BCP Eucharist

The Eleventh Sunday After Pentecost 8:00am 8 August 2021

Welcome: It was not so long ago that if a person were to wear a mask, or a motorcycle helmet, into a bank, the police would be alerted to the possibility of wrongdoing. To wear a burka in public would likely bring suspicion and public scrutiny. To wear a mask to church would have caused suspicion of domestic violence or terrible acne. How times have changed.

Last week, for the first time, we were instructed to wear a mask when attending worship in St Peter's Cathedral. I am thankful that every person who attended did indeed wear a mask, and diligently raised and lowered it for the consumption of the Blessed Sacrament.

It was also evident that the number of people attending worship was lower than average. As a result, the prayer for Spiritual Communion was included at the time of administration. For the people who participate in the livestreamed service, this helps us to be aware that even when absent from the Cathedral we can still participate in that most Holy of activities, the reception of the Body and Blood of our Lord Jesus.

Spiritual Communion is not a new thing recently invented. There have always been people critically ill who have lost the capacity to swallow even the most minute morsel of food. For these people the priest has offered, and will continue to offer, Spiritual Communion.

The Rev'd Adrian Stephens, Locum Dean

Celebrant
The Rev'd Dr Lynn Arnold AO

*Preacher*The Rev'd Canon Jenny Wilson

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.



Please leave the post-it note on your seat as a marker for the cleaners.

A note on the wearing of face masks: Under current COVID restrictions, masks are mandatory in all indoor public places, including all places of worship. If you can wear a mask, you must wear a mask.

SA Health advises that there are circumstances where it might not be possible to wear a face mask, including where a person may have obstructed breathing, a serious skin condition of the face, an intellectual disability, or a mental health condition. Masks are also not required where "the nature of the work or education means that clear enunciation (ie speech) or visibility of their mouth is essential. This includes teachers, lecturers, broadcasters or call centre staff."

When a person is consuming food, drink or medicine, their mask may be removed.

Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. And with thy spirit.

The Collect

Grant, O Lord, that we may see in you the fulfilment of all our need, and may turn from every false satisfaction to feed on the true and living bread that you have given us in Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please sit for the first reading: 2 Samuel 18:5-9, 14, 31-33 (read by Ian Clarke)

The king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom.

So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword.

Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. Joab said, 'I will not waste time like this with you.' He took three spears in his hand, and thrust them into the heart of Absalom, while he was still alive in the oak.

Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.'

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

Hear the word of the Lord, thanks be to God.

Psalm 130

Out of the depths have I called to you, O Lord: Lord, hear my voice;

O let your ears consider well: the voice of my supplication.

If you, Lord, should note what we do wrong: who then, O Lord, could stand?

But there is forgiveness with you: so that you shall be feared.

I wait for the Lord, my soul waits for him: and in his word is my hope.

My soul looks for the Lord:

more than watchmen for the morning, more, I say, than watchmen for the morning.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is ample redemption.

He will redeem Israel: from the multitude of their sins.

Second reading: Ephesians 4:25-5:2 (read by Ros Clarke)

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.

Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear the word of the Lord, thanks be to God.

Please stand for the Gospel: 6:35, 41-51

The Lord be with you

And with thy spirit

The Holy Gospel is written in the 6th Chapter of the Gospel according to John, beginning at the 35th verse.

Glory be to thee, O Lord

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord, Praise be to thee, O Christ.

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made:

Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father

and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Canon Jenny Wilson Silence may follow, during which final preparations are done on the altar.

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051 (Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. Amen.

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

- St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. — *St John 3:16*

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

-1 Timothy 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

-1 St John 2:1

Let us pray: The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; And with thy spirit.

Lift up your hearts; We lift them up unto the Lord.

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you **And with thy spirit.**

Agnus Dei

- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; grant us thy peace.

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only.

Please keep your face mask on as you line up.

Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

FOR YOUR PRAYERS

A prayer as we seek a new Dean

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; an encourager who will equip your people for ministry and enable us to fulfil our calling. Give to those who will choose, wisdom, discernment and patience, and to us give warm and generous hearts, for Jesus Christ's sake. **Amen.**

International The Church of South India (United)

Moderator Abp Dharmaraj Rasalam

National

Bunbury: Ian Coutts (Anne)

South Australia

Diocese of Adelaide Flinders Medical Centre: Hilary Reddrop (Alan),

Peter Chapman

Diocese of Willochra The Community of SS Barnabas and Cecilia in its Ministry of

Encouragement: (Nabas Community House, Gladstone) the Rev'd Sister Sandra, (Dispersed Community Members) Sisters

Sue, Riccarda, Bev, Pauline, Cheryl, Katherine, Susan,

the Friends of the Community

Diocese of The Murray Lower Limestone Coast (Millicent & Penola):

Lyndon Sulzberger (Rachele)

Immediate Prayer Pauline Van Buren, Cricket Fox, Diana Singh, Max Lennard,

Peter Garland, Natalia, Fr Peter Kurti, Chris

Year's Mind 8th Hilda Medder, Robert Allen Nott

9th Ronald Frank Steele, Helen Reid, Roger Alfred Lewis

10th Dorothy Elizabeth Mortlock, Ian Van der Straaten,

Don Moyle, Philip James Cowles

11th Harold Williams, Christine Anne Oliver

12th Thomas Osmond Scrutton, Audrey Grace Pavey

13th Percy William Charlton Wise, Luke Williams SSM,

Edward Hayward, Alick Casson

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

COMMUNITY NOTICES

Cathedral Opening Hours: The Cathedral will re-open to visitors this week on Monday from 11am-1pm, and Tuesday-Friday from 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's guest will be ...

Gardening Volunteers Required: Our dedicated volunteers Michael and John are looking for some more hands! Help is needed with the general maintenance of the gardens and lawns surrounding the Cathedral. For more information, please contact the Cathedral Office.

New Study Group - Alpha: Please note that the first meeting of a new Alpha course at the Cathedral is postponed by one week and will now be held on Saturday 14 August 2021. The course will run for 8 weeks in the CP Hall on Saturdays from 5pm-7pm, but it is not essential to attend every session. All are welcome to come along when they can, to have a meal, to have discussions, and to renew or deepen our faith. Feel free to tell your friends outside of the Cathedral, too! Please RSVP to Rev'd Peter Jin on 0420 209 987 or pjin@stpeters-cathedral.org.au. You can also visit www.alpha.org.au for more information.

RESCHEDULED - ABM Special Event in the CP Hall: The new date for this event is Sunday 29 August 2021 at 4pm in the CP Hall, with Meagan Schwarz as guest speaker at the 6pm service. Four Adelaide clergy members have recently walked the ABM Larapinta Challenge to raise funds for the Anglican Board of Mission. You can hear about their experience first-hand at this event. RSVP to info@abmission.org.au.

COVID permitting – My Song is Love Unknown: Our rescheduled choral concert is coming up next week on Saturday 14 August at 2pm in the Cathedral (hopefully!).

Under current COVID restrictions, indoor group singing is still prohibited, and we have no way of knowing whether or not this restriction will be lifted by the end of next week. We are very much hoping that it will be, and that this concert can go ahead as planned.

September Creation Study 2021: On Mondays in the month of September, Jenny Wilson and Lynn Arnold will each lead a study on "Creation and the Cross" by Elizabeth J. Johnson. This book engages in a conversation about a central Christian belief in a God who saves, and how this belief affects life and practice at our crucial ecological juncture. There is no need to purchase the book, as all materials will be supplied. The 10am group will be led by Jenny in the CP Hall, with the 7pm group led by Lynn in the John Dunn Room. Both groups commence on Monday 6 September for 4 weeks. Registrations are essential so we can keep our numbers COVID-safe. To register, please email events@stpeterscathedral.org.au or call the Cathedral Office on 8267 4551.

Brass & Silver Cleaners Needed: If you can help with cleaning the beautiful silver and brass in the Cathedral, please contact Ranjini Nitchingham on 0412 790 544 or email nnitchin@bigpond.net.au



We ask all ticket holders to please keep a close eye on their emails next week, as we will have to leave any decision to cancel until the very last minute!

THIS WEEK IN THE CATHEDRAL

SUNDAY 8TH AUGUST 2021

Pentecost 11

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Evensong

Preacher: The Rev'd Joan Claring-Bould

WEEKDAYS

7:30am Eucharist
(Lady Chapel)
8:45am Morning Prayer
(Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP) (*Lady Chapel*)

SUNDAY 15TH AUGUST 2021

Pentecost 12

8:00am Holy Communion (BCP)

Preacher: The Rev'd Peter Jin

10:30am Eucharist

Preacher: The Rev'd Peter Jin

6:00pm Evensong

Preacher: The Rev'd Adrian Stephens



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Website: www.stpeters-cathedral.org.au

Office hours 9.00am-5.00pm Monday to Friday

Clergy

The Rev'd Adrian Stephens *Locum Dean*

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest

The Rev'd Joan Claring-Bould

Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Rachel Bruerville

Administration Assistant

Music Department

Anthony Hunt, Director of Music David Heah, Cathedral Organist

Cathedral Wardens

Kevin Stracey, *Dean's Warden* Reuben Jacob, *People's Warden*

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