

Coffee, Cake and Spirituality

3rd Monday of the Month
at 10.00am in the
Cynthia Poulton Hall

We meet for coffee, cake and scripture
with time to reflect on the readings
for the following Sunday.



We think it is the big moments that define
our lives - the wedding, the baby,
the new house, the dream job.
But really these big moments of happiness
are just punctuation marks.
The narrative is written every day in the
small and the simple.

Sarah Ban Breathnach



St Peter's Cathedral
invites you to
"Meeting God on Mondays"
a series of events exploring
spirituality



VENUE

The meeting place for all events
is in the Cynthia Poulton Hall
which is in the Cathedral Close
on the northern side of the
Cathedral and car park

Cynthia Poulton Hall



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Meeting God on Mondays

SPIRITUALITY SERIES 2019



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"Meeting God on Mondays"
a series of events exploring
spirituality





Lent Study

A Spirituality for Real Life

by James Martin SJ

Mondays at 10.00am

in the Cynthia Poulton Hall

& 7.00pm in the Office Meeting Room

One spiritual writer says

*'Prayer is taking a long,
loving look at the real.'*

Our Lenten Study is about real life for real people.

*James Martin's book prompts us with questions,
redirects our gaze and helps us discern where
God might be speaking to us.*

Dates for study:

Monday 10.00am

Leader: The Rev'd Canon Jenny Wilson

Monday 7.00pm

Leader: The Rev'd Dr Lynn Arnold AO

18 March 2019

25 March 2019

1 April 2019

8 April 2019

15 April 2019 (Holy Week)

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18 February 2019

Love your enemies

20 May 2019

Take up your mat and walk

17 June 2019

Clothed and right minded

15 July 2019

Mary and Martha

19 August 2019

Standing Straight and Praising God

21 October 2019

Nothing is impossible with God

18 November 2019

Towards Advent

16 December 2019

Looking into the Manger

Spring Study

Another Story Must Begin

a study of Les Miserables

by Jonathan Meyer

Mondays at 10.00am

in the Cynthia Poulton Hall

& 7.00pm in the Office Meeting Room

Another Story Must Begin is a course
based on the film, the novel and stage
adaptation of Victor Hugo's Les Miserables.
Through discussion of some of the themes
and principal characters of this epic narrative,
the course explores the grace of God,
alongside our fallen state and opportunities
for redemption. It asks us to reassess
what we can do with our lives,
both for ourselves and for others.

Mondays September 2019

2, 9, 16, 23, 30

Leader: The Rev'd Canon Jenny Wilson
at 10.00 am

Leader: The Rev'd Dr Lynn Arnold AO
at 7.00pm