



CHORAL EUCHARIST
THE FOURTH SUNDAY IN LENT
MOTHERING SUNDAY
SUNDAY 19TH MARCH 2023

10:30AM

Welcome to St Peter's Cathedral. We are delighted to have you worship with us today for this Choral Eucharist from A Prayer Book for Australia. Please join us in saying the words in bold. The hymns can be found in the separate hymn book. All indications for sitting, kneeling, and standing are a guide only: please do whatever is most comfortable for you.

St Peter's Cathedral resides on the lands of the Kurna people. We give thanks for their ancestors and acknowledge the ongoing right and responsibility of their elders to care for this Country. We are committed to work and pray towards a more just settlement for all Indigenous people and pay our respect to First Nations people with us.

St Peter's Cathedral is a Christ-centred, sacramental, inclusive, thinking, mission-oriented faith community.

Today is the 4th Sunday in Lent and is known by two different names. The first is Mothering Sunday and is a reflection on the love a mother, or father, has for their children. We are reminded that even though this is a great love, God's love for us is even greater. The other name for this Sunday is Laetare, or Refreshment, Sunday, as it marks the half way point through Lent. This day can be used to have a break from Lenten fasting, so that we have then have the fortitude to continue through to Easter! Simnel cake is traditionally eaten on this day. It is a rich dense fruit cake with marzipan layers and originates from medieval Britain. Thank you to those members of the congregation that baked these this year's Simnel cakes. Please enjoy some after the service.

Blessings,

The Rev'd Sally Sandford-Morgan

Celebrant: The Rev'd Canon Jenny Wilson

Preacher: The Rev'd Sally Sandford-Morgan

Readers: Pauline Brooks, Audrey Mitchell

Intercessor: Wendy Dawes

Choir: Cantores in Excelsis

Conductor: Anthony Hunt

Organist: David Heah

Hymns: 488, 137, 671, 2

When the handbell rings, all stand as the choir and clergy enter, and to sing the Processional Hymn

HYMN 488 – CHURCH OF GOD, ELECT AND GLORIOUS (LUX EOI)

The Lord be with you.

And also with you.

‘As a mother comforts her child, so will I comfort you, and you shall be comforted in Jerusalem,’ says the Lord.

ISAIAH 66:13

Let us pray.

Please sit/ kneel

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts, by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

The choir sings

KYRIE

Gabriel Fauré (1845-1924) Messe Basse

Lord, have mercy

Kyrie eléison

Christ, have mercy

Christe eléison

Lord, have mercy

Kyrie eléison

CONFESSION AND ABSOLUTION

Compassion and forgiveness belong to the Lord our God, though we have rebelled and wandered far off.

Let us then ask for mercy, confessing our sins in penitence and faith.

**Merciful God, our maker and our judge,
we have sinned against you
in thought, word, and deed, and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.**

Father, forgive us.

**Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,

Who has promised forgiveness to all who turn to him in faith:

Pardon you and set you free from all your sins,

Strengthen you in all goodness

And keep you in eternal life,

Through Jesus Christ our Lord. **Amen.**

The choir sings

TRISAGION

<i>Holy God,</i>	<i>Agios o Theos,</i>
<i>Holy and mighty,</i>	<i>Agios ischyros,</i>
<i>Holy and immortal,</i>	<i>Agios athanatos,</i>
<i>Have mercy on us.</i>	<i>Eleison imas.</i>

THE COLLECT FOR MOTHERING SUNDAY

EVERLOVING God, your care for us is greater even than a mother's love for her child; teach us to value a mother's love and see in it an expression of your grace, that we may ever feel more deeply your love for us; in Christ Jesus our Saviour. **Amen.**

THE COLLECT FOR ASH WEDNESDAY

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Please be seated.

FIRST READING

A reading from the Prophet Isaiah

ISAIAH 49.13-16

Sing for joy, O heavens, and exult, O earth;
break forth, O mountains, into singing!
For the Lord has comforted his people,
and will have compassion on his suffering ones.

But Zion said, 'The Lord has forsaken me,
my Lord has forgotten me.'
Can a woman forget her nursing-child,
or show no compassion for the child of her womb?
Even these may forget,
yet I will not forget you.
See, I have inscribed you on the palms of my hands;
your walls are continually before me.

Hear the word of the Lord,
Thanks be to God.

Please remain seated. The choir sings

PSALM 84

Chant: Harry Grindle

How lovely is your dwelling-place: O Lord God of hosts!

My soul has a desire and longing to enter the courts of the Lord:
my heart and my flesh rejoice in the living God.

The sparrow has found her a home, and the swallow a nest where she may lay her young:
even your altar, O Lord of hosts, my King and my God.

Blessed are those who dwell in your house: they will always be praising you.

Blessed are those whose strength is in you: in whose heart are the highways to Zion.

Who, going through the valley of dryness, find there a spring from which to drink:
till the autumn rain shall clothe it with blessings.

They go from strength to strength: they appear, every one of them, before the God of gods in Zion.

O Lord God of hosts, hear my prayer: give ear, O God of Jacob.

Behold, O God, him who reigns over us: and look upon the face of your anointed.

One day in your courts is better than a thousand:

I would rather stand at the threshold of the house of my God than dwell in the tents of ungodliness.

For the Lord God is a light and a shield, the Lord gives favour and honour:
and no good thing will he withhold from those who walk in innocence.

O Lord God of hosts: blessed are those who put their trust in you.

SECOND READING

A reading from the letter to the Ephesians

EPHESIANS 3.14-21

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

Hear the word of the Lord,

Thanks be to God.

Please stand to sing the Gradual Hymn

HYMN 137 – GOD OF EVE AND GOD OF MARY (LOVE DIVINE)

During the hymn, children are invited to gather at the rear of the nave in the centre aisle to listen to the Gospel together. After the Gospel they will follow the procession to the altar and then move to the Cynthia Poulton Hall for Cathedral Kids. They will return to the Cathedral in time for Holy Communion.

Please remain standing

THE GOSPEL ACCLAMATION

The choir sings the Acclamation, which is repeated by the congregation



Why were you searching for me?

Did you not know that I must be in my Father's house?

After the verse, the Acclamation is sung again by all

THE GOSPEL

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to Luke



LUKE 2.40-52

The child grew and became strong, filled with wisdom; and the favour of God was upon him.

Now every year his parents went to Jerusalem for the festival of the Passover. And when he was twelve years old, they went up as usual for the festival. When the festival was ended and they started to return, the boy Jesus stayed behind in Jerusalem, but his parents did not know it. Assuming that he was in the group of travellers, they went a day's journey. Then they started to look for him among their relatives and friends. When they did not find him, they returned to Jerusalem to search for him. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. And all who heard him were amazed at his understanding and his answers. When his parents saw him they were astonished; and his mother said to him, 'Child, why have you treated us like this? Look, your father and I have been searching for you in great anxiety.' He said to them, 'Why were you searching for me? Did you not know that I must be in my Father's house?' But they did not understand what he said to them. Then he went down with them and came to Nazareth, and was obedient to them. His mother treasured all these things in her heart. And Jesus increased in wisdom and in years, and in divine and human favour.

This is the Gospel of the Lord.



The organist plays as the procession returns to the altar. Cathedral Kids, please move towards the altar now. Please sit at the invitation of the preacher.

THE SERMON

The Rev'd Sally Sandford-Morgan

Following the sermon, a brief period of silence may be kept to aid reflection.

Please stand

THE NICENE CREED

Let us together affirm the faith of the Church.

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the church.

Please sit/ kneel

The prayers conclude with

Accept our prayers through Jesus Christ our Lord, who taught us to pray,

People



Our Fath - er in heav'n, hal - lowed be your name, your king - dom come,
your will be done, on earth as in heav'n. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of trial and de - liv - er us from e - vil.
For the king - dom, the pow'r, and the glo - ry are yours
now and for ev - er. A - men.

Please stand

THE GREETING OF PEACE

We are the body of Christ

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Please remain standing to sing the Offertory Hymn

HYMN 671 – I WILL SING THE WONDROUS STORY (HYFRYDOL)

During this hymn a cash collection is taken to support the costs of the Cathedral.

Many choose to make regular donations electronically or by using envelopes. Complete a Planned Giving form to become a regular and faithful financial supporter of the ministry of the Cathedral.

For online or electronic donations, please refer to the details below the Blessing.

Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take, eat. This is my body given for you. Do this in remembrance of me.'

After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world.

Let us proclaim the mystery of faith:



When we eat this bread and drink this cup, we proclaim your death, Lord Je - sus, un-til you come in glo - ry.

Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:



Bles-sing and hon-our and glo-ry and power are yours for ev - er and ev-er, A-men.

THE BREAKING OF THE BREAD AND COMMUNION

We break this bread to share in the body of Christ.

We who are many are one body,

for we all share in the one bread.

The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

Please sit/ kneel. The choir sings

AGNUS DEI

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

Gabriel Fauré (1845-1924) Messe Basse

Agnus Dei, qui tollis peccata mundi: miserere nobis.

Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

MOTET

Peter Aston (1938-2013) *Loving God*

Loving God,
As a mother feeds her children at the breast,
You feed us with this sacrament with the food and drink of eternal life:
Help us, who have tasted your goodness,
To grow in grace within the household of faith;
Through Jesus Christ our Lord,
Amen.

Baptised and communicant Christians of all denominations are welcome to come forward and receive Holy Communion. Gluten free bread is available on request. If you do not wish to receive Holy Communion, you may like to come forward to receive a blessing (simply bow your head as a signal to the priest).

POST COMMUNION PRAYER

Compassionate and loving God, through your Son Jesus Christ you have fed us and have reconciled your people to yourself. Following his example of fasting and prayer may we obey you with willing hearts and serve one another in holy love.

Father, **we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory.**

Please stand to sing the Post-Communion Hymn

HYMN 2 – CHRIST, WHOSE GLORY FILLS THE SKIES (RATISBON)

BLESSING

Christ our Saviour draw you to himself, that you may find in him crucified a sure ground for faith, a firm support for hope, and the assurance of sin forgiven; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord:

In the name of Christ. Amen.

Remain standing as the choir and clergy depart. After this, you are invited to sit to listen to the organ postlude.

Mendelssohn (1809-1847) *Chorale and Variation: Herzlich tut mich verlangen*



Thank you for worshipping with us today. The life and work of this Cathedral is made possible entirely through the generosity of individuals like you. Your gift helps us to maintain this iconic building for all people to enjoy, to continue a strong music and liturgy tradition, and to support the mission of the Church. You can donate in these ways:

- Envelopes and/or cash in the Donation Box provided.
- Electronic Funds Transfer: BSB 705-077 Account Number 00040056 (include your name as reference).
- Debit/Credit card: Scan the QR code to be taken directly to our online donation page.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)



St Peter's
nurturing spirit and mind
CATHEDRAL

Even-song

Sermon Series for Lent
on Forgiveness

by CATHEDRAL CLERGY

February 26,
March 5, 12, 19, 26
at 6.00pm

St Peter's
nurturing spirit and mind
CATHEDRAL

ADELAIDE SOUTH AUSTRALIA
27 King William Road North Adelaide
(08) 8267 4551
www.stpeters-cathedral.org.au

Image: The Return of the Prodigal Son
by Rembrandt

NOTICES

Sunday Night with Lynn Arnold – Tonight the Rev'd Dr Lynn Arnold's guest will be Valerie Volk. They will talk with her about her latest book - 'Witnesses' which looks at well-known biblical stories through unexpected eyes.

Tea/coffee after regular services:

Our community has slowly been returning to having morning tea on a semi-regular basis. We are now able to have the following gatherings:

- The Wednesday 10am community have tea and coffee after the first Wednesday each month. The next gathering will take place on Wednesday 5th April
- The Sunday 8am community have tea and coffee after the first Sunday of each month, The next gathering will take place on Sunday 2nd April.
- After the 10:30am service, there is tea and coffee provided every week!

Planned Giving – The Cathedral is migrating its Planned Giving Bank Account to Anglican Funds SA. Please arrange for your Planned Giving to go to BSB: 705-077, Account No: 00040056, Account Name: St Peter's Cathedral Planned Giving, Reference: Your Name.

Lent has begun!

This year in St Peter's Cathedral you are warmly invited to join in the following activities for the season of Lent:

1. Lent Studies – on Mondays at 10am and 7pm, and on Tuesdays at 5pm, we will be studying the book "Humbler Faith, Bigger God: Finding a Story to Live By" by Samuel Wells, Vicar of St. Martin in the Fields, London. Copies are available from the St Peter's Cathedral Shop for \$25. Please sign up on the sheets at the back of the Cathedral or contact the Cathedral Office on 82674551 or at events@stpeters-cathedral.org.au.
2. Sermon Series on Forgiveness – the Cathedral Clergy will preach on the topic of Forgiveness at Choral Evensong at 6pm on Sunday evenings.
3. In addition to our usual weekday services we will also be holding short Prayer Liturgies in the Cathedral on Tuesdays and Thursdays at 12 noon.
4. Each Wednesday at 4.30pm we will post on the St Peter's Cathedral Facebook page a service entitled Afternoon Reflections for Children. Candles and Prayer Cards for use with this service will be given to Cathedral Kids and are available at the Cathedral Shop.

Cathedral Roof Maintenance – Work has commenced on the lower roof of the cathedral, above the clergy car parks. This will necessitate reallocation of car parking spaces for 10-16 weeks. The work is being funded from our Conservation Account, and Adelaide City Council will be making a grant of about 30%. Questions about the work, its funding, and future work will be answered at St Peter's Cathedral Annual Vestry meeting on Sunday March 26.

The Friends Annual General Meeting - Sunday 19th March in the CP Hall, at 12.00, following the 10.30 service. Members of the Friends are especially encouraged to attend to hear about our activities in 2022, our financial status and our plans for future events. It is also an opportunity to renew yearly memberships. Some of our long serving committee members are retiring so there is room for new people and we would love some fresh ideas and different approaches that may be brought to the group. We hope to see you there. Pamela Saint, Vice chair.

NOTICES

Annual Vestry Meeting will be held in the Cathedral after the 10.30am service on Sunday 26 March. Every year at the annual vestry meeting elections are held for the position of People's Warden, and for three members of the Nomination Committee (which only meets if the Dean's position is vacant). Two of the four elected members of Cathedral Council are also elected at each vestry meeting for a two-year term. This year, we need to elect an additional member of Cathedral Council for a one-year term to fill a casual vacancy. Please consider standing for these important positions. Forms will be available at the back of the Cathedral, or from the cathedral office. Nominations must be received by close of business on Monday 20 March 2023.

Planned Giving Reports are now available for collection from the back of the Cathedral

Peter Jin Commissioning as Parish Priest – Fr Peter will be commissioned as Priest in Charge of the Parish of Salisbury on Sunday 26 March at 3pm at St John's Church, Salisbury. We invite you to come and support Rev'd Peter as he embarks in this new role.

Boom Gate – The boom gate will be closed more often during the week to best utilize the carparks for our congregation. Please call the office when arriving or if you have any questions or concerns.

The Intinction of bread during communion is not recommended. Please follow the guidance of our clergy and serving team so we can keep our community safe. Thank you.

Christian Meditation at St Peter's Cathedral is on the last Saturday of each month in the Cynthia Poulton Hall at 9.30am. The next meeting is on Saturday 25 March. No experience necessary. Let go of the stresses of the week and sit in peace.

The Friends' Plastic Bread-Tag Project: This 12-month project is now in its closing stages - finishing at the end of May. Please keep bringing your plastic tags from bread bags and put them in the container on the table in the foyer of the cathedral. Proceeds from recycling these tags provides wheelchairs for the disadvantaged in South Africa.

FOR YOUR PRAYERS

For the Church

International

The Anglican Church of Southern Africa Primate Abp Thabo Makgoba

National

Perth: Kay Goldsworthy (Benjamin)

South Australia

Diocese of Adelaide

Lyell McEwin & Modbury Hospitals: Jean Jorgensen (Kevin)

Diocese of Willochra

The Parish of Flinders Plain (Port Broughton, Crystal Brook and the Cathedral Parish of SS Peter and Paul Port Pirie): Mark Hawkes (Fiona), Sandra Bryson, Lettie Allen

Diocese of The Murray

Western Fleurieu: Simon Waters (Susie), Brenton Dick (Lyn), Peter Chapman (Heather)

For the People

We hold before God all those who have asked for our prayers, particularly:

Immediate Prayer: David Thomas, Rhyle

Long Term Prayer: Francis Brooks, Peter Garland, Michael Ford, Max Lennard, Chris, Bridie Maxwell, Meredith Chesterman, Vernon Lewis, Pauline Van Buren, Alisha Coe-Fox, Anne Hogben, Matilda Lane, Patsy & Joan, Helena Fernandes, Cricket Fox, Daniella, David Shephard, Brian & Del Daniels, Heather Scott, Peter Black, Jean Arnold, Martin Reece, Robert Black

We pray for those whose years mind occurs at this time:

19th Paul Williamson

Frank Bourne

21st Christopher Nutter Thomas

Diane Hocking

Marie McCreadie

Ronald Keith Bambery

22nd Margaret Barnitt

24th Rowland Brynmor (Bryn) Rees

Nina Morrison

THIS WEEK IN THE CATHEDRAL

For some services, the West Doors of the Cathedral are not opened. Please make your way to the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch.

MON 20TH MARCH	7:30am	Eucharist (Lady Chapel)
	9.15am	Morning Prayer (St Barnabas College)
	10:30am-1:00pm	Open for visiting and private prayer
TUES 21ST MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	12:00pm	Midday Prayer Liturgies (Peace Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
WED 22ND MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	10:00am	Eucharist (Lady Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	11:00am	Public Cathedral Tours
THURS 23RD MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	12:00pm	Midday Prayer Liturgies (Peace Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
FRI 24TH MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
SAT 25TH MARCH	9:30am	Christian Meditation (CP Hall)
SUN 26TH MARCH FIFTH SUNDAY IN LENT	8:00am	Eucharist from The Book of Common Prayer
	10:30am	Choral Eucharist Preacher – The Rt Rev'd Chris McLeod
	6:00pm	Choral Evensong Preacher – The Rev'd Canon Jenny Wilson

CATHEDRAL STAFF

Dean	The Right Reverend Chris McLeod
Canon Precentor	The Reverend Canon Jenny Wilson
Assistant Priest	The Reverend Sally Sandford-Morgan
Honorary Assistant Priest	The Reverend Dr Lynn Arnold AO
Honorary Assistant Priest	The Reverend Joan Claring-Bould
Cathedral Office	Suzanne Wilson, Robyn Shilcock, Marco Callisto, Emma Simpson-Smith
Director of Music	Anthony Hunt
Cathedral Organist	David Heah
Dean's Warden	Kevin Stracey
People's Warden	Reuben Jacob