# **BCP EUCHARIST**

# 8:00am 9 August 2020 The Tenth Sunday After Pentecost

Welcome: A mushroom cloud, a brightly coloured coat, a bottle of hand sanitizer and a face mask. Which is the odd one out? What an awful reminder this week's blast in Beirut was of the events in Hiroshima and Nagasaki seventy-five years ago. Signs and symbols such as the mushroom cloud carry so much more than simply what we see. Underneath is the terrible suffering of real people, tens of thousands of them.

The same could be said to be true of hand sanitizer and face masks. Increasingly I find myself thinking of things like handwashing, no shaking of hands or hugging, and now wearing a mask as symbols (almost sacraments) of our keeping the 2<sup>nd</sup> great commandment – to love your neighbour as yourself.

In this anxious time may the story of Jesus taking himself off into the silence of the mountain, his walking across the turbulent sea, and his words of encouragement to the frightened disciples bring calm reassurance to us all.

Welcome to our sacred space of quiet peacefulness as we worship God together today.

The Very Rev'd Frank Nelson, Dean

Celebrant
The Rev'd Dr Lynn Arnold AO

Preacher
The Very Rev'd Frank Nelson

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kaurna people whom we acknowledge as the original custodians of the Adelaide Region.



#### Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.** 

#### Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. And with thy spirit.

#### The Collect

Mighty God and ruler of all creation, give new strength to our faith, that we may recognise your presence even when all hope seems lost. Help us to face all trials with serenity as we walk with Christ through the stormy seas of life and come at the last to your eternal peace. We ask this through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

Please sit for the first reading: Genesis 37:1-4, 12-28 (read by Elspeth Harley)

Jacob settled in the land where his father had lived as an alien, the land of Canaan. <sup>2</sup> This is the story of the family of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. <sup>3</sup> Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. <sup>4</sup> But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

<sup>12</sup> Now his brothers went to pasture their father's flock near Shechem. <sup>13</sup> And Israel said to Joseph, 'Are not your brothers pasturing the flock at Shechem? Come, I will send you to them.' He answered, 'Here I am.' <sup>14</sup> So he said to him, 'Go now, see if it is well with your brothers and with the flock; and bring word back to me.' So he sent him from the valley of Hebron.

He came to Shechem, <sup>15</sup> and a man found him wandering in the fields; the man asked him, 'What are you seeking?' <sup>16</sup> 'I am seeking my brothers,' he said; 'tell me, please, where they are pasturing the flock.' <sup>17</sup> The man said, 'They have gone away, for I heard them say, "Let us go to Dothan." 'So Joseph went after his brothers, and found them at Dothan. <sup>18</sup> They saw him from a distance, and before he came near to them, they conspired to kill him. <sup>19</sup> They said to one another, 'Here comes this dreamer. <sup>20</sup> Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams.' <sup>21</sup> But when Reuben heard it, he delivered him out of their hands, saying, 'Let us not take his life.' <sup>22</sup> Reuben said to them, 'Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him' — that he might rescue him out of their hand and restore him to his father. <sup>23</sup> So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; <sup>24</sup> and they took him and threw him into a pit. The pit was empty; there was no water in it.

<sup>25</sup> Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. <sup>26</sup> Then Judah said to his brothers, 'What profit is there if we kill our brother and conceal his blood? <sup>27</sup> Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh.' And his brothers agreed. <sup>28</sup> When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

Hear the word of the Lord, thanks be to God.

Psalm 105:1-6

O give thanks to the Lord and call upon his name:

tell among the peoples what things he has done.

Sing to him, O sing praises: and be telling of all his marvellous works.

Exult in his holy name: and let those that seek the Lord be joyful in heart.

Seek the Lord and his strength: O seek his face continually.

Call to mind what wonders he has done:

his marvellous acts, and the judgements of his mouth,

O seed of Abraham his servant: O children of Jacob his chosen one.

Second reading: Romans 10:4-15 (read by Andrew Charlton)

For Christ is the end of the law so that there may be righteousness for everyone who believes. <sup>5</sup> Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' <sup>6</sup> But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down) <sup>7</sup> 'or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead). <sup>8</sup> But what does it say?

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); <sup>9</sup> because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. <sup>11</sup> The scripture says, 'No one who believes in him will be put to shame.' <sup>12</sup> For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. <sup>13</sup> For, 'Everyone who calls on the name of the Lord shall be saved.'

<sup>14</sup> But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? <sup>15</sup> And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

Hear the word of the Lord, thanks be to God.

#### *Please stand for the Gospel*

The Holy Gospel is written in the fourteenth Chapter of the Gospel according to Matthew, beginning at the twenty-second verse.

## Glory be to thee, O Lord

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. <sup>23</sup> And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, <sup>24</sup> but by this time the boat, battered by the waves, was far from the land, for the wind was against them. <sup>25</sup> And early in the morning he came walking towards them on the lake. <sup>26</sup> But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. <sup>27</sup> But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

- <sup>28</sup> Peter answered him, 'Lord, if it is you, command me to come to you on the water.' <sup>29</sup> He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. <sup>30</sup> But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!'
- <sup>31</sup> Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' <sup>32</sup> When they got into the boat, the wind ceased. <sup>33</sup> And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

<sup>34</sup> When they had crossed over, they came to land at Gennesaret. <sup>35</sup> After the people of that place recognized him, they sent word throughout the region and brought all who were sick to him, <sup>36</sup> and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord, Praise be to thee, O Christ

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Very Rev'd Frank Nelson Silence may follow

# How to give to the Cathedral

Use Direct Credit to give to the Cathedral: BSB 305-122 Account Number 0256051 (Include your name as reference).

For Direct Debit or other means of giving, please contact the Cathedral Office on 8267 4551.

Place envelopes and/or cash in the Donation Box provided.

#### Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. Amen.

# The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

#### The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

#### The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.** 

# Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

St John 3:16

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 *Timothy* 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

1 St John 2:1

# Let us pray: The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

#### The Preface and Sanctus

The Lord be with you; And with thy spirit.

Lift up your hearts; We lift them up unto the Lord.

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

#### The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

#### *The Prayer of Oblation*

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.** 

#### The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you; **And with thy spirit.** 

## Agnus Dei

- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; have mercy upon us.
- O Lamb of God that takest away the sins of the world; grant us thy peace.

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal).

Gluten free bread is available; please ask for this from the priest giving communion.

#### The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son,

which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.** 

#### Please stand for the Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

# Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

Please remain standing as the Clergy depart

#### FOR YOUR PRAYERS

**International** Province de L'Eglise Anglicane au Rwanda

Primate Abp Laurent Mbanda

National Canberra and Goulburn: Mark Short (Monica)

South Australia

Diocese of Adelaide St Francis, Trinity College, Gawler: Dave MacGillivray (Beth)

Diocese of Willochra Eastern Eyre Peninsula (Cleve, Cowell, Kimba), Hellena Thom

Diocese of The Murray Lower Limestone Coast (Mt Gambier): Neil Fernando (Nalini)

Immediate Prayer David Thomas, Samuel Scott (5 yrs old), Jeremy Dawes,

Heather Scott, Margaret Middleton

Those working on the 'front-line' in our health services

Year's Mind 9th Ronald Frank Steele, Helen Reid, Roger Alfred Lewis

10th Dorothy Elizabeth Mortlock, Ian Van der Straaten,

Don Moyle, Philip James Cowles

11th Harold Williams, Christine Anne Oliver

12<sup>th</sup> Thomas Osmond Scrutton, Audrey Grace Pavey 13<sup>th</sup> Percy William Charlton Wise, Luke Williams SSM,

Edward Hayward, Alick Casson

15th Thomas Herbert Elwyn Hopkins

# **COMMUNITY NOTICES**

**Sunday Night with Lynn Arnold:** 7pm on 1079Life. Tonight Lynn's guest will be The Rev'd Canon Jenny Wilson, discussing her new book *Keeping Watch for Kingfishers*.

Cathedral Shop Open: The Shop is open on Sunday mornings before and after the 10.30 service, and, if requested, can be on Sunday evenings. It is also open on weekdays between 11.00am and 1.00pm.

Cathedral Weekday Visiting Hours: Open for private prayer and visitors Monday to Friday 11.00am – 1.00pm.

**Memorial Flowers:** The beautiful flowers in the Cathedral this week are donated by Derek & Mary Evans in memory of their parents.

New Recycling Bins: We are delighted at the initiative of The Friends of St Peter's Cathedral in (once again) promoting the recycling of cans and bottles. Please place your recycling – 10cent deposit only, please – in the new brightly coloured large blue bins and help the Friends raise money for Cathedral projects. Since being initiated by Sylvia Bridgman and Ossy Grotto about 10 years ago, the recycling program has raised thousands of dollars. A huge thank you to Sylvia and Ossy for their years of service!

# THIS WEEK IN THE CATHEDRAL

#### **SUNDAY 9TH AUGUST 2020**

Pentecost 10

8:00am Holy Communion (BCP)

Preacher: The Very Rev'd Frank Nelson

10:30am Choral Eucharist

Preacher: The Very Rev'd Frank Nelson

6:00pm Choral Evensong (BCP)

Preacher: The Rev'd Dr Lynn Arnold AO

#### **WEEKDAYS**

7:30am Eucharist (*Lady Chapel*)

#### WEDNESDAY

10:00am Holy Communion (BCP) (Lady Chapel)

#### SUNDAY 16<sup>TH</sup> AUGUST 2020

Pentecost 11

8:00am Holy Communion (BCP)

Preacher: The Rev'd Peter Jin

10:30am Choral Eucharist

Preacher: The Rev'd Peter Jin

6:00pm Choral Evensong (BCP)

Preacher: The Rev'd Canon Jenny Wilson



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#### Clergy

The Very Rev'd Frank Nelson

Dean

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Curate

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest
The Rev'd Joan Claring-Bould
Honorary Assistant Priest

#### **Cathedral Office**

Kate Palmrose
Cathedral Administrator
Rachel Bruerville
Administration Assistant

## **Music Department**

Anthony Hunt
Director of Music
David Heah
Cathedral Organist

#### **Cathedral Wardens**

Kevin Stracey
Dean's Warden
Reuben Jacob
People's Warden

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