BCP EUCHARIST PROPERS



THE THIRD SUNDAY IN LENT SUNDAY 12TH MARCH 2023

8AM

A warm welcome to St Peter's Cathedral as we gather for worship this morning.

St Peter's Cathedral resides on the lands of the Kaurna people. We give thanks for their ancestors and acknowledge the ongoing right and responsibility of their elders to care for this Country. We are committed to work and pray towards a more just settlement for all Indigenous people and pay our respect to First Nations people with us.

St Peter's Cathedral is a Christ-centred, sacramental, inclusive, thinking, mission-oriented faith community.

Our readings from Exodus and John this morning might, at first sight, not appear to touch upon similar themes – but, in one important respect, they do. In each of them we have examples of human interaction with the divine ... with God in Exodus and with His Son in the reading from John's Gospel. This morning I wish to reflect upon the ways we communicate with God; and how our presumptions about God may affect how we undertake that communication. Our readings contain much to edify us in this regard. After this reflection, I hope that we each might take the opportunity to consider how we pray to God; equally importantly, to reflect upon how we might expect God to respond to our attempt at interacting with him.

Blessings, The Rev'd Dr Lynn Arnold AO

> Celebrant: The Rt Rev'd Chris McLeod Preacher: The Rev'd Dr Lynn Arnold Readers: Janine Phillips, Joanna Goldsworthy

THE COLLECT FOR THE THIRD SUNDAY IN LENT

WE beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies; through Jesus Christ our Lord. Amen.

THE COLLECT FOR ASH WEDNESDAY

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

FIRST READING

A reading from the Book of Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord ?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord , 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord , saying, 'Is the Lord among us or not?'

Hear the word of the Lord, **Thanks be to God.**

Please respond with the phrases in bold

PSALM 95

O come, let us sing out to the Lord: let us shout in triumph to the rock of our salvation. Let us come before his face with thanksgiving:

and cry out to him joyfully in psalms.

For the Lord is a great God: and a great king above all gods.

In his hand are the depths of the earth:

and the peaks of the mountains are his also.

The sea is his and he made it: his hands moulded dry land.

Come, let us worship and bow down: and kneel before the Lord our maker. For he is the Lord our God: we are his people and the sheep of his pasture.

Today if only you would hear his voice— 'Do not harden your hearts as at Meribah: as on that day at Massah in the wilderness;

'When your forebears tested me: put me to proof, though they had seen my works. 'Forty years long I loathed that generation and said:

"It is a people who err in their hearts, for they do not know my ways"; 'Of whom I swore in my wrath: "They shall not enter my rest.""

Exodus 17.1-7

SECOND READING

A reading from Paul's letter to the Romans

ROMANS 5.1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Hear the word of the Lord, **Thanks be to God.**

THE GOSPEL

The Lord be with you

And with thy spirit

The Holy Gospel is written in the 4th Chapter of the Gospel according to John beginning at verse 5.

Glory be to thee, O Lord

JOHN 4.5-42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (lews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' lesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.'

Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the lews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.' Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' lesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord: **Praise be to thee, O Christ.**

Thank you for worshipping with us today. The life and work of this Cathedral is made possible entirely through the generosity of individuals like you. Your gift helps us to maintain this iconic building for all people to enjoy, to continue a strong music and liturgy tradition, and to support the mission of the Church. You can donate in these ways:

- Envelopes and/or cash in the Donation Box provided
- Electronic Funds Transfer: BSB 705-077 Account Number 00040056 (include your name as reference)
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)
- Debit/Credit card: Scan the QR code to be taken directly to our online donation page.



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NOTICES

Annual Vestry Meeting will be held in the Cathedral after the 10.30am service on Sunday 26 March. Every year at the annual vestry meeting elections are held for the position of People's Warden, and for three members of the Nomination Committee (which only meets if the Dean's position is vacant). Two of the four elected members of Cathedral Council are also elected at each vestry meeting for a two-year term. This year, we need to elect an additional member of Cathedral Council for a one-year term to fill a casual vacancy. Please consider standing for these important positions. Forms will be available at the back of the Cathedral, or from the cathedral office. Nominations must be received by close of business on Monday 20 March 2023.

Peter Jin Commissioning as Parish Priest - On Sunday, 26th March at 3pm at St. John's Salisbury, The Rev'd Peter Jin will be commissioned as a parish priest of Salisbury. We invite you to come and support Rev'd Peter as he embarks in this new role.

Simnel Cake – A tradition associated with Mothering Sunday, celebrated this year on the 26th of March, is to enjoy Simnel cake. We are looking for people to bake a cake or two. If you have an interest in baking this year's Simnel cake, please phone Cathedral Office. Thank you.

Boom Gate – The boom gate will be closed more often during the week to enable for our congregation to utilize the parks. Please call the office when arriving or if you have any questions or concerns.

NOTICES

Sunday Night with Lynn Arnold – Tonight the Rev'd Dr Lynn Arnold's guest will be Greg Low, author of 'Eye of the Storm: 40 years filming the most difficult, desperate moments in the lives of people and nations'.

Tea/coffee after regular services:

Our community has slowly been returning to having morning tea on a semi-regular basis. We are now able to have the following gatherings:

- The Wednesday 10am community have tea and coffee after the first Wednesday each month. The next gathering will take place on Wednesday 5th April
- The Sunday 8am community have tea and coffee after the first Sunday of each month, The next gathering will take place on Sunday 2nd April.
- After the 10:30am service, there is tea and coffee provided every week!

Planned Giving – The Cathedral is migrating its Planned Giving Bank Account to Anglican Funds SA. Please arrange for your Planned Giving to go to BSB: 705-077, Account No: 00040056, Account Name: St Peter's Cathedral Planned Giving, Reference: Your Name.

Lent has begun!

This year in St Peter's Cathedral you are warmly invited to join in the following activities for the season of Lent:

I. Lent Studies – on Mondays at 10am and 7pm, and on Tuesdays at 5pm, we will be studying the book "Humbler Faith, Bigger God: Finding a Story to Live By" by Samuel Wells, Vicar of St. Martin in the Fields, London. Copies are available from the St Peter's Cathedral Shop for \$25. Please sign up on the sheets at the back of the Cathedral or contact the Cathedral Office on 82674551 or at events@stpeters-cathedral.org.au.

2. Sermon Series on Forgiveness – the Cathedral Clergy will preach on the topic of Forgiveness at Choral Evensong at 6pm on Sunday evenings.

3. In addition to our usual weekday services we will also be holding short Prayer Liturgies in the Cathedral on Tuesdays and Thursdays at 12 noon.

4. Each Wednesday at 4.30pm we will post on the St Peter's Cathedral Facebook page a service entitled Afternoon Reflections for Children. Candles and Prayer Cards for use with this service will be given to Cathedral Kids and are available at the Cathedral Shop.

Cathedral Roof Maintenance – Work has commenced on the lower roof of the cathedral, above the clergy car parks. This will necessitate reallocation of car parking spaces for 10-16 weeks. The work is being funded from our Conservation Account, and Adelaide City Council will be making a grant of about 30%. Questions about the work, its funding, and future work will be answered at St Peter's Cathedral Annual Vestry meeting on Sunday March 26.

Planned Giving Reports are now available for collection from the back of the Cathedral

The Friends Annual General Meeting - Sunday 19th March in the CP Hall, at 12.00, following the 10.30 service. Members of the Friends are especially encouraged to attend to hear about our activities in 2022, our financial status and our plans for future events. It is also an opportunity to renew yearly memberships. Some of our long serving committee members are retiring so there is room for new people and we would love some fresh ideas and different approaches that may be brought to the group. We hope to see you there. Pamela Saint, Vice chair.

The Friends' Plastic Bread-Tag project enters its final quarter: we shall stop collecting at the end of May. Thanks for your support over 9 months - 3 months to go. Proceeds provide wheelchairs in South Africa for people who can't afford them.

The Intinction of bread during communion is not recommended. Please follow the guidance of our clergy and serving team so we can keep our community safe. Thank you.

For your Prayers

For the Church	
International	The Church of South India (United) Moderator Abp Dharmaraj Rasalam
National	Grafton: Murray Harvey (Leanne)
South Australia	
Diocese of Adelaide	Anglican (CSI) Malayalam Congregation, Broadview: Santhosh Kumar (Sheeba)
Diocese of Willochra	Leigh Creek (Blinman, Hawker, Leigh Creek, the North East): vacant, (Hawker) Arthur Tanner (Jane), (Blinman) David Amery (Coralie)
Diocese of The Murray	Tatiara: Robert Hupfeld (Gerri)

For the People

We hold before God all those who have asked for our prayers, particularly:

Immediate Prayer: David Thomas, Martin Reece, Robert Black

Long Term Prayer: Francis Brooks, Peter Garland, Michael Ford, Max Lennard, Chris, Bridie Maxwell, Meredith Chesterman, Vernon Lewis, Pauline Van Buren, Alisha Coe-Fox, Anne Hogben, Matilda Lane, Patsy & Joan, Helena Fernandes, Cricket Fox, Daniella, David Shephard, Brian & Del Daniels, Heather Scott, Peter Black, Jean Arnold

We pray for those whose years mind occurs at this time:

- 12th Douglas Farnham Shield Stephen Andersson
- 13th Richard Elliot Saunders
- 14th Keith Hutton
- I 5th Edgar Castle
 Sarah Elizabeth Woollatt
 Olive May McDonald
 Paul Colin Bridgman
 Mary Kingsnorth Bleby
 Oswald Grotto
- 16th Joe Marshall
- 17th Stanley Trevor Pointer
- 18th Michael Richardson, Allan Perryman

THIS WEEK IN THE CATHEDRAL

For some services, the West Doors of the Cathedral are not opened. Please make your way to the northern (carpark) side of the Cathedral and enter through the St Barnabas Porch.

		Eucharist (Lady Chapel)
Mon 13 th March	9.15 am	Morning Prayer (St Barnabas College)
	10:30am-1:00pm	Open for visiting and private prayer
TUES I 4 TH MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	l 2:00pm	Midday Prayer Liturgies (Peace Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	7:30am	Eucharist (Lady Chapel)
	8:45 am	Morning Prayer (Dean's Chapel)
WED 15 TH MARCH	10:00am	Eucharist (Nave)
	10:30am-3:30pm	Open for visiting and private prayer
	I I:00am	Public Cathedral Tours
THURS 16 TH MARCH	7:30am	Eucharist (Lady Chapel)
	8:45am	Morning Prayer (Dean's Chapel)
	l 2:00pm	Midday Prayer Liturgies (Peace Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
	7:30am	Eucharist (Lady Chapel)
Fri I7 [™] March	8:45am	Morning Prayer (Dean's Chapel)
	10:30am-3:30pm	Open for visiting and private prayer
SAT I8 [™] MARCH		Closed
	8:00am	Eucharist from The Book of Common Prayer
SUN 19 TH MARCH	10:30am	Choral Eucharist
Fourth Sunday in Lent		Preacher – The Rev'd Sally Sandford-Morgan
Mothering Sunday	6:00pm	Choral Evensong
		Preacher – The Rev'd Dr Lynn Arnold AO

CATHEDRAL STAFF

Dean	The Right Reverend Chris McLeod
Canon Precentor	The Reverend Canon Jenny Wilson
Assistant Priest	The Reverend Sally Sandford-Morgan
Honorary Assistant Priest	The Reverend Dr Lynn Arnold AO
Honorary Assistant Priest	The Reverend Joan Claring-Bould
Cathedral Office	Suzanne Wilson, Robyn Shilcock,
	Marco Callisto, Emma Simpson-Smith
Director of Music	Anthony Hunt
Cathedral Organist	David Heah
Dean's Warden	Kevin Stracey
People's Warden	Reuben Jacob



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