

BCP Eucharist

The First Sunday in Lent

8:00am 6 March 2022

Welcome

A Good morning,
'For God so moved the heart of Cyrus' – these are words from the first verse of the Book of Ezra and were a response to the prayers of the people of God who were in exile. The power of prayer – we are all a people in exile from God's perfect Sabbath, so how do we pray?

Our readings this morning all make reference to this question. From Deuteronomy 26:10 we are told that the people of God were told, indeed we are all told, 'to bow down before the Lord your God'. Psalm 91:2 tells us that, when in the darkness of the shadows of the world, the people prayed 'Lord, you are my refuge and stronghold'. In Romans 10:13 we are reminded that 'Everyone who calls on the name of the Lord shall be saved.' Our gospel reading tells us of Jesus being 'full of the Holy Spirit (Luke 4:1), in other words in an ultimate state of prayerful communion with the Father.

With readings such as these and with our world having been cast into a very dark valley of conflict and distress, we are called in Christian love not only to think about those in Ukraine, Yemen, Syria and elsewhere who are in the grip of the violent breakdown of humanity's disregard for God's perfect Sabbath – we are called to pray for them. Not pray as in ticking a box but pray full of the Holy Spirit – to be in prayerful communion with the Father.

God bless, *The Rev'd Dr Lynn Arnold AO*

Celebrant

The Right Rev'd Chris McLeod

Preacher

The Rev'd Dr Lynn Arnold AO

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.

St Peter's
nurturing spirit and mind
CATHEDRAL

Please leave the post-it note on your seat as a marker for the cleaners.

A note on the wearing of face masks: Under current COVID restrictions, masks are mandatory in all indoor public places, including all places of worship. If you can wear a mask, you must wear a mask.

SA Health advises that there are circumstances where it might not be possible to wear a face mask, including where a person may have obstructed breathing, a serious skin condition of the face, an intellectual disability, or a mental health condition. Masks are also not required where “the nature of the work or education means that clear enunciation (ie speech) or visibility of their mouth is essential. This includes teachers, lecturers, broadcasters or call centre staff.”

When a person is consuming food, drink or medicine, their mask may be removed.

Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. **And with thy spirit.**

Please stand for the Collect

The Collect for the First Sunday in Lent

O saving God, who led your people through the wilderness and brought them to the promised land:

so guide us that, following our Saviour, we may walk through the wilderness of this world and be brought to the glory of the world which is to come;

through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Collect for Ash Wednesday

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Please sit for the first reading: Deuteronomy 26:1-11 (read by Elspeth Harley)

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.'
When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Hear the word of the Lord, **thanks be to God.**

Psalm 91:1-2, 9-16

Those who dwell in the shelter of the Most High:
who abide under the shadow of the Almighty,

**They will say to the Lord 'You are my refuge and my stronghold:
my God in whom I trust.'**

The Lord himself is your refuge: you have made the Most High your stronghold.

Therefore no harm will befall you: nor will any scourge come near your tent.

For he will command his angels: to keep you in all your ways.

They will bear you up in their hands: lest you dash your foot against a stone.

You will tread on the lion and the adder:

the young lion and the serpent you will trample under foot.

'You have set your love upon me,' says the Lord, 'and therefore I will deliver you:

I will lift you out of danger, because you have known my name.

'When you call upon me I will answer you:

I will be with you in trouble, I will rescue you and bring you to honour.

'With long life I will satisfy you: and fill you with my salvation.'

Second reading: Romans 10:4-13 (read by Joanna Goldsworthy)

For Christ is the end of the law so that there may be righteousness for everyone who believes.

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.'

But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down)

'or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead).

But what does it say?

'The word is near you,

on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

The scripture says, 'No one who believes in him will be put to shame.'

For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.

For, 'Everyone who calls on the name of the Lord shall be saved.'

Hear the word of the Lord, **thanks be to God.**

Please stand for the Gospel: Luke 4:1-15

The Lord be with you

And with thy spirit

The Holy Gospel is written in the 4th Chapter of the Gospel according to Luke, beginning at the 1st verse

Glory be to thee, O Lord

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."' "

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written,

"Worship the Lord your God, and serve only him." ' "

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written,

"He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

This is the Gospel of the Lord: **Praise be to thee, O Christ.**

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made:

Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Dr Lynn Arnold AO

Silence may follow, during which final preparations are done on the altar.

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments.

And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. **Amen.**

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

– *St Matthew 11:28*

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

– *St John 3:16*

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

– *1 Timothy 1:15*

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

– *1 St John 2:1*

Let us pray: *The Prayer of Humble Access*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; **And with thy spirit.**

Lift up your hearts; **We lift them up unto the Lord.**

Let us give thanks unto our Lord God; **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

Amen.

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you: **And with thy spirit.**

Agnus Dei

O Lamb of God that takest away the sins of the world; have mercy upon us.

O Lamb of God that takest away the sins of the world; have mercy upon us.

O Lamb of God that takest away the sins of the world; grant us thy peace.

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only.

Please keep your face mask on as you line up.

If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051
(Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation
(can be tapped more than once)

FOR YOUR PRAYERS

A prayer for all affected by Coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

International The Anglican Church of Korea Primate Abp Peter Kyongho Lee

National Bendigo: Matt Brain (Rachael)

South Australia

Diocese of Adelaide Salisbury: locum tenens July Ayuen (Mary)
Parafield Gardens: Chris McAleer (Karen)

Diocese of Willochra Ceduna (Penong, Ceduna, Smoky Bay): Susan Johnson,
Ministry in the Gawler Ranges vacant

Diocese of The Murray The Hills (Onkaparinga Valley): vacant

Immediate Prayer Ann and David Smith, Edna Allison, Anne Hogben,
Jennifer Bailey, Patsy and Joan, Megan Chambers, Robert and
Glenys Birks, John and Eileen Williams, Alisha Coe-Fox

Long Term Prayer Bishop Andrew St John, Max Lennard, Chris, Anne Fitzgerald,
Cynthia Thomas, Nicholas Tipping, Bridie Maxwell,
Meredith Chesterman, Heather Scott, Bob, John Pearse,
Ossy Grotto, Liz Johnson, Cricket Fox, Vernon Lewis,
Pauline Van Buren, Peter Garland, Alison Lockett

Year's Mind

6th Dorothy Daw, Derek Robertson

8th Dorothy Lloyd, Lance Edward Sutcliffe

9th John Reginald Harmer, Nellie Gibbs

10th Amy Berry, Frank Hulme-Moir (pr. hewm)

12th Douglas Farnham Shield, Stephen Andersson

COMMUNITY NOTICES

Lent Sermon Series begins at Evensong today with a sermon on reconciliation.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's guest is The Right Reverend Chris McLeod, to discuss the Lent Sermon series on the theme of reconciliation, which begins at Evensong today.

Morning Teas during Lent

Morning tea and coffee will be served after the **8am** service at the back of the Cathedral on the first Sunday of the month, beginning **today**, March 6th.

Morning tea and coffee will be served after the **10.30am** service during Lent in the Courtyard on March 13th, March 27th (in the Cathedral before Vestry meeting) and April 10th.

St Peter's Cathedral Lent Studies 2022

This Lent we will be studying "A Voice in the Wilderness: Listening to the Statement from the Heart" by Celia Kemp.

From 7/8 March:

- **Mondays at 10am** led by Rev'd Canon Jenny Wilson;

- **Mondays at 7pm** led by Rev'd Dr Lynn Arnold;

- **Tuesdays at 5pm** led by Bishop Chris and Susan McLeod.

The book can be read online at no cost or hard copies can be purchased for \$20/\$30.

Please sign up on the sheets at the back of the Cathedral or contact the office at events@stpeters-cathedral.org.au or 82674551 stating which group you wish to attend and if you wish to buy a book.

Lent Study books have arrived!

All who have ordered a book for the Lent study may collect and pay for the book at the Cathedral Shop on Sundays or from the Cathedral Office during office hours.

Christian Meditation at St Peter's Cathedral is on the 4th Saturday of each month in the Cynthia Poulton Hall at **9.30am**. The next meeting is on **Saturday 26 March**. No experience necessary. Let go of the stresses of the week and sit in peace.

Simmel Cake: A tradition associated with **Mothering Sunday**, celebrated this year on the **27th of March**, is to enjoy Simmel cake. We are looking for people to bake a cake or two. A 'Sign-up' sheet and recipe is available in the Cathedral. If you have any queries, please phone Cathedral Office.

Annual Vestry Meeting: Notice is hereby given that the St Peter's Cathedral Vestry Meeting will be held in the Cathedral on **Sunday 27th March 2022 at 12 noon**.

Services for Holy Week and Easter are now published – look for leaflets by the Cathedral doors, or check the website.

Cathedral open for visiting: between the hours of 11am and 1pm, Monday to Friday. If you would like to volunteer two hours of your time to welcome visitors on an occasional basis, please contact the office.

THIS WEEK IN THE CATHEDRAL

SUNDAY 6TH MARCH 2022

Lent 1

8:00am Holy Communion (BCP)

Preacher: The Rev'd Dr Lynn Arnold AO

10:30am Choral Eucharist

Preacher: The Rev'd Dr Lynn Arnold AO

6:00pm Choral Evensong

Preacher: The Rt Rev'd Chris McLeod

WEEKDAY SERVICES

7:30am Eucharist

(Nave Altar)

8:45am Morning Prayer

(Cathedral Close)

SUNDAY 13TH MARCH 2022

Lent 2

8:00am Holy Communion (BCP)

Preacher: The Rt Rev'd Chris McLeod

10:30am Choral Eucharist

Preacher: The Rt Rev'd Chris McLeod

6:00pm Choral Evensong

Preacher: The Rev'd Joan Claring-Bould



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Office hours 9.00am-5.00pm

Monday to Friday

Clergy

The Right Rev'd Chris McLeod

Dean

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest

The Rev'd Joan Claring-Bould

Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Suzanne Wilson

Administration Assistant

Music Department

Anthony Hunt, *Director of Music*

David Heah, *Cathedral Organist*

Cathedral Wardens

Kevin Stracey, *Dean's Warden*

Reuben Jacob, *People's Warden*

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