CHORAL EUCHARIST 10:30am 29 November 2020 Advent Sunday

Welcome: Advent is the great season of hope and longing. It is a time when we hear again the 'old old story' of God's love, God's promises and God's faithfulness. It's the beginning of the liturgical year; the start of a four-week build-up to Christmas and the celebration of the greatest gift ever given – that of God's Son.

Today, Advent Sunday, is the beginning of a new ministry for the Reverend Peter Jin, ordained priest yesterday. We rejoice with him and pray for him and Wei and Bao Bao on this very special occasion as Peter presides at the Eucharist for the first time. We are hopeful that next Sunday evening, 6 December, we will be able to hold our Advent Procession with Carols.

I am very grateful for the way in which my Cathedral Staff colleagues – both lay and ordained – have coped with the constant changes over the past few weeks; and for your love, support and prayers for us all. We are also thrilled that the new equipment needed to upgrade the quality of our livestreaming arrived in time for the Ordination and Christmas services.

Welcome to all – wherever you are – as we worship God on Advent Sunday.

The Very Rev'd Frank Nelson, Dean

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.

Celebrant The Rev'd Peter Jin *Preacher* The Rev'd Canon Jenny Wilson

Deacon The Rev'd Dr Lynn Arnold AO

Sub-deacon The Very Rev'd Frank Nelson

Master of Ceremonies Rijke Mellor

Music Setting Byrd Mass for Four Voices

Choir St Peter's Cathedral Choir

Director of Music Anthony Hunt

Organist David Heah

Hymns: 50, 99, 38



Please stand when the handbell rings for the start of the service

The Lord be with you. And also with you.

Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths. *Isaiah 2:3*

The Great Litany (Sung entirely by the Choir) Let us pray. God the Father, have mercy on us. God the Son, have mercy on us. God the Holy Spirit, have mercy on us. Holy Trinity, one God, have mercy on us. From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent, good Lord, deliver us. From sloth, worldliness and love of money; from hardness of heart and contempt of your word and your laws, good Lord, deliver us. From sins of body and mind; from deceits of the world, the flesh and from evil, good Lord, deliver us. From famine and disaster; from violence, murder and dying unprepared, good Lord, deliver us. In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgement, good Lord, deliver us. By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation, good Lord, deliver us. By your ministry in word and work; by your mighty acts of power; and by your preaching of the kingdom, good Lord, deliver us. By your agony and trial; by your cross and passion; and by your precious death and burial, good Lord, deliver us. By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

good Lord, deliver us.

Hear our prayers, O Lord our God. Hear us, good Lord. Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will. Hear us, good Lord. Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. Hear us, good Lord. Enlighten your ministers with knowledge and understanding, that by their teaching and their lives they may proclaim your word. Hear us, good Lord. Give your people grace to hear and receive your word, and to bring forth the fruit of the Spirit. Hear us, good Lord. Bring into the way of truth all who have erred and are deceived. Hear us, good Lord Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet. Hear us, good Lord. Guide the leaders of the nations into the ways of peace and justice. Hear us, good Lord. Guard and strengthen your servant, Elizabeth the Queen, that she may put her trust in you and seek your honour and glory. Hear us, good Lord. Endue the members of our parliaments and all who govern us with wisdom and understanding. Hear us, good Lord. Bless those who administer the law, that they may uphold justice, honesty and truth. Hear us, good Lord. Give us the will to use the resources of the earth to your glory, and for the good of all. Hear us, good Lord. Remember the ancient peoples of this land and forgive the sins of ignorance and neglect done against them. Hear us, good Lord. Bless and keep all your people. Hear us, good Lord. Help and comfort the lonely, the bereaved, and the oppressed. Lord, have mercy. Keep in safety those who travel, and all who are in danger. Lord, have mercy.

Heal the sick in body and mind,

and provide for the homeless, the hungry and the destitute.

Lord, have mercy.

- Show your pity on prisoners and refugees, and all who are in trouble. *Lord, have mercy.*
- Forgive our enemies, persecutors and slanderers, and turn their hearts. *Lord, have mercy*.

Hear us as we remember with thanksgiving those who have died

in the peace of Christ, and grant us with them a share in your eternal kingdom. *Lord, have mercy.*

Give us true repentance;

forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your holy word.

The Choir sings the Trisagion

Agios o Theos,	Agios ischyros,	Agios athanatos,	Eleison imas.
Holy God,	Holy and mighty,	Holy and immortal,	Have mercy on us.

Please remain standing for the Collects

Faithful God, whose promises stand unshaken through all generations: renew us in hope, that we may be awake and alert watching for the glorious return of Jesus Christ, our Judge and Saviour, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Almighty God, give us grace that we may cast away the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came among us in great humility, that on the last day, when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Lighting of the first Advent Candle – The Candle of Hope

Dean: Blessed are you, Sovereign Lord,

All: God of our ancestors: to you be praise and glory for ever!

The candle is lit.

- *Dean:* You called the patriarchs to live by the light of faith and to journey in the hope of your promised fulfilment. May we be obedient to your call and be ready and watchful to receive your Christ, a lamp to our feet and a light to our path; for you are our light and our salvation
- *All:* **Blessed be God for ever.**

Please sit for the first reading: Isaiah 64:1-9 (read by Roslyn Marley)

O that you would tear open the heavens and come down, so that the mountains would quake at your presence – ² as when fire kindles brushwood and the fire causes water to boil – to make your name known to your adversaries, so that the nations might tremble at your presence! ³ When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence. ⁴ From ages past no one has heard, no ear has perceived, no eye has seen any God besides you, who works for those who wait for him. ⁵ You meet those who gladly do right, those who remember you in your ways. But you were angry, and we sinned; because you hid yourself we transgressed. ⁶ We have all become like one who is unclean, and all our righteous deeds are like a filthy cloth. We all fade like a leaf, and our iniquities, like the wind, take us away. ⁷ There is no one who calls on your name, or attempts to take hold of you; for you have hidden your face from us, and have delivered us into the hand of our iniquity. ⁸ Yet, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. ⁹ Do not be exceedingly angry, O Lord, and do not remember iniquity for ever. Now consider, we are all your people.

Hear the word of the Lord, thanks be to God.

Psalm 80:1-7, 17-19 is said antiphonally
Hear, O Shepherd of Israel, you that led Joseph like a flock:
you that are enthroned upon the cherubim, shine out in glory;
Before Ephraim, Benjamin and Manasseh:
stir up your power, and come to save us.
Restore us again, O Lord of hosts:
show us the light of your countenance, and we shall be saved.
O Lord God of hosts:
how long will you be angry at your people's prayer?
You have fed them with the bread of tears:
and given them tears to drink in good measure.
You have made us the victim of our neighbours:
and our enemies laugh us to scorn.
Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
Let your power rest on the man at your right hand:
on that son of man
whom you made so strong for yourself.
And so we shall not turn back from you:
give us life, and we will call upon your name.
Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.

Second reading: 1 Corinthians 1:1-9 (read by John Marley)

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes, ² To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours: ³ Grace to you and peace from God our Father and the Lord Jesus Christ.

⁴ I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, ⁵ for in every way you have been enriched in him, in speech and knowledge of every kind — ⁶ just as the testimony of Christ has been strengthened among you — ⁷ so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. ⁸ He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. ⁹ God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Hear the word of the Lord, thanks be to God.

Please remain seated as the Choir sings the Gradual Hymn

Η	Hymn: #50 [St Thomas]		The advent of our King	
1.	The advent of our King our prayers must now employ, and we must hymns of welcome sing in strains of holy joy.	4.	As judge, on clouds of light, he soon will come again, and his true members all unite with him in heaven to reign.	
2.	The everlasting Son incarnate deigns to be; himself a servant's form puts on, to set his servants free.	5.	All glory to the Son who comes to set us free, with Father, Spirit, ever One, through all eternity.	
3.	Daughter of Sion, rise to meet thy lowly King; nor let thy faithless heart despise the peace he comes to bring.			

WORDS: Charles Coffin (1676-1749) translated by John Chandler (1806-1876)
MUSIC: From Aaron Williams's New Universal Psalmodist, 1770
Reproduced from Ancient & Modern Electronic Words Edition, number 50

Please stand for the Gospel Reading: Mark 13:24-37

Praise and honour to you, Lord Jesus Christ **Praise and honour to you, Lord Jesus Christ**

Heaven and earth will pass away: but my words will not pass away. **Praise and honour to you, Lord Jesus Christ**

The Lord be with you. **And also with you.** The Gospel of our Lord Jesus Christ according to Mark **Glory to you, Lord Jesus Christ** Jesus said: 'But in those days, after that suffering, the sun will be darkened, and the moon will not give its light, ²⁵ and the stars will be falling from heaven, and the powers in the heavens will be shaken.

²⁶ Then they will see "the Son of Man coming in clouds" with great power and glory. ²⁷ Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

²⁸ 'From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. ²⁹ So also, when you see these things taking place, you know that he is near, at the very gates. ³⁰ Truly I tell you, this generation will not pass away until all these things have taken place. ³¹ Heaven and earth will pass away, but my words will not pass away.

³² 'But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. ³³ Beware, keep alert; for you do not know when the time will come. ³⁴ It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. ³⁵ Therefore, keep awake – for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, ³⁶ or else he may find you asleep when he comes suddenly. ³⁷ And what I say to you I say to all: Keep awake.'

This is the Gospel of the Lord **Praise to you, Lord Jesus Christ.**

Children are invited to follow the Gospel procession down the aisle to the altar where their cross will be collected, then go to the Cynthia Poulton Hall for Cathedral Kids. They will return in time for Communion.

Please sit for the Sermon: The Rev'd Canon Jenny Wilson

The Choir sings music for reflection Howard Skempton (b. 1947) – *Adam Lay Ybounden*

Adam lay ybounden,	Nè had the apple taken been,
Bounden in a bond:	The apple taken been,
Four thousand winter	Ne had never our lady
Thought he not too long.	Abeen heavenè queen.
And all was for an apple,	Blessèd be the time
An apple that he took,	That apple taken was,
As clerkès finden	Therefore we moun singen,
Written in their book.	Deo gracias!

Please stand for the Creed

Let us together affirm the faith of the Church.

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son, is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing for the Greeting of Peace

We are the body of Christ. **His Spirit is with us.**

The peace of the Lord be always with you. And also with you.

Hymn: #99 [Crüger]

- Hail to the Lord's Anointed, great David's greater Son! hail, in the time appointed, his reign on earth begun! He comes to break oppression, to set the captive free, to take away transgression, and rule in equity.
- 2. He comes with succour speedy to those who suffer wrong; to help the poor and needy, and bid the weak be strong; to give them songs for sighing, their darkness turn to light, whose souls, condemned and dying, were precious in his sight.
- 3. He shall come down like showers upon the fruitful earth, and love, joy, hope, like flowers, spring in his path to birth: before him on the mountains shall peace, the herald, go; and righteousness in fountains from hill to valley flow.

Hail to the Lord's Anointed

- 4. Kings shall bow down before him, and gold and incense bring; all nations shall adore him, his praise all people sing: to him shall prayer unceasing and daily vows ascend; his kingdom still increasing, a kingdom without end.
- 5. O'er every foe victorious, he on his throne shall rest; from age to age more glorious, all-blessing and all-blest: the tide of time shall never his covenant remove; his name shall stand for ever, his changeless name of love.

WORDS: James Montgomery (1771-1854) based on Psalm 72 MUSIC: Adapted from Johann Crüger (1598-1662) by William Henry Monk (1823-1889) Reproduced from *Ancient & Modern* Electronic Words Edition, number **99**

How to give to the Cathedral

Use Direct Credit to give to the Cathedral: BSB 305-122 Account Number 0256051 (Include your name as reference). Direct Debit, please contact the Cathedral Office on 8267 4551. Place envelopes and/or cash in the Donation Box provided.

Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please stand

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom. **Blessed be God for ever.**

The Lord be with you.
Lift up your hearts.
Let us give thanks to the Lord our God.

And also with you. We lift them to the Lord. It is right to give our thanks and praise.

All glory and honour be yours always and everywhere, mighty Creator, everliving God. We give you thanks and praise for your Son, our Saviour Jesus Christ, who by the power of your Spirit was born of Mary and lived as one of us.

By his death on the cross and rising to new life, he offered the one true sacrifice for sin and obtained an eternal deliverance for his people. We thank you that when he shall come again in power and great triumph to judge the world, we may with joy behold his appearing, and in confidence stand before him who redeems us from sin and death and makes us heirs of everlasting life.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

The Choir Sings the Sanctus & Benedictus (Sung in Latin, APBA translation) Holy, holy Lord, God of power and might, Heaven and earth are full of your glory: Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take, eat. This is my body given for you. Do this in remembrance of me.'

After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world.

Let us proclaim the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:

Blessing and honour and glory and power are yours for ever and ever, Amen.

As our Saviour Christ has taught us, we are confident to pray

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

We break this bread to share in the body of Christ. We who are many are one body, **for we all share in the one bread.** The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

Please kneel/sit as the Choir sings the Agnus Dei (Sung in Latin, APBA translation) Lamb of God, you take away the sin of the world, have mercy upon us. (*x*2) Lamb of God, you take away the sin of the world, grant us your peace.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

During the administration of Holy Communion the Choir sings the Motet: Vaughan Williams (1872-1958) – This is the Truth Sent From Above

1. This is the truth sent from above,	3. Thus we were heirs to endless woes
the truth of God, the God of love;	till God the Lord did interpose;
therefore don't turn me from the door	and so a promise soon did run:
but hearken all, both rich and poor.	that he'd redeem us by his Son.
2 The first thing that I will relate	4 And at that says on of the year

2. The first thing that I will relate, that God at first did man create; the next thing which to you I tell woman was made with him to dwell. 4. And at that season of the year our blest Redeemer did appear, and here did live, and here did preach, and many thousands he did teach.

5. Thus he in love to us behaved, to show us how we must be saved; and if you want to know the way, be pleased to hear what he did say.

Please kneel/sit for the prayers after Communion

God for whom we wait, we thank you that you have fed us with the bread of life and the cup of salvation. As we joyfully await your Son, keep us ever watchful that we may be ready to stand before him on the day of his coming. **Keep us in this hope that we have grasped; so we and all your children shall be free, and the whole earth live to praise your name.**

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Hymn: #38 [Merton]			Hark, a thrilling voice is sounding	
1.	Hark, a thrilling voice is sounding; 'Christ is nigh,' it seems to say; 'cast away the dreams of darkness, O ye children of the day.'	4.	That when next he comes with glory, and the world is wrapped in fear, with his mercy he may shield us, and with words of love draw near.	
2.	Wakened by the solemn warning, let the earth-bound soul arise; Christ, her Sun, all ill dispelling, shines upon the morning skies.	5.	Honour, glory, might, and blessing to the Father and the Son, with the everlasting Spirit, while eternal ages run.	
3.	Lo, the Lamb, so long expected, comes with pardon down from heaven; let us haste, with tears of sorrow, one and all to be forgiven;			
			WORDS: Edward Caswall (1814-1878)	

WORDS: Edward Caswall (1814-1878) MUSIC: William Henry Monk (1823-1889), descant by John Barnard (b. 1948) Reproduced from *Ancient & Modern* Electronic Words Edition, number **38**

Please stand for the Blessing

Christ the Sun of Righteousness shine upon you, scatter the darkness from your path, and make you ready to meet him when he comes in glory; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**.

Go in peace to love and serve the Lord: **In the name of Christ. Amen.**

You are invited to listen reflectively to the organ postlude: J.S. Bach (1685-1750) – Wachet auf, ruft uns die Stimme, BWV 645

> Please refrain from conversation until the music is completed; applause is not normally appropriate during an act of worship

FOR YOUR PRAYERS

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

International	Lusitanian Church (Extra-Provincial to the Archbishop of Canterbury): Bishop of the Lusitanian Church Bp Jorge Pina Cabral
National	Theological Colleges and Religious Communities
South Australia Diocese of Adelaide	Semaphore: Ruth Mathieson
Diocese of Willochra	Willochra Home for the Aged at Crystal Brook: General Manager Pam Charnock, Board, Staff and Residents; Camp Willochra, Melrose: Jerrell and Jayne Alexander
Diocese of The Murray	Retired clergy and widows
Immediate Prayer	Moyse Family Those working on the 'front-line' in our health services
Rest in Peace	Jerry Cassis
Year's Mind	November: 29 th Frank Woods, Harry Andersson, Roy Hardy 30 th Aubrey William Pain December: 1 st Alwyn Shepherd, Josephine Ray 2 nd Leonard Medder, Josephine Lillian Perryman 3 rd Thomas Walter Hardy 4 th Henry George Rischbieth, Olive Mildred Louise Smith, Barbara Ruth Kidd, John William Roffey 5 th Gerard Sim

COMMUNITY NOTICES

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight Lynn's guest will be Melissa Thompson, a Pitjantjatjara woman talking about her faith, her country and the work of her father, Punch Thompson, in land rights and Pitjantjatjara Bible.

Advent Carols Service: Postponed until Sunday 6 December 2020 at 6pm.

Cathedral Weekday Visiting Hours: The Cathedral will reopen for private prayer and visitors on Monday (30 November). Opening hours are Monday 11.00am-1.00pm, and Tuesday to Saturday, 11.00am-3.00pm.

Meeting God on Mondays: You are warmly invited to join Canon Jenny on Monday 30th of November at 10am in the CP Hall. Following COVID rules, we will be seated at 1.5m distance and no food or drinks will be served. Please bring your own. **Organ meets Opera:** All being well with COVID restrictions, this concert will still be held on Saturday December 5 at 2pm! Book online at:

https://www.trybooking.com/BMMRN St Peter's Cathedral's Cathedral Director of Music Anthony Hunt will perform a selection of operatic treats on the magnificent Cathedral Organ, with special guest soprano Jessica Dean. Featuring organ transcriptions and operatic solos from Johann Strauss, Verdi, Rossini, Wagner and more. A fundraiser for the St Peter's Cathedral Music Foundation: supporting excellence in the sacred music of the Cathedral and beyond. Tickets: Adult \$35 | Concession \$20 **Final push for Christmas Hampers:** We are extending the Christmas Hamper Drive for one more week – collection will now end on **Sunday 6 November 2020.**

Each year, AnglicareSA provides Christmas hampers to hundreds of individuals, families and children in need. This year the Cathedral has pledged 40 hampers. Donations of the complete list of General Hamper items would be most appreciated. Please deliver your donation to the Cathedral on Sundays or Cathedral Office Monday – Friday.

If you require any further information, please contact Kate or Rachel in the Cathedral Office: 8267 4551.

ANGLICARESA

General Hamper

- 1 x Long Life milk 1L
- 1 x Spread (P/N Butter, Jam, Vegemite) 400/500g
- 1 x Can of Fruit 825g
- 🔲 1 x Can of Vegetables (Corn, peas, mix) 420 g
- 🗌 1 x Can of Beans (Chickpea, Cannellini, Kidney) 400g
- 🔲 1 x Can of Baked Beans or Spaghetti 420g
- 1 x Can of Soup
- 1 x Can of Diced Tomatoes
- 🗌 1 x Jar of Pasta Sauce 500g
- 1 x Packet of Pasta 500g
- 1 x Breakfast Cereal 700g
- 1 x Packet sweet/savoury Biscuits
- 1 x Coffee or Milo or tea
- 1 x 1Ltr Juice Long life

THIS WEEK IN THE CATHEDRAL

SUNDAY 29^{тн} NOVEMBER 2020 Advent Sunday 8:00am Holy Communion (BCP) Preacher: The Rev'd Canon Jenny Wilson 10:30am Choral Eucharist Preacher: The Rev'd Canon Jenny Wilson 6:00pm Choral Evensong (BCP) Preacher: The Rev'd Dr Lynn Arnold AO

WEEKDAYS

7:30am Eucharist (*Lady Chapel*) 8:45am Morning Prayer (*Dean's Chapel*)

WEDNESDAY

10:00am Holy Communion (BCP) (Lady Chapel)

SUNDAY 6TH DECEMBER 2020 Advent 2 8:00am Holy Communion (BCP) Preacher: The Rev'd Dr Lynn Arnold AO 10:30am Choral Eucharist Preacher: The Rev'd Dr Lynn Arnold AO 6:00pm Advent Carols Service



Cathedral Office 27 King William Rd, North Adelaide SA 5006 Phone: (08) 8267 4551 Email: office@stpeters-cathedral.org.au Website: www.stpeters-cathedral.org.au Office hours 9.00am-5.00pm Monday to Friday

Clergy The Very Rev'd Frank Nelson *Dean* The Rev'd Canon Jenny Wilson *Canon Precentor* The Rev'd Peter Jin *Assistant Curate* The Rev'd Dr Lynn Arnold AO *Honorary Assistant Priest* The Rev'd Joan Claring-Bould *Honorary Assistant Priest*

> Cathedral Office Kate Palmrose Cathedral Administrator Rachel Bruerville Administration Assistant

Music Department Anthony Hunt Director of Music David Heah Cathedral Organist

Cathedral Wardens Kevin Stracey Dean's Warden Reuben Jacob People's Warden

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