BCP Eucharist The Seventh Sunday After Pentecost 8:00am 11 July 2021

Welcome: There are many commands that our Lord has placed before us. We have the greater commandments to love God and to love our neighbour. We should not overlook the command to go out and baptise all nations in the name of the Trinity of God: Father, Son, and Holy Spirit.

Importantly, we also have the instruction to celebrate the Eucharist in which we are encouraged to absorb the very essence of Christ. When he was at table with the disciples, he offered the bread and the wine with the teaching that it has become Christ's Body and Blood. "Do this in remembrance of me." This Eucharistic meal is not a once off event. We are to do this as a remembrance of Christ. We are also encouraged to receive this sacrament as an ongoing activity within our spiritual life. This Eucharist is our source of Spiritual food. We hold out our hands with thanksgiving to receive the essence of Christ, and we are strengthened in our faith through the calm reassurance of the presence of Christ within us.

Everyone is welcome to attend the Eucharist and to enjoy the calm of The Lady Chapel at 7.30am weekdays.

The Rev'd Adrian Stephens, Locum Dean

Celebrant The Rev'd Dr Lynn Arnold AO

Preacher The Rev'd Adrian Stephens



St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.

Please leave the post-it note on your seat as a marker for the cleaners.

Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. And with thy spirit.

The Collect

Eternal God, open our eyes to see your hand at work in the splendour of creation and in the beauty of human life. Help us to cherish the gifts that surround us, to share our blessings with our sisters and brothers, and to experience the joy of life in your presence; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Please sit for the first reading: 2 Samuel 6:1-5, 12b-19 (read by Elspeth Harley)

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Hear the word of the Lord, thanks be to God.

Psalm 24

The earth is the Lord's and all that is in it:

the compass of the world and those who dwell therein.

For he has founded it upon the seas: and established it upon the waters.

Who shall ascend the hill of the Lord: or who shall stand in his holy place?

Those who have clean hands and a pure heart:

who have not set their soul upon idols, nor sworn their oath to a lie. They shall receive blessing from the Lord:

and recompense from the God of their salvation.

- Of such a kind as this are those who seek him:
 - those who seek your face, O God of Jacob.
- Lift up your heads, O you gates, and be lifted up, you everlasting doors: and the King of glory shall come in.

Who is the King of glory?: the Lord, strong and mighty, the Lord mighty in battle.

Lift up your heads, O you gates, and be lifted up, you everlasting doors: and the King of glory shall come in.

Who is the King of glory?: the Lord of hosts, he is the King of glory.

Second reading: Ephesians 1:1-14 (read by Alyson Morrison)

Paul, an apostle of Christ Jesus by the will of God,

To the saints who are in Ephesus and are faithful in Christ Jesus:

Grace to you and peace from God our Father and the Lord Jesus Christ.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

Hear the word of the Lord, thanks be to God.

Please stand for the Gospel: Mark 6:14-29

The Lord be with you

And with thy spirit

The Holy Gospel is written in the 6th Chapter of the Gospel according to Mark, beginning at the 14th verse.

Glory be to thee, O Lord

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee.

When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord, Praise be to thee, O Christ.

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father.

And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Adrian Stephens

Silence may follow, during which final preparations are done on the altar.

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051 (Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land. Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. Amen.

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

- St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. – *St John 3:16*

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. -1 *Timothy* 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. -1 St John 2:1

Let us pray: The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; And with thy spirit.

Lift up your hearts; We lift them up unto the Lord.

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you **And with thy spirit.**

Agnus Dei

O Lamb of God that takest away the sins of the world; have mercy upon us. O Lamb of God that takest away the sins of the world; have mercy upon us. O Lamb of God that takest away the sins of the world; grant us thy peace.

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

FOR YOUR PRAYERS

A prayer as we seek a new Dean

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; an encourager who will equip your people for ministry and enable us to fulfil our calling. Give to those who will choose, wisdom, discernment and patience, and to us give warm and generous hearts, for Jesus Christ's sake. **Amen.**

1	8
International	The Episcopal Church in the Philippines
	Prime Bishop Abp Joel Atiwag Pachao
National	Gippsland: Richard Treloar (Leanne)
South Australia	
Diocese of Adelaide	Payneham: Janet Phillips (Paul), Dawn Colsey,
	Hilary Reddrop (Alan)
Diocese of Willochra	The Copper Coast: Ali Wurm, Deacon Sheridan Brand
Diocese of The Murray	Upper Limestone Coast (Naracoorte): Wayne Corker
Immediate Prayer	Pauline Van Buren, Cricket Fox, Diana Singh, Natalia Kloczko,
	Max Lennard
Thank you for blessir	ngs received Phil Stephen
Rest in Peace	Rhonda Curtis
Year's Mind	12 th George Wilfred Scholefield, Herbert Henry Coles,
	Marguerite Mora Claring-Bould, Robert George Porter,
	Kathleen Madge (Kitty) Medder
	14 th Samuel Taylor, William Robert Ray
	15 th Sydney May Evans
	16 th Lettice Poulton
	17 th Una Margaret (Penny) Sunter, Lucy Janet MacKay,

John Paul Collas

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

COMMUNITY NOTICES

New to the Cathedral? Connect with us using the green Connect card or online <u>http://www.stpeters-</u> <u>cathedral.org.au/connect-with-us/</u>

Name Badges: Order a Cathedral name badge from Pam Saint on 0419 031 871 or Cathedral Office 8267 4551. \$20 each.

Cathedral Visiting Hours: The Cathedral is open for visiting and private prayer on Mondays 11am-1pm, and Tuesday-Friday, 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's program will be a replay of his interview with Frank and Christine Nelson (part 2 of 3).

Planned Giving Reports: Now available to collect in the Cathedral.

Hymn Singing and Mulled Wine: Next Sunday, 18 July 2021, all are welcome to join the Friends of St Peter's Cathedral after Evensong for hymn singing in the CP Hall with Stuart Langshaw as MC and Greg Crawford on Piano. Magdalene Centre Dinner - 17 July 2021: Our second visit to the Centre for 2021 is this Saturday 17 July. All meals will be prepared for takeaway only. If you are willing to provide a casserole, please put your name on the clipboard (on the table near the main doors) and take a copy of the common casserole recipe that we use. We would also ask people to make a cake or brownies for dessert. Due to COVID restrictions we require 6 people only to assist on the night. Please add your name to the clipboard if you can help on the night (approx. 4.45 until 7.30pm). If you would like to help with the expenses, there are specially marked envelopes for your donations. Donations will be collected from the Cathedral at 6pm on Friday 16 July. Please contact Jillian Badge on 0406 860 934 or jillianbadge1@gmail.com

THIS WEEK IN THE CATHEDRAL

SUNDAY 11TH JULY 2021 Pentecost 7 8:00am Holy Communion (BCP) Preacher: The Rev'd Adrian Stephens 10:30am Sung Eucharist Preacher: The Rev'd Adrian Stephens 6:00pm Evening Prayer Preacher: The Rev'd Dr Lynn Arnold AO

St Peter's nurturing spirit and mind CATHEDRAL

Cathedral Office 27 King William Rd, North Adelaide SA 5006 Phone: (08) 8267 4551 Email: office@stpeters-cathedral.org.au Website: www.stpeters-cathedral.org.au Office hours 9.00am-5.00pm Monday to Friday

Clergy

The Rev'd Adrian Stephens *Locum Dean* The Rev'd Canon Jenny Wilson *Canon Precentor* The Rev'd Peter Jin *Assistant Priest* The Rev'd Dr Lynn Arnold AO *Honorary Assistant Priest* The Rev'd Joan Claring-Bould *Honorary Assistant Priest*

> Cathedral Office Kate Palmrose Cathedral Administrator Rachel Bruerville Administration Assistant

Music Department Anthony Hunt, Director of Music David Heah, Cathedral Organist

Cathedral Wardens Kevin Stracey, *Dean's Warden* Reuben Jacob, *People's Warden*

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WEEKDAYS

7:30am Eucharist (Lady Chapel) 8:45am Morning Prayer (Dean's Chapel) **WEDNESDAY** 10:00am Holy Communion (BCP) (Lady Chapel)

SUNDAY 18TH JULY 2021

Pentecost 8 8:00am Holy Communion (BCP) Preacher: The Rev'd Canon Jenny Wilson 10:30am Choral Eucharist Preacher: The Rev'd Canon Jenny Wilson 6:00pm Choral Evensong Preacher: The Rev'd Peter Jin