

BCP Eucharist

The Fourth Sunday After Pentecost

8:00am 20 June 2021

Welcome: We are a people of faith, and as a people of faith we will always seek to open our hearts and minds in prayer. Well, that sounds good, but when pressed are we able to explain what prayer is? Is it to simply sit in silence listening for God, or meditating? That must help. Is it an opportunity to reel off our shopping list of wants so that God knows what is best for us? Not so much. Is it an opportunity to tell God what to do? Perhaps not.

When I prepare prayers for sharing and for private use I like to think of the old formula of **ACTS**. As we sit before God: We are to Adore God; We are to Confess our shortcomings to God; we are to offer our Thanksgiving to God; we make our Supplications before God knowing that God is listening and that our prayers will be answered. I find that this formula, **ACTS**, keeps my prayerful focus on God where it belongs.

The Rev'd Adrian Stephens, Locum Dean

Celebrant

The Rev'd Adrian Stephens

Preacher

The Rev'd Canon Jenny Wilson

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.

St Peter's
nurturing spirit and mind
CATHEDRAL

Please leave the post-it note on your seat as a marker for the cleaners.

Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. **And with thy spirit.**

The Collect

O God our defender, storms rage about us and cause us to be afraid: rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please sit for the first reading: 1 Samuel 17:32-49 (read by Joanna Goldsworthy)

David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' But David said to Saul, 'Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.' David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!'

Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, 'I cannot walk with these; for I am not used to them.' So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his

shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he despised him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.'

When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Hear the word of the Lord, **thanks be to God.**

Psalm 133

Behold how good and how lovely it is:
when families live together in unity.

**It is fragrant as oil upon the head,
that runs down over the beard:
fragrant as oil upon the beard of Aaron,
that ran down over the collar of his robe.**

It is like a dew of Hermon:
like the dew that falls upon the hill of Zion.

**For there the Lord has commanded his blessing:
which is life for evermore.**

Second reading: 2 Corinthians 6:1-13 (read by Lili Biedrzycki)

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

‘At an acceptable time I have listened to you,
and on a day of salvation I have helped you.’

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see – we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return – I speak as to children – open wide your hearts also.

Hear the word of the Lord, **thanks be to God.**

Please stand for the Gospel: Mark 4:35-41

The Lord be with you

And with thy spirit

The Holy Gospel is written in the 4th Chapter of the Gospel according to Mark, beginning at the 35th verse.

Glory be to thee, O Lord

On that day, when evening had come, Jesus said to them, ‘Let us go across to the other side.’ And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, ‘Teacher, do you not care that we are perishing?’ He woke up and rebuked the wind, and said to the sea, ‘Peace! Be still!’ Then the wind ceased, and there was a dead calm. He said to them, ‘Why are you afraid? Have you still no faith?’ And they were filled with great awe and said to one another, ‘Who then is this, that even the wind and the sea obey him?’

This is the Gospel of the Lord, **Praise be to thee, O Christ.**

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Canon Jenny Wilson

Silence may follow, during which final preparations are done on the altar.

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051 (Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. **Amen.**

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

St John 3:16

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 Timothy 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

1 St John 2:1

Let us pray: *The Prayer of Humble Access*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; **And with thy spirit.**

Lift up your hearts; **We lift them up unto the Lord.**

Let us give thanks unto our Lord God; **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

Amen.

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you
And with thy spirit.

Agnus Dei

**O Lamb of God that takest away the sins of the world; have mercy upon us.
O Lamb of God that takest away the sins of the world; have mercy upon us.
O Lamb of God that takest away the sins of the world; grant us thy peace.**

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Gloria in Excelsis

**Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us.**

Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

FOR YOUR PRAYERS

A prayer as we seek a new Dean

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; an encourager who will equip your people for ministry and enable us to fulfil our calling.

Give to those who will choose, wisdom, discernment and patience, and to us give warm and generous hearts, for Jesus Christ's sake. **Amen.**

International The Church of North India (United)
Moderator Abp Prem Chand Singh

National Riverina: Donald Kirk (Camryn)

South Australia

Diocese of Adelaide Glen Osmond: locum tenens Peter Brown (Marilyn)

Diocese of Willochra Roxby Downs: Glen McDonald (Beth)

Diocese of The Murray Western Fleurieu (Southern Vales): Simon Waters (Susie),
Brenton Dick (Lyn), Deacon Peter Chapman (Heather)

Immediate Prayer Phil Stephen, Liz Johnson, Pauline Van Buren, Cricket Fox,
Sophie, Anne Hogben, Diana Singh

Rest in Peace Melva Schaefer

Year's Mind 23rd Arthur Stanley Webb

24th Munro Drysdale

25th Clyde Taylor Whiting, Allan Graham Daw

26th William George Macmichael

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

COMMUNITY NOTICES

New to the Cathedral? Connect with us using the green Connect card or online

<http://www.stpeters-cathedral.org.au/connect-with-us/>

Name Badges: Order a Cathedral name badge from Pam Saint on 0419 031 871 or Cathedral Office 8267 4551. \$20 each.

Cathedral Visiting Hours: The Cathedral is open for visiting and private prayer. Our opening hours are Mondays 11am-1pm, and Tuesday to Friday, 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's guest will be Daniel Sih, author of *Spacemaker: How to unplug, unwind and think clearly in the Digital Age*.

Planned Giving Envelopes: Now available to be collected in the Cathedral.

Meeting God on Mondays: You are warmly invited to join Canon Jenny on Monday 21 June 2021 at 10am in the CP Hall. The group meets on the third Monday of each month.

Special Evensong Service: On Thursday 24 June 2021 at 6pm, a special Choral Evensong will be held to celebrate the Birth of John the Baptist. All welcome, no bookings required.

Patronal Festival Morning Tea: Next week on Sunday 27 June we will be celebrating our Patronal Festival with morning tea in the Cathedral after both the 8am and the 10.30am services, with great thanks to the Cathedral Hospitality Team and other helpers. All welcome, no bookings required.

Christian Meditation: The next gathering of the Cathedral Christian Meditation Group will be on Saturday 26 June 2021 at 9.30am in the Cynthia Poulton Hall. All welcome, no experience necessary.

My Song is Love Unknown: On Saturday 3 July 2021 at 2pm, St Peter's Cathedral Choir, St Peter's Cathedral Consort, and Cathedral Organist David Heah will combine forces for an afternoon of the greatest, most stirring anthems from the Anglican choral tradition, directed by Anthony Hunt. Tickets: \$35/\$25, book online www.trybooking.com/BQGHW or call the Cathedral Office. Proudly presented by the St Peter's Cathedral Music Foundation.

St Peter's Cathedral Choir Winter School 2021: 14-16 July, 9am-12pm, open to boys and girls aged 7-10.

Over these three mornings in the July school holidays, Director of Music Anthony Hunt will lead a series of choral workshops. The Winter School is not auditioned, and is open to all to come and try. Please share this information widely!

Applications: Please contact ahunt@stpeters-cathedral.org.au for a full information pack and application form. More detail online: <http://www.stpeters-cathedral.org.au/music/the-cathedral-choir/winter-school-july-2021/>

THIS WEEK IN THE CATHEDRAL

SUNDAY 20TH JUNE 2021

Pentecost 4

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Choral Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Choral Evensong

Preacher: The Rev'd Adrian Stephens

WEEKDAYS

7:30am Eucharist

(Lady Chapel)

8:45am Morning Prayer

(Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP)

(Lady Chapel)

THURSDAY 24TH JUNE 2021

The Birth of John the Baptist

6:00pm Choral Evensong

SUNDAY 27TH JUNE 2021

Patronal Festival

8:00am Holy Communion (BCP)

Preacher: The Rev'd Adrian Stephens

10:30am Choral Eucharist

Preacher: The Rev'd Adrian Stephens

6:00pm Choral Evensong

Preacher: The Rev'd Canon Jenny Wilson



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Office hours 9.00am-5.00pm

Monday to Friday

Clergy

The Rev'd Adrian Stephens

Locum Dean

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest

The Rev'd Joan Claring-Bould

Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Rachel Bruerville

Administration Assistant

Music Department

Anthony Hunt, *Director of Music*

David Heah, *Cathedral Organist*

Cathedral Wardens

Kevin Stracey, *Dean's Warden*

Reuben Jacob, *People's Warden*