

BCP EUCHARIST

8:00am 2 August 2020

The Ninth Sunday After Pentecost

Welcome: This morning, we hear the story from Matthew Chapter 14 of the feeding of the five thousand. As the day draws to a close, the disciples, seeing the hunger in the crowd, bid Jesus send that crowd away. Jesus sees things differently. "You give them something to eat," he says. The disciples, having only five loaves and two fish see only scarcity. Jesus, strangely, sees, in this small offering, abundance. The miracle of a hungry crowd fed and twelve baskets of crumbs left over blossoms out of his vision.

As we gather in our Cathedral, hearing the word of God in scripture and song, we prepare ourselves to reach out our hands for what in worldly terms appears to be a small thing – the sacrament of Holy Communion. In God's eyes, what we receive is abundant life.

The Rev'd Canon Jenny Wilson, Precentor

Celebrant

The Very Rev'd Frank Nelson

Preacher

The Rev'd Canon Jenny Wilson

St Peter's Cathedral strives to be a Christ-centred, sacramental, inclusive, thinking, mission-oriented, faith community.

The Cathedral resides on the lands of the Kurna people whom we acknowledge as the original custodians of the Adelaide Region.

St Peter's
nurturing spirit and mind
CATHEDRAL



Please kneel/sit

Let us pray.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. **Amen.**

Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength.

This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself.

There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and incline our hearts to keep this law.

The Lord be with you. **And with thy spirit.**

The Collect

O God, giver of life and health, whose Son Jesus Christ has called us to hunger and thirst for justice: refresh us with your grace, that we may not be weary in well-doing, for the sake of him who meets all our needs, Jesus Christ our Saviour; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please sit for the first reading: Genesis 32:22-31 (read by Brian White)

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone; and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' ²⁷ So he said to him, 'What is your name?' And he said, 'Jacob.' ²⁸ Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' ²⁹ Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' ³¹ The sun rose upon him as he passed Penuel, limping because of his hip.

Hear the word of the Lord, **thanks be to God.**

Psalm 17:1-7,16

Hear my just cause, O Lord, give heed to my cry:

listen to my prayer, that comes from no lying lips.

**Let judgement for me come forth from your presence:
and let your eyes discern the right.**

Though you search my heart, and visit me in the night-time:

though you try me by fire, you will find no wickedness in me.

**My mouth does not transgress, like the mouth of others:
for I have kept the word of your lips.**

My steps have held firm in the way of your commands:

and my feet have not stumbled from your paths.

**I call upon you, O God, for you will surely answer:
incline your ear to me, and hear my words.**

Show me the wonders of your steadfast love,

O saviour of those who come to you for refuge:

who by your right hand deliver them

from those that rise up against them.

And I also shall see your face, because my cause is just:

when I awake and see you as you are, I shall be satisfied.

Second reading: Romans 9:1-8 (read by Barbara White)

I am speaking the truth in Christ – I am not lying; my conscience confirms it by the Holy Spirit – ² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷ and not all of Abraham's children are his true descendants; but 'It is through Isaac that descendants shall be named after you.' ⁸ This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

Hear the word of the Lord, **thanks be to God.**

Please stand for the Gospel

The Holy Gospel is written in the fourteenth Chapter of the Gospel according to Matthew, beginning at the thirteenth verse.

Glory be to thee, O Lord

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶ Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷ They replied, 'We have nothing here but five loaves and two fish.' ¹⁸ And he said, 'Bring them here to me.' ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord, **Praise be to thee, O Christ**

Please remain standing for the Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us, and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered death and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

And I believe One Holy Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Please sit for the Sermon: The Rev'd Canon Jenny Wilson

Silence may follow

How to give to the Cathedral

Use Direct Credit to give to the Cathedral: BSB 305-122 Account Number 0256051
(Include your name as reference).

For Direct Debit or other means of giving,
please contact the Cathedral Office on 8267 4551.

Place envelopes and/or cash in the Donation Box provided.

Please kneel/sit for the Intercessions

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to accept our alms and oblations and to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquility and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land.

Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers especially Geoff our Archbishop, Denise, Tim and Chris our bishops, that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments. And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. Amen.

The Priest then turns to the people and says:

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you.

St Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

St John 3:16

Hear also what Saint Paul saith:

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 Timothy 1:15

Hear also what Saint John saith:

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

1 St John 2:1

Let us pray: *The Prayer of Humble Access*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Preface and Sanctus

The Lord be with you; **And with thy spirit.**

Lift up your hearts; **We lift them up unto the Lord.**

Let us give thanks unto our Lord God; **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Prayer of Consecration

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened both in body and soul.

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

The Prayer of Oblation

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences,

Through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.
Amen.

The Lord's Prayer

As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The peace of the Lord be always with you;
And with thy spirit.

Agnus Dei

**O Lamb of God that takest away the sins of the world; have mercy upon us.
O Lamb of God that takest away the sins of the world; have mercy upon us.
O Lamb of God that takest away the sins of the world; grant us thy peace.**

Behold the Lamb of God; behold him that taketh away the sin of the world.

Baptised and communicant Christians of all denominations are welcome to receive Holy Communion. Communion will be administered at the nave platform in one kind (bread) only. Please follow the guidance of stewards and servers. If you do not wish to receive Holy Communion, you may like to come forward and receive a blessing (simply bow your head as a signal).

Gluten free bread is available; please ask for this from the priest giving communion.

The Thanksgiving

Having now by faith received the precious Body and Blood of Christ, let us give thanks unto our Lord God.

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Please stand for the Gloria in Excelsis

Glory be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Please remain standing for the Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Please remain standing as the Clergy depart

FOR YOUR PRAYERS

A prayer for all affected by coronavirus

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord.

Amen.

International

Province of Alexandria (former Diocese of Egypt with North Africa and the Horn of Africa)
Episcopal Church of Jerusalem and the Middle East

National

Adelaide: Geoffrey Smith (Lynn)

South Australia

Diocese of Adelaide

Plympton: Michael Lane (Carol)

Diocese of Willochra

Rural Deans: Yorke - Anne Ford (Michael),
Flinders - John Fowler, Eyre - Brian Bascombe,
Upper Spencer Gulf - Glen McDonald (Beth)

Diocese of The Murray

The Diocesan Council

Immediate Prayer

David Thomas, Samuel Scott (5 yrs old), Jeremy Dawes,
Heather Scott

All who are ill at this time (Please help us to keep this list up to date by emailing new requests for prayer, or letting us know when no longer needed)

Those working on the 'front-line' in our health services

Long Term Prayer

Cynthia Thomas, Nicholas Tipping, Bridie Maxwell,
Meredith Chesterman, David McCall, Dianne Watt,
Sarah & Peter Black, Philip Satchell, Edna Allison,
Mary Halczuk, Adrian Wyld, Dan, Bob

Rest in Peace

Mo Grace Ngan Poon San Lai (1924-2020)

Her ashes will be interred in the Memorial Garden today after the 10:30am service

Year's Mind

2nd Peter Ball

3rd Mary Louise Wyllie, Peter Edward Webb, Jim Cooke

4th John McGregor Florence

5th Harry Crossland, Vernon Henry Gough-Sherwin,
John McGregor Florence

6th Nancy Dumbrill, Lavinia Wilson

7th Alan Wilson, Timothy James Martin, Nicolette Kaye Sibly

8th Hilda Medder, Robert Allen Nott

COMMUNITY NOTICES

Sunday Night with Lynn Arnold: 7pm on 1079Life. Tonight Lynn's guest will be Rev Jonathan Chamberlain, Rector of St Peter's Brighton, Victoria, and a former colleague of his from World Vision.

Cathedral Shop Open: The Shop is open on Sunday mornings before and after the 10.30 service, and, if requested, can be on Sunday evenings. It is also open on weekdays between 11.00am and 1.00pm.

Cathedral Weekday Visiting Hours:
Open for private prayer and visitors
Monday to Friday 11.00am - 1.00pm.

Pastoral Carers' Team meeting: The next meeting of the Pastoral Care Team will be held on Wednesday 5 August 2020. If you would like any changes to the long term prayer list (printed in this service book), please contact Cathedral Office.

Meeting God on Mondays: You are warmly invited to join Canon Jenny on Monday 3rd August at 10am in the CP Hall where we will reflect on the story of the Transfiguration. Chairs will be carefully placed 1.5m apart, names will be recorded and hand sanitizer will be available. Please bring your own food and drinks. We will not be serving tea and coffee or food at this stage. Whilst it is possible, the group will meet on the 1st Monday in the CP Hall and the 3rd Monday on Zoom.

THIS WEEK IN THE CATHEDRAL

SUNDAY 2ND AUGUST 2020

Pentecost 9

8:00am Holy Communion (BCP)

Preacher: The Rev'd Canon Jenny Wilson

10:30am Choral Eucharist

Preacher: The Rev'd Canon Jenny Wilson

6:00pm Choral Evensong (BCP)

Preacher: The Very Rev'd Frank Nelson

WEEKDAYS

7:30am Eucharist

(Lady Chapel)

WEDNESDAY

10:00am Holy Communion (BCP)

(Lady Chapel)

SUNDAY 9TH AUGUST 2020

Pentecost 10

8:00am Holy Communion (BCP)

Preacher: The Very Rev'd Frank Nelson

10:30am Choral Eucharist

Preacher: The Very Rev'd Frank Nelson

6:00pm Choral Evensong (BCP)

Preacher: The Rev'd Dr Lynn Arnold AO



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Office hours 9.00am-5.00pm

Monday to Friday

Clergy

The Very Rev'd Frank Nelson

Dean

The Rev'd Canon Jenny Wilson

Canon Precentor

The Rev'd Peter Jin

Assistant Curate

The Rev'd Dr Lynn Arnold AO

Honorary Assistant Priest

The Rev'd Joan Claring-Bould

Honorary Assistant Priest

Cathedral Office

Kate Palmrose

Cathedral Administrator

Rachel Bruerville

Administration Assistant

Music Department

Anthony Hunt

Director of Music

David Heah

Cathedral Organist

Cathedral Wardens

Kevin Stracey

Dean's Warden

Reuben Jacob

People's Warden