Choral Eucharist

The Fourth Sunday After Pentecost 10:30am 20 June 2021

Welcome: We are a people of faith, and as a people of faith we will always seek to open our hearts and minds in prayer. Well, that sounds good, but when pressed are we able to explain what prayer is? Is it to simply sit in silence listening for God, or meditating? That must help. Is it an opportunity to reel off our shopping list of wants so that God knows what is best for us? Not so much. Is it an opportunity to tell God what to do? Perhaps not.

When I prepare prayers for sharing and for private use I like to think of the old formula of **ACTS**. As we sit before God: We are to **A**dore God; We are to **C**onfess

our shortcomings to God; we are to offer our Thanksgiving to God; we make our Supplications before God knowing that God is listening and that our prayers will be answered. I find that this formula, ACTS, keeps my prayerful focus on God where it belongs.

The Rev'd Adrian Stephens, Locum Dean

Celebrant

The Rev'd Adrian Stephens

Preacher

The Rev'd Canon Jenny Wilson

Deacon

Andrew Charlton

Subdeacon

Reuben Jacob

Master of Ceremonies

Jecinta Iluno

Music Setting

Haydn Missa Brevis Sancti Joannis de Deo

Choir

St Peter's Cathedral Choir

Assistant Director of Music

Andrew Chatterton

Organist

Anthony Hunt

Hymns: 128, 755, 623, 823

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.



Hymn: #128 [Aberystwyth] Jesu, lover of my soul

- 1. Jesu, lover of my soul,
 let me to thy bosom fly,
 while the nearer waters roll,
 while the tempest still is high:
 hide me, O my Saviour, hide,
 till the storm of life is past;
 safe into the haven guide,
 O receive my soul at last.
- 2. Other refuge have I none,
 hangs my helpless soul on thee;
 leave, ah, leave me not alone,
 still support and comfort me.
 All my trust on thee is stayed,
 all my help from thee I bring;
 cover my defenceless head
 with the shadow of thy wing.
- 3. Thou, O Christ, art all I want; more than all in thee I find; raise the fallen, cheer the faint, heal the sick, and lead the blind. Just and holy is thy name, I am all unrighteousness; false and full of sin I am, thou art full of truth and grace.
- 4. Plenteous grace with thee is found, grace to cover all my sin; let the healing streams abound, make and keep me pure within. Thou of life the fountain art: freely let me take of thee, spring thou up within my heart, rise to all eternity.

Charles Wesley (1707-1788)

Reproduced from Ancient & Modern Electronic Words Edition, number 128

The Lord be with you. And also with you.

Who then is this, that even the wind and the sea obey him?

- Mark 4:41

Let us pray. (Please kneel/sit)

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Christ our Lord. Amen.

The Choir sings the Kyrie

Kyrie eleison Christe eleison Kyrie eleison
Lord, have mercy Christ, have mercy Lord, have mercy

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do:

We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins.

Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

Please stand as the Choir sings the Gloria (sung in Latin, APBA translation)

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Please remain standing for the Collect

O God our defender, storms rage about us and cause us to be afraid: rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

Please sit for the first reading: 1 Samuel 17:32-49 (read by John Marley)

David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' But David said to Saul, 'Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.' David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!'

Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, 'I cannot walk with these; for I am not used to them.' So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.'

When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Hear the word of the Lord, thanks be to God.

The Choir sings Psalm 133 (Chant: Mellor)

Behold how good and how lovely it is:

when families live together in unity.

It is fragrant as oil upon the head,

that runs down over the beard:

fragrant as oil upon the beard of Aaron,

that ran down over the collar of his robe.

It is like a dew of Hermon:

like the dew that falls upon the hill of Zion.

For there the Lord has commanded his blessing: which is life for evermore.

Second reading: 2 Corinthians 6:1-13 (read by Roslyn Marley)

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

'At an acceptable time I have listened to you, and on a day of salvation I have helped you.'

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

Hear the word of the Lord, thanks be to God.

Please stand to sing the Gradual Hymn

Hymn: #**755** [University College]

Oft in danger, oft in woe

- 1. Oft in danger, oft in woe, onward, Christians, onward go; bear the toil, maintain the strife, strengthened with the bread of life.
- 2. Onward, Christians, onward go, join the war, and face the foe; will ye flee in danger's hour? Know ye not your Captain's power?
- 3. Let not sorrow dim your eye; soon shall every tear be dry: let not fears your course impede; great your strength, if great your need.
- Let your drooping hearts be glad; march in heavenly armour clad; fight, nor think the battle long: soon shall victory wake your song.
- Onward then in battle move;
 more than conquerors ye shall prove:
 though opposed by many a foe,
 Christian soldiers, onward go.

Henry Kirke White (1785–1806) and others Reproduced from *Ancient & Modern* Electronic Words Edition, number **755** Please remain standing for the Gospel Reading: Mark 4:35-41

Choir sings: Alleluia!



Choir sings: May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us.

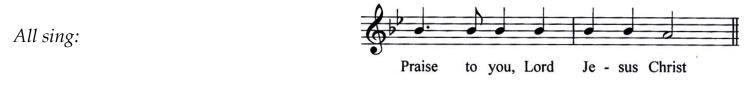


The Lord be with you. **And also with you.**The Gospel of our Lord Jesus Christ according to Mark



On that day, when evening had come, Jesus said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

This is the Gospel of the Lord



Children are invited to follow the Gospel procession down the aisle, then go to the Cynthia Poulton Hall for Cathedral Kids. They will return in time for Communion.

Please sit for the Sermon: The Rev'd Canon Jenny Wilson *Silence may follow*

Please stand for the Creed

Let us together affirm the faith of the Church.

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

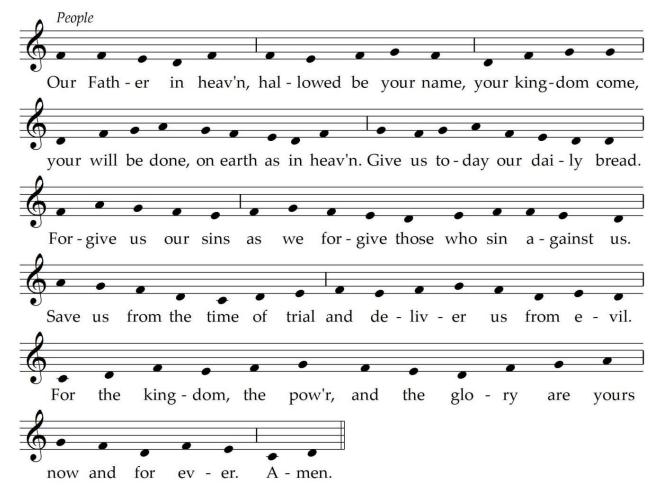
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel/sit for the prayers (led by Stuart Langshaw)
Let us pray for the world and for the Church

The intercessor concludes:

Accept our prayers through Jesus Christ our Lord, who taught us to pray



Please stand for the Greeting of Peace

We are the body of Christ. His Spirit is with us.

The peace of the Lord be always with you. And also with you.

Please remain standing to sing the Offertory Hymn

Hymn: #**623** [Melita]

- Eternal Father, strong to save
- Eternal Father, strong to save, whose arm doth bind the restless wave, who bidd'st the mighty ocean deep its own appointed limits keep:

 O hear us when we cry to thee for those in peril on the sea.
- 2. O Saviour whose almighty word the winds and waves submissive heard, who walkedst on the foaming deep, and calm amid its rage didst sleep:

 O hear us when we cry to thee for those in peril on the sea.
- 3. O sacred Spirit, who didst brood upon the chaos dark and rude, who bad'st its angry tumult cease, and gavest light and life and peace:

 O hear us when we cry to thee for those in peril on the sea.
- 4. O Trinity of love and power, our brethren shield in danger's hour; from rock and tempest, fire and foe, protect them whereso'er they go: and ever let there rise to thee glad hymns of praise from land and sea.

William Whiting (1825-1878)

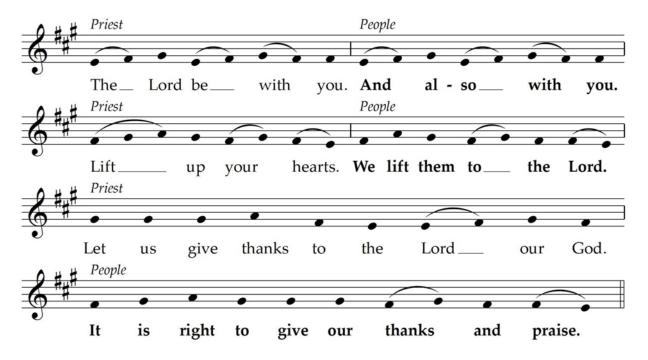
Reproduced from Ancient & Modern Electronic Words Edition, number 623

How to give to the Cathedral

- Envelopes and/or cash in the Donation Box provided.
- Direct Credit: BSB 305-122 Account Number 0256051 (Include your name as reference).
- Direct Debit, please contact the Cathedral Office on 8267 4551.
- Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please remain standing

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom. **Blessed be God for ever.**



It is right to praise you, faithful God, always and everywhere, for with your only begotten Son and life-giving Spirit, you are the one true God from everlasting to everlasting.

At the dawn of time you wrought from nothing a universe of beauty and splendour, bringing light from darkness and order from chaos.

You formed us, male and female, in your image, and endowed us with creative power.

We turned away from you but you did not abandon us. You called us by name and searched us out, making a covenant of mercy, giving the law, and teaching justice by the prophets.

And so we praise you, joining with your faithful people of every time and place, singing the eternal song:

The Choir sings the Sanctus & Benedictus (sung in Latin, APBA translation)

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

When the fullness of time was come, you sent your Son, to be born of Mary.

Bright image of your glory, he learnt obedience to you in all things, even to death on a cross, breaking the power of evil, freeing us from sin, and putting death to flight.

You raised him from death, exalting him to glory, and the new day dawned.

On the night he was betrayed your Son Jesus Christ shared food with his friends, his companions on the way.

While at table he took bread, blessed, and broke it, and giving it to them, said: 'Take, eat; this is my body.'

He took a cup of wine, and, giving thanks, he gave it to them, and said: 'This is my blood of the covenant, which is poured out for many. Do this in remembrance of me.'

Therefore, living God, as we obey his command, we remember his life of obedience to you, his suffering and death, his resurrection and exaltation, and his promise to be with us for ever. With this bread and this cup we celebrate his saving death until he comes.

Let us proclaim the mystery of faith:

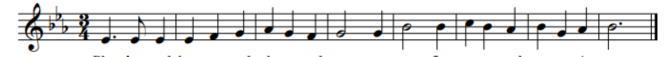




Accept, we pray, our sacrifice of praise and thanksgiving, and send your Holy Spirit upon us and our celebration that all who eat and drink at this table may be strengthened by Christ's body and blood to serve you in the world.

As one body and one holy people, may we proclaim the everlasting gospel of Jesus Christ our Lord, through whom, with whom, and in whom, in the unity of the Holy Spirit, all glory is yours, eternal God, now and for ever.





Bless-ing and hon-our and glo-ry and power are yours for ev-er and ev-er, A - men.

We break this bread to share in the body of Christ.

We who are many are one body, for we all share in the one bread.

The gifts of God for the people of God. Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

Please kneel/sit as the Choir sings the Agnus Dei (sung in Latin, APBA translation)
Lamb of God, you take away the sin of the world, have mercy upon us. (x2)
Lamb of God, you take away the sins of the world, grant us your peace.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal).

Gluten free bread is available; please ask for this from the priest giving communion.

During the administration of Holy Communion the Choir will sing the Motet: Mozart (1756-1791) – Ave Verum Corpus

Ave, verum corpus natum Hail the true body, born de Maria Virgine: of the Virgin Mary:

vere passum, immolatum You who truly suffered and were sacrificed

in cruce pro homine:

cuius latus perforatum

unda fluxit et sanguine:

esto nobis praegustatum.

on the cross for the sake of man.

From whose pierced flank

flowed water and blood:

Be a foretaste for us

esto nobis praegustatum,
in mortis examine.

Be a foretaste for us
in the trial of death.

Please kneel/sit for the prayers after Communion

Gracious God, we thank you that in this sacrament you assure us of your goodness and love. Accept our sacrifice of praise and thanksgiving and help us to grow in love and obedience that we may serve you in the world and finally be brought to that table where all your saints feast with you for ever.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory.

Please stand to sing the Post-Communion Hymn

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Hymn: #823 [Monk's Gate]

- 1. Who would true valour see, let him come hither; one here will constant be, come wind, come weather; there's no discouragement shall make him once relent his first avowed intent to be a pilgrim.
- 2. Whoso beset him round with dismal stories, do but themselves confound, his strength the more is.

 No lion can him fright:

Who would true valour see

- he'll with a giant fight, but he will have the right to be a pilgrim.
- 3. Hobgoblin nor foul fiend can daunt his spirit; he knows he at the end shall life inherit.

 Then, fancies, fly away; he'll not fear what men say; he'll labour night and day to be a pilgrim.

John Bunyan (1628-1688)

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Please remain standing for the Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God Almighty the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord: **In the name of Christ. Amen.**

You are invited to listen reflectively to the organ postlude: Flor Peeters (1903-1986) – Toccata

FOR YOUR PRAYERS

A prayer as we seek a new Dean

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; an encourager who will equip your people for ministry and enable us to fulfil our calling.

Give to those who will choose, wisdom, discernment and patience, and to us give warm and generous hearts, for Jesus Christ's sake. **Amen.**

International The Church of North India (United)

Moderator Abp Prem Chand Singh

National Riverina: Donald Kirk (Camryn)

South Australia

Diocese of Adelaide Glen Osmond: locum tenens Peter Brown (Marilyn)

Diocese of Willochra Roxby Downs: Glen McDonald (Beth)

Diocese of The Murray Western Fleurieu (Southern Vales): Simon Waters (Susie),

Brenton Dick (Lyn), Deacon Peter Chapman (Heather)

Immediate Prayer Phil Stephen, Liz Johnson, Pauline Van Buren, Cricket Fox,

Sophie, Anne Hogben, Diana Singh

Rest in Peace Melva Schaefer

Year's Mind 23rd Arthur Stanley Webb

24th Munro Drysdale

25th Clyde Taylor Whiting, Allan Graham Daw

26th William George Macmichael

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

COMMUNITY NOTICES

New to the Cathedral? Connect with us using the green Connect card or online http://www.stpeters-cathedral.org.au/connect-with-us/

Name Badges: Order a Cathedral name badge from Pam Saint on 0419 031 871 or Cathedral Office 8267 4551. \$20 each.

Cathedral Visiting Hours: The Cathedral is open for visiting and private prayer. Our opening hours are Mondays 11am-1pm, and Tuesday to Friday, 11am-3pm.

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight, Lynn's guest will be Daniel Sih, author of *Spacemaker: How to unplug, unwind and think clearly in the Digital Age.*

Planned Giving Envelopes: Now available to be collected in the Cathedral.

Meeting God on Mondays: You are warmly invited to join Canon Jenny on Monday 21 June 2021 at 10am in the CP Hall. The group meets on the third Monday of each month.

Special Evensong Service: On Thursday 24 June 2021 at 6pm, a special Choral Evensong will be held to celebrate the Birth of John the Baptist. All welcome, no bookings required.

Patronal Festival Morning Tea: Next week on Sunday 27 June we will be celebrating our Patronal Festival with morning tea in the Cathedral after both the 8am and the 10.30am services, with great thanks to the Cathedral Hospitality Team and other helpers. All welcome, no bookings required.

Christian Meditation: The next gathering of the Cathedral Christian Meditation Group will be on Saturday 26 June 2021 at 9.30am in the Cynthia Poulton Hall. All welcome, no experience necessary.

My Song is Love Unknown: On Saturday 3 July 2021 at 2pm, St Peter's Cathedral Choir, St Peter's Cathedral Consort, and Cathedral Organist David Heah will combine forces for an afternoon of the greatest, most stirring anthems from the Anglican choral tradition, directed by Anthony Hunt. Tickets: \$35/\$25, book online www.trybooking.com/BQGHW or call the Cathedral Office. Proudly presented by the St Peter's Cathedral Music Foundation.

St Peter's Cathedral Choir Winter School 2021: 14-16 July, 9am-12pm, open to boys and girls aged 7-10.

Over these three mornings in the July school holidays, Director of Music Anthony Hunt will lead a series of choral workshops. The Winter School is not auditioned, and is open to all to come and try. Please share this information widely!

Applications: Please contact <u>ahunt@stpeters-cathedral.org.au</u> for a full information pack and application form. More detail online: http://www.stpeters-cathedral.org.au/music/the-cathedral-choir/winter-school-july-2021/

THIS WEEK IN THE CATHEDRAL

SUNDAY 20^{TH} JUNE 2021

Pentecost 4

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Choral Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Choral Evensong

Preacher: The Rev'd Adrian Stephens

WEEKDAYS

7:30am Eucharist

(Lady Chapel)

8:45am Morning Prayer

(Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP)

(Lady Chapel)

THURSDAY 24TH JUNE 2021

The Birth of John the Baptist 6:00pm Choral Evensong

SUNDAY 27TH JUNE 2021

Patronal Festival

8:00am Holy Communion (BCP)

Preacher: The Rev'd Adrian Stephens

10:30am Choral Eucharist

Preacher: The Rev'd Adrian Stephens

6:00pm Choral Evensong

Preacher: The Rev'd Canon Jenny Wilson



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Office hours 9.00am-5.00pm Monday to Friday

Clergy

The Rev'd Adrian Stephens *Locum Dean*

The Rev'd Canon Jenny Wilson *Canon Precentor*The Rev'd Peter Jin

Assistant Priest

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest
The Rev'd Joan Claring-Bould
Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Rachel Bruerville

Administration Assistant

Music Department

Anthony Hunt, Director of Music David Heah, Cathedral Organist

Cathedral Wardens

Kevin Stracey, *Dean's Warden* Reuben Jacob, *People's Warden*

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