BCP EUCHARIST

8:00am 11 October 2020 The Nineteenth Sunday After Pentecost

Welcome: Ever so slowly, life as we knew it seems to be returning. Earlier in the week the good news came through that we are allowed to sing hymns again! Alleluia! Archbishop Geoff has made it very clear that this could easily and quickly change should there be community transmission of COVID-19. It is as important as ever that we continue to be vigilant in hand sanitising, social distancing, and all the other ways of life we have adopted to keep people safe. Thank you everyone for being so good about this.

The psalmist (Psalm 106:21) exclaims with some incredulity "They exchanged the glory of God for the likeness of an ox that eats hay!" This is a comment on Exodus 32 and the golden calf episode, but it could just as easily apply to the world in which we live.

In the course of today's services I will read the *Si Quis* for the Rev'd Peter Jin. This is a formal notice that the Archbishop intends to ordain Peter to the priesthood later this year. Any objections should be voiced immediately and in writing to the Archbishop.

Welcome all - sing your hearts out.

The Very Rev'd Frank Nelson, Dean

Celebrant
The Rev'd Canon Jenny Wilson

Preacher
The Rev'd Peter Jin

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.



Please leave the post-it note on your seat as a marker for the cleaners.

Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. And with thy spirit.

The Collect

Saving and healing God, you have promised that those who have died with Christ shall live with him: grant us grace to be continually thankful for all you have done for us, and in that thankfulness to be eager to serve and live for others, so that we and all your children may rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please sit for the first reading: Exodus 32:1-14 (read by Barbara White)

When the people saw that Moses delayed to come down from the mountain, the people gathered around Aaron and said to him, 'Come, make gods for us, who shall go before us; as for this Moses, the man who brought us up out of the land of Egypt, we do not know what has become of him.' ² Aaron said to them, 'Take off the gold rings that are on the ears of your wives, your sons, and your daughters, and bring them to me.' ³ So all the people took off the gold rings from their ears, and brought them to Aaron. ⁴ He took the gold from them, formed it in a mould, and cast an image of a calf; and they said, 'These are your gods, O Israel, who brought you up out of the land of Egypt!' ⁵ When Aaron saw this, he built an altar before it; and Aaron made proclamation and said, 'Tomorrow shall be a festival to the Lord.' ⁶ They rose early the next day, and offered burnt-offerings and brought sacrifices of well-being; and the people sat down to eat and drink, and rose up to revel.

⁷ The Lord said to Moses, 'Go down at once! Your people, whom you brought up out of the land of Egypt, have acted perversely; ⁸ they have been quick to turn aside

from the way that I commanded them; they have cast for themselves an image of a calf, and have worshipped it and sacrificed to it, and said, "These are your gods, O Israel, who brought you up out of the land of Egypt!" ' ⁹ The Lord said to Moses, 'I have seen this people, how stiff-necked they are. ¹⁰ Now let me alone, so that my wrath may burn hot against them and I may consume them; and of you I will make a great nation.'

¹¹ But Moses implored the Lord his God, and said, 'O Lord , why does your wrath burn hot against your people, whom you brought out of the land of Egypt with great power and with a mighty hand? ¹² Why should the Egyptians say, "It was with evil intent that he brought them out to kill them in the mountains, and to consume them from the face of the earth"? Turn from your fierce wrath; change your mind and do not bring disaster on your people. ¹³ Remember Abraham, Isaac, and Israel, your servants, how you swore to them by your own self, saying to them, "I will multiply your descendants like the stars of heaven, and all this land that I have promised I will give to your descendants, and they shall inherit it for ever." ' ¹⁴ And the Lord changed his mind about the disaster that he planned to bring on his people.

Hear the word of the Lord, thanks be to God.

Psalm 106:1-6, 20-24

Praise the Lord; O give thanks to the Lord, for he is good: and his mercy endures for ever.

Who can express the mighty acts of the Lord: or fully voice his praise? Blessed are those who act according to justice: who at all times do the right.

Remember me, O Lord, when you visit your people with your favour: and come to me also with your salvation,

That I may see the prosperity of your chosen:

that I may rejoice with the rejoicing of your people, and exult with those who are your own.

We have sinned like our ancestors: we have acted perversely and done wrong. At Horeb they made themselves a calf: and bowed down in worship to an image. And so they exchanged the glory of God: for the likeness of an ox that eats hay. They forgot God who was their saviour: that had done such great things in Egypt, Who had worked his wonders in the land of Ham:

and his terrible deeds at the Red Sea.

Therefore he thought to destroy them:

had not Moses his servant stood before him in the breach, to turn away his wrath from destroying them. Second reading: Philippians 4:1-9 (read by Brian White)

Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

- ² I urge Euodia and I urge Syntyche to be of the same mind in the Lord. ³ Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my coworkers, whose names are in the book of life.
- ⁴ Rejoice in the Lord always; again I will say, Rejoice. ⁵ Let your gentleness be known to everyone. The Lord is near. ⁶ Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- ⁸ Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. ⁹ Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Hear the word of the Lord, thanks be to God.

Please stand for the Gospel

The Holy Gospel is written in the twenty-second Chapter of the Gospel according to Matthew, beginning at the first verse.

Glory be to thee, O Lord

Once more Jesus spoke to them in parables, saying: ² 'The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. ³ He sent his slaves to call those who had been invited to the wedding banquet, but they would not come. ⁴ Again he sent other slaves, saying, "Tell those who have been invited: Look, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready; come to the wedding banquet." ⁵ But they made light of it and went away, one to his farm, another to his business, ⁶ while the rest seized his slaves, maltreated them, and killed them. ⁷ The king was enraged. He sent his troops, destroyed those murderers, and burned their city. ⁸ Then he said to his slaves, "The wedding is ready, but those invited were not worthy. ⁹ Go therefore into the main streets, and invite everyone you find to the wedding banquet." ¹⁰ Those slaves went out into the streets and gathered all whom they found, both good and bad; so the wedding hall was filled with guests.

¹¹ 'But when the king came in to see the guests, he noticed a man there who was not wearing a wedding robe, ¹² and he said to him, "Friend, how did you get in here without a wedding robe?" And he was speechless. ¹³ Then the king said to the attendants, "Bind him hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth." ¹⁴ For many are called, but few are chosen.'

This is the Gospel of the Lord, Praise be to thee, O Christ

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Peter Jin

Silence may follow, during which final preparations are done on the altar.

How to give to the Cathedral

Use Direct Credit to give to the Cathedral: BSB 305-122 Account Number 0256051 (Include your name as reference).

For Direct Debit or other means of giving, please contact the Cathedral Office on 8267 4551.

Place envelopes and/or cash in the Donation Box provided.

Use the Tap & Go machine to make an instant \$10.00 donation (can be tapped more than once)

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. Amen.

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

St John 3:16

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 *Timothy* 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

1 St John 2:1

Let us pray: The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; And with thy spirit.

Lift up your hearts; We lift them up unto the Lord.

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you; **And with thy spirit.**

Agnus Dei

- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; grant us thy peace.

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal). Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be amongst you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

FOR YOUR PRAYERS

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

International Province of Uganda Primate Abp Stephen Samuel Kaziimba

National Gippsland: Richard Treloar (Leanne)

South Australia

Diocese of Adelaide Area Deanery of South-Western Suburbs:

Andrea McDougall (David)

Diocese of Willochra The Copper Coast: Ali Wurm, Trevor Briggs (Anne)

Diocese of The Murray Upper Limestone Coast: Wayne Corker

To be confirmed on 18 October

Jack Monaghan, Buka Obi, Nedu Obi, Elizabeth Armstrong, Lucelle Taylor

Immediate Prayer Dan Lester

Those working on the 'front-line' in our health services

Rest in Peace

Dochukwu John Paul Uchegbu

Year's Mind

11th Bp Lionel Edward William Renfrey;

13th Ethel Loxton, Henry Simpson Newland, Alison Grace Gent,

Andrew Michael Bamford;

14th Margaret Hopton; 16th James Dawson Bell;

17th Priscilla Bickford, Jill Spooner, Jane Sheila Elaine Sherrard

COMMUNITY NOTICES

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight Lynn's guest will be Valerie Volk, discussing her new book *Marking Time – a Chronicle of Cancer*, a record of a journey through cancer from diagnosis to final remission.

Cathedral Weekday Visiting Hours:

Open for private prayer and visitors Tuesday to Saturday, 11.00am-3.00pm, and Monday 11.00am-1.00pm. Spread the word to your friends to come and visit the Cathedral these school holidays!

A Taizé Style Service: St George's Church at Goodwood will be hosting a Taizé service, with the help of members from the Cathedral, on Friday 23 October 6pm-7pm. St. George's provides a beautiful place for a quiet reflective service, using the music of Taizé. All are welcome to come and try! There is a carpark across the side street, and plenty of eating places nearby for after the service. Contact Rev'd Joan Claring-Bould on 0409 520 823 for more information. Address: 153 Goodwood Rd, Goodwood SA 5034.

Retreat in January: Frank and Christine Nelson have been approached about leading a retreat at Sevenhill in January 2021. Expressions of interest in attending a four night retreat Monday 18 – Friday 22 January are invited. Cost (full board) would be in the region of \$550.00. Please contact Lynn Arnold in the first instance: arnold.lynn@optusnet.com.au

Congregational Singing: An update from Archbishop Geoff, below.

Last week further restrictions relating to COVID-19 were announced with effect from last Friday. South Australia has not had a case of community transmission for more than 170 days. Advice from SA Health has also changed slightly so the Secretary of Synod and I have come to the conclusion that parishes, if they choose to do so, should have the opportunity to sing congregationally. Should there be cases of community transmission this will need to be reviewed.

While this is good news, it also comes with some guidelines. SA Health is at pains to emphasise the need for distancing - at all times but when singing in particular. Therefore, people who are not from the same household should keep at least two meters distance. The other requirements on building capacity, record keeping, the provision of hand sanitizer, COVID Marshals etc. remain unchanged. I know many congregations will be glad to sing together again but I ask that we continue to be very careful and adhere to the COVID-safe requirements that are in place.

THIS WEEK IN THE CATHEDRAL

SUNDAY 11TH OCTOBER 2020

Pentecost 19

8:00am Holy Communion (BCP)

Preacher: The Rev'd Peter Jin

10:30am Choral Eucharist

Preacher: The Rev'd Peter Iin

6:00pm Choral Evensong (BCP)

Preacher: The Rev'd Joan Claring-Bould

WEEKDAYS

7:30am Eucharist (Lady Chapel) 8:45am Morning Prayer (Dean's Chapel)

WEDNESDAY

10:00am Holy Communion (BCP) (Lady Chapel)

SUNDAY 18TH OCTOBER 2020

Pentecost 20

8:00am Holy Communion (BCP)

Preacher: The Rev'd Dr Lynn Arnold AO

10:30am Choral Eucharist

Preacher: The Rev'd Dr Lynn Arnold AO

6:00pm Choral Evensong (BCP)

with Confirmation

Preacher: The Rt Rev'd Denise Ferguson



Cathedral Office 27 King William Rd, North Adelaide SA 5006

Phone: (08) 8267 4551

Email: office@stpeters-cathedral.org.au Website: www.stpeters-cathedral.org.au

> Office hours 9.00am-5.00pm Monday to Friday

Clergy

The Very Rev'd Frank Nelson Dean

The Rev'd Canon Jenny Wilson Canon Precentor The Rev'd Peter Iin

Assistant Curate The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest The Rev'd Joan Claring-Bould Honorary Assistant Priest

Cathedral Office

Kate Palmrose Cathedral Administrator Rachel Bruerville Administration Assistant

Music Department

Anthony Hunt Director of Music David Heah Cathedral Organist

Cathedral Wardens

Kevin Stracey Dean's Warden Reuben Iacob People's Warden

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