

We who are many are one body,

for we all share in the one bread.

The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

Please sit/kneel to sing

AGNUS DEI

Philip Matthias (b.1954) Christ Church Mass



Baptised and communicant Christians of all denominations are welcome to come forward and receive Holy Communion. Gluten free bread is available on request. If you do not wish to receive Holy Communion, you may like to come forward to receive a blessing (simply bow your head as a signal to the priest).

POST COMMUNION PRAYER

Living God, in this holy meal you fill us with new hope. May the power of your love, which we have known in word and sacrament, continue your saving work among us, give us courage for our pilgrimage, and bring us to the joys you promise.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory.

Please stand to sing

HYMN 761 - PRAISE THE LORD! YE HEAVENS ADORE HIM (AUSTRIA)

BLESSING

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in the peace to love and serve the Lord: In the name of Christ. Amen.

Remain standing as the clergy depart. After this, you are invited to sit to listen to the organ postlude.

Charles-Marie Widor (1844-1937) Symphony No.6, 1st Movement - Allegro



Thank you for worshipping with us today. The life and work of this Cathedral is made possible entirely through the generosity of individuals like you. Your gift helps us to maintain this iconic building for all people to enjoy, to continue a strong music and liturgy tradition, and to support the mission of the Church. You can donate in these ways:

- Envelopes and/or cash in the Donation Box provided.
- Electronic Funds Transfer: BSB 705-077 Account Number 00040056 (include your name as reference).
- Debit/Credit card: Scan the QR code to be taken directly to our online donation page.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)



NOTICES

Planned Giving – The Cathedral is migrating its Planned Giving Bank Account to Anglican Funds SA. Please arrange for your Planned Giving to go to BSB: 705-077, Account No: 00040056, Account Name: St Peter's Cathedral Planned Giving, Reference: Your Name.

Planned Giving Reports are now available for collection from the back of the Cathedral.

Sunday Night with Lynn Arnold on 1079 LIFE – Tonight the Rev'd Dr Lynn Arnold's guest will be theologian, author and Anglican minister, Rev Dr Michael Jensen. Originally aired 12/12/21.

Tea/coffee after regular services: Our community offer hospitality at the following times:

- The Wednesday I0am community have tea and coffee after the first Wednesday each month. The next gathering will take place on Wednesday 2nd August
- The Sunday 8am community have tea and coffee after the first Sunday of each month, The next gathering will take place on Sunday 7th August.
- After the 10:30am service, there is tea and coffee provided every week!

Magdalene Centre Food Donations: Demand continues to be higher than previous years and we need your generosity more than ever. Stock is again running very low on most items but especially the following: Cereal, Soup, Pasta sauce, Baked beans, Tinned spaghetti, Tuna, Tinned vegetables, Tinned fruit, Instant noodles, Sugar. If you can contribute, this would be greatly appreciated.

Cathedral Confirmation Sunday August 13th at 10.30am Archbishop Geoff Smith will preach and celebrate at this service. Adults and children over the age of 10 are invited to explore the possibility of Confirmation on that day. Children aged 7-10 years may be admitted to Holy Communion. Please contact the Cathedral Office on 82674551 or on office@stpeters-cathedral.org.au or speak with one of the clergy.

Have a sing to help the hungry. I need your voice! If you love to sing, this is a chance for a short-term commitment to join a choir to have fun and at the same time help those in need. That is what the Adelaide Benefit Choir does. Our upcoming concert is "Sing out for the Hungry." Sunday 30 July 2.30pm at St Augustine's Unley. The music includes Great is thy Faithfulness, Cockles and Mussels, Panis Angelicus and more. Rehearsals: Mondays 24 June, I7 and 24 July 4pm in the CP Hall at St Peters Cathedral, Tuesday 18 July 7.30pm. Saturday 22 July 10am. Tuesday 25 July 7.30pm Saturday 29 July 10am at St Augustine's Unley If you can get to two or more rehearsals that would be great. Thank you! Rev'd Joan Claring-Bould 0409520823 - joancb@adam.com.au

Emergency Evacuation procedures refresher - Sunday 23 July at 12 noon. For clergy, choir leaders, liturgy teams and stewards. Others are welcome to join a short discussion on emergency evacuation procedures and other Health and Safety procedures. Please attend if possible.

Meeting God on Mondays Study Group - You are warmly invited to attend the Monday Study Group TOMORROW, Monday 17th July, at 10am in the CP Hall. All welcome. Please contact Canon Jenny on jwilson@stpeters-cathedral.org.au for more details.

Database of those whose deaths we remember - We are beginning a project of compiling biographical details of the people whose anniversary of death falls each week. Such people are mentioned in the Pew Sheet. If you have any biographical details of these deceased people, please contact Stuart Langshaw at langshawstuart@gmail.com. We are looking for such information as their dates of birth, dates of death, their connection with the cathedral or with the cathedral community, career details, suburb or town where they lived, etc., etc.

FOR YOUR PRAYERS

For the Church

International The Anglican Church of Canada Primate Abp Linda Nicholls

National Newcastle: Peter Stuart (Nicki)

South Australia

Diocese of Adelaide Lyell McEwin & Modbury Hospitals: Jean Jorgensen (Kevin)

Diocese of Willochra Mission to Seafarers: Port Pirie Lay Chaplain Ian Pole (Lynette),

Port Lincoln ship visitors, Seafarers' Centre Wallaroo Chaplain vacant, Pt Giles Lay Chaplain June Harrison, Thevenard ships

visitors

Diocese of The Murray Riverland: David Patterson

For the People

We hold before God all those who have asked for our prayers, particularly:

Immediate Prayer: David, Phil Fox, Joseph Burgess, Jeremiah

Long Term Prayer: Francis Brooks, Peter Garland, Michael Ford, Max Lennard, Chris, Bridie Maxwell, Meredith Chesterman, Vernon Lewis, Pauline Van Buren, Alisha Coe-Fox, Anne Hogben, Matilda Lane, Patsy & Joan, Helena Fernandes, Cricket Fox, Daniella, Heather Scott, Peter Black, Jean Arnold, Martin Reece, Rhyle, Norton & Judy Schenscher

We pray for those whose year's mind occurs at this time:

16th Lettice Poulton

17th Una Margaret ("Penny") Sunter

Lucy Janet MacKay John Paul Collas

18th (Arthur) Gabriel Herbert

19th Dennis King

Lorna Hayward

William Christopher Gray (p) 2003

20th Archibald Grenfell Price

Marion Howard Dyke Peter George Osborne

21st Nigel Craddock

Christopher Cooper

St Peters Cathedral Music Foundation

Musical Soiree

A CRESCENDO OF MUSICAL TALENT

Secular and sacred music performed by the littlest treble through to our accomplished musicians

HOSTED BY KEITH HEMPTON

TICKETS: \$25/HEAD OR BOOK A TABLE OF 8

FUNDS RAISED BY BIDDING ON SILENT AUCTION ITEMS
WILL SUPPORT THE CATHEDRAL MUSIC PROGRAMS,
ORGAN AND CHORAL SCHOLARSHIPS, AND THE 23/24 UK
CHOIR TOUR

FRIDAY 28TH
JULY

DOORS OPEN 6:30PM COMMENCES 7:00PM CYNTHIA POULTON HALL

SUPPER: BYO NIBBLES OR SUPPER

DRINKS: SPARKLING, WHITE OR RED WINE AVAILABLE FOR PURCHASE BY BOTTLE, OR BYO SOFT DRINKS

MUSICFOUNDATION.ORG.AU

THIS WEEK IN THE CATHEDRAL

For some services, the West Doors of the Cathedral are not opened. Please make your way to the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch

the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch.		
	7:30am	Eucharist (Lady Chapel)
Mon I7 [™] July	9.15am	Morning Prayer (St Barnabas College)
	10:30am-1:00pm	Open for visiting and private prayer
	7:30am	Eucharist (Lady Chapel)
TUES 18 [™] JULY	8:45am	Morning Prayer (Dean's Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
WED 19 [™] JULY	10:00am	Eucharist (Lady Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	5:30pm	Evening Prayer (Dean's Chapel)
	7:30am	Eucharist (Lady Chapel)
THURS 20 [™] JULY	8:45am	Morning Prayer (Dean's Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	7:30am	Eucharist (Lady Chapel)
Fri 21 st JULY	8:45am	Morning Prayer (Dean's Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
SAT 22 ND JULY		Closed
	8:00am	Eucharist from The Book of Common Prayer
SUN 23 RD JULY	10:30am	Sung Eucharist
EIGHTH SUNDAY AFTER		Preacher – The Rev'd Canon Jenny Wilson
Pentecost	6:00pm	Choral Evensong
		Preacher – The Rev'd Sally Sandford-Morgan

CATHEDRAL STAFF

Dean	The Right Reverend Chris McLeod
Canon Precentor	The Reverend Canon Jenny Wilson
Assistant Priest	The Reverend Sally Sandford-Morgan
Honorary Assistant Priest	The Reverend Dr Lynn Arnold AO
Honorary Assistant Priest	The Reverend Joan Claring-Bould
Cathedral Office	Suzanne Wilson, Robyn Shilcock,
	Marco Callisto, Emma Simpson-Smith
Director of Music	Anthony Hunt
Cathedral Organist	David Heah
Dean's Warden	Rijke Mellor
People's Warden	Reuben Jacob

