Sung Eucharist

The Seventh Sunday After Pentecost 10:30am 11 July 2021

Welcome: There are many commands that our Lord has placed before us. We have the greater commandments to love God and to love our neighbour. We should not overlook the command to go out and baptise all nations in the name of the Trinity of God: Father, Son, and Holy Spirit.

Importantly, we also have the instruction to celebrate the Eucharist in which we are encouraged to absorb the very essence of Christ. When he was at table with the disciples, he offered the bread and the wine with the teaching that it has become Christ's Body and Blood. "Do this in remembrance of me." This Eucharistic meal is not a once off event. We are to do this as a remembrance of Christ. We are also encouraged to receive this sacrament as an ongoing activity within our spiritual life. This Eucharist is our source of Spiritual food. We hold out our hands with thanksgiving to receive the essence of Christ, and we are strengthened in our faith through the calm reassurance of the presence of Christ within us.

Everyone is welcome to attend the Eucharist and to enjoy the calm of The Lady Chapel at 7.30am weekdays.

The Rev'd Adrian Stephens, Locum Dean

Celebrant
The Rev'd Peter Jin

*Preacher*The Rev'd Adrian Stephens

Deacon

Tony Iluno

Subdeacon

The Rev'd Canon Jenny Wilson

Master of Ceremonies Reuben Jacob

Organist
Marco Callisto

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.



Hymn: #506 [Aurelia]

The church's one foundation

- The church's one foundation
 is Jesus Christ her Lord;
 she is his new creation
 by water and the word:
 from heaven he came and sought her
 to be his holy Bride;
 with his own blood he bought her,
 and for her life he died.
- 2. Elect from every nation, yet one o'er all the earth, her charter of salvation one Lord, one faith, one birth; one holy name she blesses, partakes one holy food, and to one hope she presses with every grace endued.
- 3. Though with a scornful wonder men see her sore opprest, by schisms rent asunder, by heresies distrest; yet saints their watch are keeping, their cry goes up, 'How long?' And soon the night of weeping shall be the morn of song.
- 4. 'Mid toil and tribulation, and tumult of her war, she waits the consummation of peace for evermore; till with the vision glorious her longing eyes are blest, and the great church victorious shall be the church at rest.
- 5. Yet she on earth hath union with God the Three in One, and mystic sweet communion with those whose rest is won:
 O happy ones and holy!
 Lord, give us grace that we, like them, the meek and lowly, on high may dwell with thee.

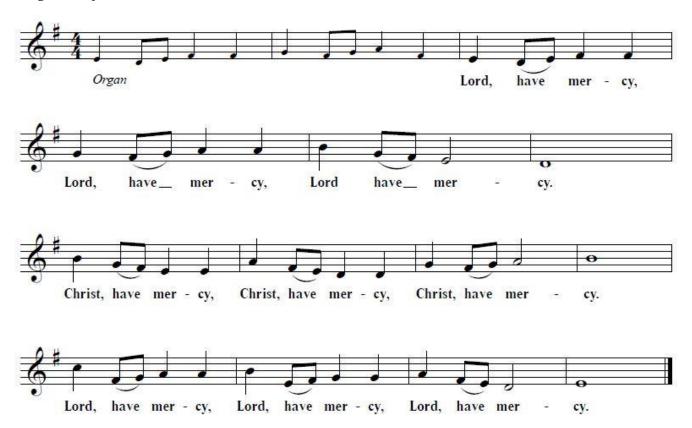
Words: Samuel John Stone (1832-1900) Music: Samuel Sebastian Wesley (1810-1876)

The Lord be with you. And also with you.

Who shall stand in the Lord's holy place? Those who have clean hands and pure hearts, who do not lift up their hands to what is false. — *Psalm* 24:3-4

Let us pray. (Please kneel/sit)

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Christ our Lord. Amen.



God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do:

We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins.

Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen**



Please remain standing for the Collect

Eternal God, open our eyes to see your hand at work in the splendour of creation and in the beauty of human life. Help us to cherish the gifts that surround us, to share our blessings with our sisters and brothers, and to experience the joy of life in your presence; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Please sit for the first reading: 2 Samuel 6:1-5, 12b-19 (read by John Marley)

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Hear the word of the Lord, thanks be to God.

Psalm 24 (said)

The earth is the Lord's and all that is in it:

the compass of the world and those who dwell therein.

For he has founded it upon the seas: and established it upon the waters.

Who shall ascend the hill of the Lord: or who shall stand in his holy place?

Those who have clean hands and a pure heart:

who have not set their soul upon idols, nor sworn their oath to a lie.

They shall receive blessing from the Lord:

and recompense from the God of their salvation.

Of such a kind as this are those who seek him:

those who seek your face, O God of Jacob.

Lift up your heads, O you gates, and be lifted up, you everlasting doors: and the King of glory shall come in.

Who is the King of glory?: the Lord, strong and mighty, the Lord mighty in battle.

Lift up your heads, O you gates, and be lifted up, you everlasting doors: and the King of glory shall come in.

Who is the King of glory?: the Lord of hosts, he is the King of glory.

Second reading: Ephesians 1:1-14 (read by Roslyn Marley)

Paul, an apostle of Christ Jesus by the will of God,

To the saints who are in Ephesus and are faithful in Christ Jesus:

Grace to you and peace from God our Father and the Lord Jesus Christ.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

Hear the word of the Lord, thanks be to God.

Hymn: #272 [Stuttgart]

Father, Lord of earth and heaven

- 1. Father, Lord of earth and heaven, King to whom all gifts belong, give your greatest gift, your Spirit, God the holy, God the strong.
- 2. Son of God, enthroned in glory, send your promised gift of grace; make your Church your holy temple, God the Spirit's dwelling-place.
- 3. Spirit, come in peace descending as at Jordan, heavenly dove; seal your Church as God's anointed, set our hearts on fire with love.
- 4. Stay among us, God the Father, stay among us, God the Son, stay among us, Holy Spirit: dwell within us, make us one.

Words: James Quinn, SJ (1919-2010)

Music: Adapted from a melody in Psalmodia Sacra, Gotha, 1715

Please stand for the Gospel Reading: Mark 6:14-29

Alleluia!

Alleluia!

Your words are spirit, Lord and they are life: you have the message of eternal life.

Alleluia!

The Lord be with you. And also with you.

The Gospel of our Lord Jesus Christ according to Mark

All sing:



King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee.

When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord

All sing:



Children are invited to follow the Gospel procession down the aisle, then go to the Cynthia Poulton Hall for Cathedral Kids. They will return in time for Communion.

Please sit for the Sermon: The Rev'd Adrian Stephens Silence may follow

Please stand for the Creed

Let us together affirm the faith of the Church.

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

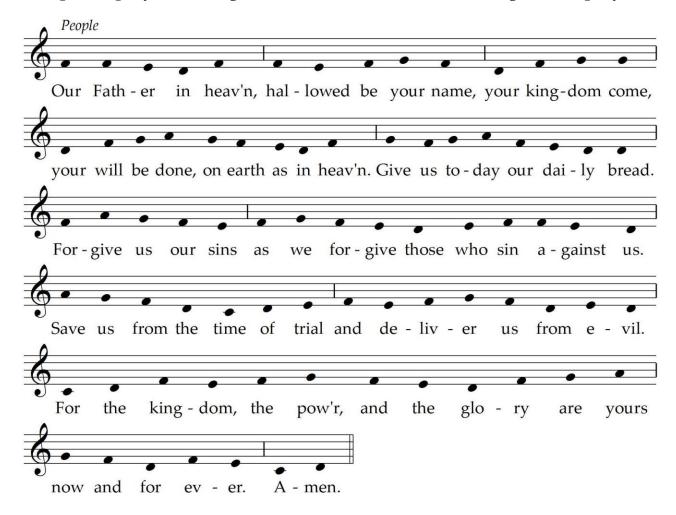
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel/sit for the prayers (led by Lavinia Gent) Let us pray for the world and for the Church

The intercessor concludes:

Accept our prayers through Jesus Christ our Lord, who taught us to pray:



Please stand for the Greeting of Peace

We are the body of Christ. His Spirit is with us.

The peace of the Lord be always with you. And also with you.

Hymn: #565 [Unde et Memores]

Pray for the church afflicted and oppressed

- 1. Pray for the church afflicted and oppressed, for all who suffer for the gospel's sake, that Christ may show us how to serve them best in that one kingdom Satan cannot shake. But how much more than us they have to give, who by their dying show us how to live!
- 2. Pray for Christ's dissidents, who daily wait, as Jesus waiting in the olive grove, the unjust trial, the pre-determined fate, the world's contempt for reconciling love. Shall all they won for us, at such a cost, be by our negligence or weakness lost?
- 3. Pray that if times of testing should lay bare what sort we are, who call ourselves his own, we may be counted worthy then to wear, with quiet fortitude, Christ's only crown: the crown that in his saints he wears again the crown of thorns that signifies his reign.

Words: Fred Pratt Green (1903-2000) Music: William Henry Monk (1823-1889)

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051 (Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please remain standing

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom. **Blessed be God for ever.**

The Lord be with you. Lift up your hearts.

Let us give thanks to the Lord our God.

And also with you.
We lift them to the Lord.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere, mighty Creator, everliving God. We give you thanks and praise for your Son, our Saviour Jesus Christ, who by the power of your Spirit was born of Mary and lived as one of us.

By his death on the cross and rising to new life, he offered the one true sacrifice for sin and obtained an eternal deliverance for his people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

All sing: Sanctus & Benedictus



Merciful God, we thank you for these gifts of your creation, this bread and wine and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take, eat. This is my body given for you. Do this in remembrance of me.'

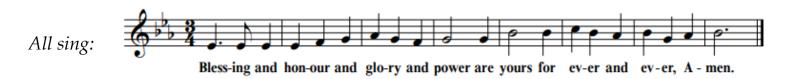
After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world.

Let us proclaim the mystery of faith:



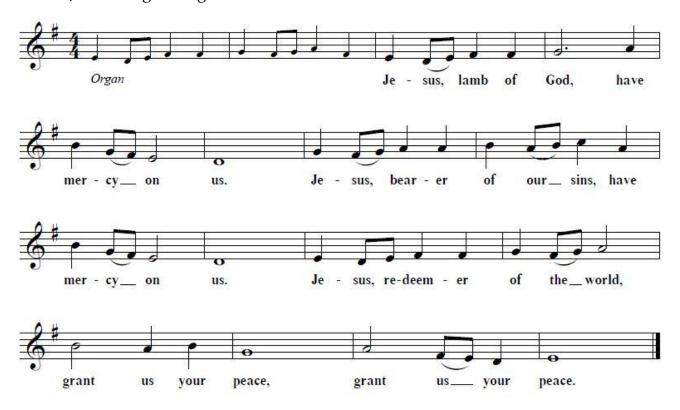
Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:



We break this bread to share in the body of Christ.

We who are many are one body, for we all share in the one bread.

The gifts of God for the people of God. Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.



Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal).

Gluten free bread is available; please ask for this from the priest giving communion.

During the administration of Holy Communion the Organist will play.

Please kneel/sit for the prayers after Communion

Gracious God, we thank you that in this sacrament you assure us of your goodness and love. Accept our sacrifice of praise and thanksgiving and help us to grow in love and obedience that we may serve you in the world and finally be brought to that table where all your saints feast with you for ever.

Most loving God, you send us into the world you love.

Give us grace to go thankfully and with courage in the power of your Spirit.

Hymn: #335 [St Peter] My God, accept my heart this day (Omit verse 5)

- My God, accept my heart this day, and make it always thine, that I from thee no more may stray, no more from thee decline.
- Before the cross of him who died, behold, I prostrate fall; let every sin be crucified, and Christ be all in all.
- 3. Anoint me with thy heavenly grace, and seal me for thine own; that I may see thy glorious face, and worship near thy throne.
- Let every thought and work and word to thee be ever given:
 Then life shall be thy service, Lord, and death the gate of heaven.

Words: Matthew Bridges (1800–1894) Music: Alexander Robert Reinagle (1799-1877)

Please remain standing for the Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God Almighty the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord:

In the name of Christ. Amen.

You are invited to listen reflectively to the organ postlude: Schumann (1810-1856) – *Sketch in F Minor*

FOR YOUR PRAYERS

A prayer as we seek a new Dean

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; an encourager who will equip your people for ministry and enable us to fulfil our calling. Give to those who will choose, wisdom, discernment and patience, and to us give warm and generous hearts, for Jesus Christ's sake. **Amen.**

International The Episcopal Church in the Philippines

Prime Bishop Abp Joel Atiwag Pachao

National Gippsland: Richard Treloar (Leanne)

South Australia

Diocese of Adelaide Payneham: Janet Phillips (Paul), Dawn Colsey,

Hilary Reddrop (Alan)

Diocese of Willochra The Copper Coast: Ali Wurm, Deacon Sheridan Brand Upper Limestone Coast (Naracoorte): Wayne Corker

Immediate Prayer Pauline Van Buren, Cricket Fox, Diana Singh, Natalia Kloczko,

Max Lennard

Thank you for blessings received Phil Stephen

Rest in Peace Rhonda Curtis

Year's Mind 12th George Wilfred Scholefield, Herbert Henry Coles,

Marguerite Mora Claring-Bould, Robert George Porter,

Kathleen Madge (Kitty) Medder

14th Samuel Taylor, William Robert Ray

15th Sydney May Evans 16th Lettice Poulton

17th Una Margaret (Penny) Sunter, Lucy Janet MacKay,

John Paul Collas

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

COMMUNITY NOTICES

New to the Cathedral? Connect with us using the green Connect card or online http://www.stpeters-cathedral.org.au/connect-with-us/

Name Badges: Order a Cathedral name badge from Pam Saint on 0419 031 871 or Cathedral Office 8267 4551. \$20 each.

Cathedral Visiting Hours: The Cathedral is open for visiting and private prayer on Mondays 11am-1pm, and Tuesday-Friday, 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's program will be a replay of his interview with Frank and Christine Nelson (part 2 of 3).

Planned Giving Reports: Now available to collect in the Cathedral.

Hymn Singing and Mulled Wine: Next Sunday, 18 July 2021, all are welcome to join the Friends of St Peter's Cathedral after Evensong for hymn singing in the CP Hall with Stuart Langshaw as MC and Greg Crawford on Piano.

Magdalene Centre Dinner - 17 July **2021:** Our second visit to the Centre for 2021 is this Saturday 17 July. All meals will be prepared for takeaway only. If you are willing to provide a casserole, please put your name on the clipboard (on the table near the main doors) and take a copy of the common casserole recipe that we use. We would also ask people to make a cake or brownies for dessert. Due to COVID restrictions we require 6 people only to assist on the night. Please add your name to the clipboard if you can help on the night (approx. 4.45 until 7.30pm). If you would like to help with the expenses, there are specially marked envelopes for your donations. Donations will be collected from the Cathedral at 6pm on Friday 16 July. Please contact Jillian Badge on 0406 860 934 or jillianbadge1@gmail.com

THIS WEEK IN THE CATHEDRAL

SUNDAY 11TH JULY 2021

Pentecost 7

8:00am Holy Communion (BCP)

Preacher: The Rev'd Adrian Stephens

10:30am Sung Eucharist

Preacher: The Rev'd Adrian Stephens

6:00pm Evening Prayer

Preacher: The Rev'd Dr Lynn Arnold AO

WEEKDAYS

7:30am Eucharist
(Lady Chapel)
8:45am Morning Prayer
(Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP) (Lady Chapel)

SUNDAY 18TH JULY 2021

Pentecost 8

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Choral Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Choral Evensong

Preacher: The Rev'd Peter Jin



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Office hours 9.00am-5.00pm Monday to Friday

Clergy

The Rev'd Adrian Stephens *Locum Dean*

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest
The Rev'd Joan Claring-Bould

Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Rachel Bruerville

Administration Assistant

Music Department

Anthony Hunt, Director of Music David Heah, Cathedral Organist

Cathedral Wardens

Kevin Stracey, *Dean's Warden* Reuben Jacob, *People's Warden*

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